



AGAWAM

Advertiser-News

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"Your Hometown Newspaper"

Volume XXII Number 38

September 23, 1999

Agawam Mourns Passing Of Town Historian, Edith Hull LaFrancis

by Marilyn Curry
Agawam Historical Association

My mentor, my friend, is gone! With the passing of Edith LaFrancis, Agawam has lost an irreplaceable jewel.

In early 1950, my late husband, Dick, met Charles Hull. He was a bottomless reservoir of information with an innate power of data retention. Here were two men: one, a young, novice teacher/history student anxious to learn all he could of early Indian lore and history; the other, an historian already retired, eager to impart his knowledge just for the asking. Little did we know how this friendship would play out.

We met Edith in the mid 1960's, and subsequently learned she was one of Charles Hull's three daughters.

Born January 9, 1905, Edith Hull lived on a small farm on Main Street that had been in the family since the Civil War. The family consisted of her parents, grandparents, two sisters, and an occasional hired hand as needed.

Following Agawam elementary schools, she went to Springfield Technical High School, graduating in 1923. From there, she attended Westfield Teachers' College. Halfway through, she branched out on a career as homemaker. With her husband, a son, and a daughter to care for, she still found time to write and study art.

Her father's love of and interest in the history of Agawam, its Indian heritage and lore, was deep-seated in his enterprising daughter. When he died in 1962, she took over the care of his collection of artifacts, documents, diaries, and papers. In 1982, this remarkable collection was donated to the Springfield Science Museum.

The acquisition of this material made her realize there was so much here to be shared. As a result, in 1968, she embarked on the long, arduous task of writing the Agawam History Book.

In my humble opinion, Edith LaFrancis never realized the impact her writings had on her readers. Nor did she *really* know how much her readers enjoyed her efforts.

Today, some 19 years after its publication, her book, "Agawam, MA, A Town History," is still in demand and captivates its readers, young and old.

One journalist wrote, "This slight, spirited, and knowledgeable person retains facts and figures that go back hundreds of years." Another commented, "She is a walking encyclopedia. Reams of information are always available with just a phone call."

A published writer, her works were found in many publications, including *Yankee*, *New England Homestead*, *New England Galaxy*, *The Agawam Advertiser News*, *Agawam Independent*, the *Springfield Newspapers*, and many more not mentioned.

Her book on Connecticut River stories was finished only this year, at age 94. It has not yet been published. Not only did she write books, but poetry as well. Many of these have also been published.

Not many realize another passion of this remarkable woman. Her pen and ink sketches are exquisite. She also worked in watercolors and oil. However, her love was pen and ink.

Some of these sketches appear in the Town History. When she wrote for the *Agawam Independent*, her sketches accompanied many of the articles.

She leaves her son, Nelson of Fairfield, Iowa; a daughter, Susan Anderson of Omaha, Nebraska; a grandson; five granddaughters; and several great-grandchildren. Also, a nephew, Alvord Hutchinson of Agawam, and a niece, Shirley Pike of West



EDITH LAFRANCIS (1905-1999) at a birthday party to celebrate her 93rd birthday in 1998. Photo courtesy of Shirley Pike (Edith's niece).

Springfield.

A funeral service will be held at the Agawam Congregational Church in mid-October.

Her family has requested that donations in her memory be made to the Agawam Historical Association Firehouse Museum, Box 552, Agawam, MA 01001.

In conclusion, let me state that, to me, Edith has been and always will be the town historian.

Chriscola Receives A.R.E. Award...



LAST WEEK, the Agawam Retired Employees, Inc., presented A.R.E. founder John Chriscola of Agawam with a "Meritorious Service Award" for his many years of advocacy on behalf of senior citizens. For the past 20 years, Chriscola has been on the cutting edge of issues facing retired town employees, such as health care, retirement benefits, and life insurance. From left to right: Rudy Altobelli, former Town Treasurer and A.R.E. President; Chriscola; Donald M. Rheault, Town Council President; and Kenneth Grady, former Chief of Police and A.R.E. member. Advertiser News photo by Dave Rollins.

At St. David's Church...

Candlelight Ceremony Slated To Honor Our State's POW's/MIA's

The Wilson-Thompson Post No. 185 American Legion and Legion Auxiliary will be holding a candlelight ceremony to honor Massachusetts' POW's/MIA's from World War II, Korea, and Vietnam.

This special ceremony will take place this Sunday, September 26th, at 5:00 p.m. at St. David's Church, 699 Springfield Street, Feeding Hills. Following this solemn observance, a collation will be held at the Wilson-Thompson Post, 476 Springfield Street, Agawam.

Samuel J. Gallant, Post Commander, and Mary Ellen Morissette, Auxiliary President and District 3 POW/MIA Chairperson, cordially invite you and your family to attend this patriotic ceremony.

For further information, please call 789-9844.

Veterans' Corner...

An Update On The World War II Memorial

by Ruth C. Bitzas
Veterans' Agent — 786-0400, Ext. 236/237

The September issue of "What Every Veteran Should Know" addresses the issue of the planned World War II Memorial: "The public, as a whole, has become more aware of the WWII Memorial Campaign, and as a result, there has been increased recognition and enthusiasm. A Hollywood sponsor, Tom Hanks, has helped the cause by backing the project and speaking about his commitment to raise the required dollars for the construction of the Memorial planned for Washington, D.C."

A new incentive plan for fundraising has established a challenge to each state and territory to raise \$1 for each man and woman who entered WWII from that respective geographical region. To date, the following states have passed legislation in support of the Memorial:

Arkansas, \$23,000; Colorado, \$134,000; Kansas, \$10,000; Mississippi, \$235,000; Montana, \$66,000; Nebraska, \$52,000; New York, \$1,700,000; South Dakota, \$68,000; Utah, \$79,000; West Virginia, \$23,450; and Wisconsin, \$332,000.

Individuals may also make a personal contribution to the Memorial by calling (800) 639-4WW2.

Massachusetts Has Legislation Pending To Help!

House Bill 4511, if passed, states that, "The administration and finance is hereby authorized and directed to transfer an amount from the general fund equal to \$1 for each resident of the Commonwealth of Massachusetts who served in the armed forces of the United States during World War II to the American Battle Monuments Commission for the construction and maintenance of the World War II monument in Washington, D.C."

"For those who fought for it, freedom has a

flavor the protected will never know."

The following is the list of Agawam Civil War veterans whose names will be included on our Home of Record Honor Roll:

AKINS, THOMAS
ASHLING, ARTHUR H.
ASHMAN, JOHN
AUSTIN, REYNOLDS
BAILEY, GILES A.
BARNES, DANIEL G.
BEEBE, WILLIAM, JR.
BELL, CHARLES A.
BIDWELL, JAMES F.
BILLINGS, EDWIN M.
BIRGE, HENRY F.
BOWLEY, JESSE D.
BROWN, ELIHU
BURNS, JAMES W.
BUTTON, LOMBARD
BUTTON, WILLIAM
CALLAMAN, JOHN
CLARK, ALBERT R.
COOPER, ENOCH L.
COOPER, OLIVER B.
DANIELS, ALBERT E.
DEWITT, REUBEN
DOWING, PATRICK
DURANT, JAMES
EDGERTON, STILES
FISHER, JOSEPH
FISK, GEORGE D.
FLOWER, CORNELIUS
FURROW, NELSON
GILLET, FRANCIS

GUILDERWAY, THOMAS
HALLADAY, FRED P.
HAYDEN, CHARLES H.
HITCHCOCK, WILLIAM W.
JOHNSON, ELBRIDGE MONROE
LEONARD, EDWIN
LEONARD, FRANCIS
LEONARD, JAY
LE PINE, ALFRED
LISWELL, SETH
MANLEY, EDWARD O.
McCRAE, EDWIN E.
NAUGHTON, GEORGE F.
NAUGHTON, HENRY L.
PACKER, EDWARD H.
PARKER, ADDISON JR.
PARKER, FRANK E.
POMEROY, LEWIS S.
POMEROY, ROLLIN C.
POMEROY, WILLIAM C.
PRINCE, CHARLES
PYNE, WILLIAM
ROBERTS, BYRON C.
SCOTT, GEORGE M.
SISKRON, SAMUEL F.
SMITH, EDWARD P.
TAYLOR, EDWARD D.
TODD, EDSON H.
WILLIAMS, THOMAS
WINTER, DEXTER
WOLCOTT, WILLIAM H.
WOODWORTH, DAVID
WOODWORTH, LEANDER
WORTHINGTON, WILLIAM H.
WRIGHT, LUCIUS

LEGAL NOTICE

TOWN OF AGAWAM
AGAWAM TOWN COUNCIL
APPROVED ORDINANCE
TOR-99-4

LEGAL NOTICE

An Ordinance to amend Chapter 175, Article XI entitled "Backflow and Cross-Connection Regulations" of the Code of the Town of Agawam.

Said Ordinance is of a length too cumbersome for publication. Accordingly, copy of said ordinance is available for reference at the office of the City Clerk, 36 Main Street, Agawam, MA between the hours of 8:30 a.m. and 4:40 p.m. Monday through Friday.

PER ORDER OF THE AGAWAM CITY COUNCIL
Donald M. Rheault, President
Agawam City Council

Published: September 23, 1999

Remember, our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, etc., that can be brought in on Mondays. Thank you for your cooperation in this matter...

SCOTT M. HIBBERT

Attorney at Law

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Full Lottery

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55¢ Off Packs

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All GPC Cartons - **\$4.50 Off ... Packs - 45¢ Off**

All Misty Cartons - **\$3.00 Off ... Packs - 30¢ Off**

All Eve Cartons - **\$6.00 Off**

Eve 5 Packs - **\$4.00 Off**

Kool Cartons - **\$3.00 Off ... Packs - 20¢ Off**

Doral Cartons - **\$4.50 Off ... Packs - 45¢ Off**

Monarch Cartons - **\$3.50 Off ... Packs - 35¢ Off**

Winston Cartons - **\$5.00 Off ... Packs - 50¢ Off**

Camel Cartons - **\$5.00 Off ... Packs - 50¢ Off**

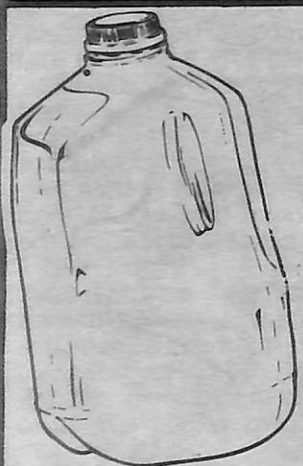
Salem Cartons - **\$4.00 Off ... Packs - 40¢ Off**

Montclair Cartons - **\$6.50 Off ... Packs - 65¢ Off**

Pyramid Cartons - **\$7.00 Off ... Packs - 70¢ Off**

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Aurricchio Provolone Cheese **\$3.29 Per Lb.**

Majesty Blue Royal Danish Ham **\$3.89 Per Lb.**

Purdue Honey-Smoked Turkey Breast **\$4.79 Per Lb.**

Wunderbar German Bologna **\$1.59 Per Lb.**

Carando Hard Or Genoa Salami **\$3.79 Per Lb.**

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- Expires 10/1/99 -

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Letters To The Editor

Thank-You, Soccer Assoc., For Offering CPR Class

To The Editor:

I would like to acknowledge the Agawam Soccer Association for offering a CPR class to their coaches at Baystate Medical Center. Special thanks to Al Corbin for organizing this class.

This was a CPR class designed for coaches with presentations from Amy Pasini, Injury Prevention Coordinator, and Terri Ditmar, Physical Therapist.

The following are now certified in Heartsaver CPR: Al Corbin, Paul Lagasse, Bob Sabola, Colleen Mutti, Jean Mantha, Sally LaValley, Richard Fay, Kevin Learned, Rick Prout, and Ron Billick.

By learning this valuable skill, they may be able to save a life someday.

If your group or organization is interested in a CPR class for six or more people, please call me at 794-9441.

Cheryl Sabola
Feeding Hills

CPR Coordinator - Baystate Medical Ctr.

There's Much To Celebrate At W. Side/Agawam Open Pantry

To The Editor:

Happy New Year! That's right, as I write this it's New Year's Eve at the Pantry — since our fiscal year is from September 1st to August 31st. So, Happy New Year!

As Indian summer begins, I'm looking out at the traffic on Main Street reflecting on our year together, my first year at the Pantry and my first year in Western Massachusetts. I hope I will always look on this area, this ministry, and you, dear friends, with the objectivity of a newcomer.

I've told you before that I've never been in a more giving, caring environment. The people from Agawam, Feeding Hills, Southwick, and West Springfield who provide for their neighbors through us are remarkable. Their faith communities really do the work of Jesus for the poor.

There are so many people who share in our ministry who live outside the towns we serve. While our clients come from Agawam, Feeding Hills, Southwick, and West Springfield, we receive lots of help from neighbors in Longmeadow, Westfield, Springfield, Chicopee, and beyond. Several months ago, I received a donation from a man in LOUISIANA! He heard about us from a friend who lives in Connecticut.

This month, we want to celebrate! We have had a very good year together. A financial report will be available after October 18th. There's more to this success story than finances. We have retained a wonderful staff of five for nine months, and it looks like they will all remain a while. We have lots of room for growth, especially in managing so many volunteers who grace our door each day.

This fall, I will be hosting a Day of Learning for them. We'll take a look at what we do well, and celebrate that. We'll take a look at things we could do better, and ways we can work together that will be life-giving for ourselves and those we serve.

This house is full of food! And, thanks to Mike Crum and the Big E Trust, it has a new look. On September 9th, we welcomed about 30 volunteers from the Hasbro Company in the Community United Way Day of Caring. They helped us do our fall cleaning, from top to bottom, because we are HAVING COMPANY!

In addition to my parents (who will make their first visit to Massachusetts in October), we are getting our house ready for YOU. We invite you to visit on October 21st and help us christen the Parish Cupboard ... the house built by love ... the house where we are prepared to share love with people in need for years to come.

This year has been tremendous because of the help of so many. It would be impossible to mention everyone and we probably shouldn't even try, but at our Annual Meeting on October 18th, we will be presenting a new award — the Good Neighbor Award — to people who epitomize care and concern for the poor. Our Good Neighbors are business owners, volunteers, donors, and advocates.

And that's where I'll close. Many of you have complimented me on the job I do here. Most of you appreciate my approach to this mission of love. My goal is to multiply my hands.

Our mission is to bring good news to the poor, to feed the hungry, clothe the naked, comfort those who are imprisoned (even by bad habits), and to be the face of Jesus to them. It's really that simple.

Happy New Year!
"Candy"

West Springfield/Agawam Open Pantry
1023 Main Street
West Springfield, MA 01089
(413) 734-7969

Traffic Around Granger School Is A Very Serious Situation

To The Editor:

I am submitting this letter to express my concerns regarding the crosswalk safety issues at Granger School.

I can account for the events that occurred in the letter submitted to you by John & Kimberly Conway. (AAN 9/16/99 edition). They noted the recklessness of motorists at the Hamar Drive crosswalk.

My first-grader and I were there, that second day of school, among several others. We were all stunned to witness a pick-up truck proceed through the crosswalk where the crossing guard stood with sign, in the middle of the walk. Thankfully, she was not injured, and even more so, was the fact that an unmarked police cruiser happened to be stopped at the other side of the crosswalk. All of the adults and children cheered as this "fool" was cited for stupidity, among other things.

The Town of Agawam really needs to consider the amount of traffic in front of the Granger School and seriously should re-evaluate the importance of flashing lights at this location, before a fatality occurs.

I have crossed in front of Granger School for over 30 years, but within the past several years, I find it very sad that motorists feel that you, as a pedestrian, are only inhibiting their speedy morning or evening commute up and down South Westfield Street.

Sincerely,
Michelle Littlefield
Agawam

Our Town Has A Tradition Of Not Delivering On Promises

To The Editor:

Joe Mineo, candidate for Agawam Town Council, claims that he was assured that the lack of sewers in the Feeding Hills area would eventually be corrected by the town.

Having been a resident for only 11 years, Mr. Mineo has not been waiting anywhere near the required length of time to qualify for sewer service. Town Manager Bowen told the residents of my street nearly 25 years ago that the town's long-range plan for sewer extension called for Feeding Hills residents to get sewers in the following five- to 10-year period. We are still waiting.

Last year, I wrote to Mayor Johnson complaining about the false promises that had been made by earlier administrations. I also told him that the septic tank problem was magnified by the more stringent Title 5 requirements.

Because of those requirements, many residents on my street who needed to replace their leach fields were required to install above-ground leach fields because of the high water table in our area. Picture, if you will, a resident's otherwise flat yard with a large mound of dirt rising significantly above the rest of the yard.

For one house on my street, the mound rises a

couple of feet above yard level. At the very least, this is unsightly. In addition, it restricts the use of a person's property (it's hard to play volleyball on such terrain). Further, it's hard to sell a house with such a yard arrangement and command the price that could have been charged in the absence of having property in this condition.

When I wrote to Mayor Johnson last year, I told him that the only solution was to extend sewers to my area. He responded by saying that the estimated cost of providing sewer service to my street and surrounding areas was well in excess of \$2 million. He went on to say the following: "I wish that I could tell you that the extension of sewer services to your area will happen in the next couple of years, but I cannot."

When Mayor Johnson crowed earlier this year about how Agawam residents live in one of the best towns in the greatest country on earth, it must have slipped his mind that Feeding Hills is part of Agawam.

Perhaps he also failed to remember the need for sewers when he proposed the property-tax cut. Having a low tax rate is desirable, but I would rather pay more and have sewers.

Mr. Mineo needs to understand that our town has a tradition of not delivering on its promises, and that Agawam is hopelessly mired in tradition.

Mike Marieb
Feeding Hills

Cohen Would Be A Good Choice For The New Mayor

To The Editor:

There is a refreshing bit of news for the citizens of Agawam.

With Chris Johnson not running for mayor again, I was seriously considering not casting a vote for the same old politicians of yore. However, now there is a fresh new wind blowing in, allowing Mr. Johnson's ideas to be expanded on and a host of new ideas.

I heard Richard Cohen speak and, believe me, it really stimulated me. If you get a chance, listen to him and I am sure your vote will be cast for him.

He certainly has my vote!

Very truly yours,
David Pietrasz
Feeding Hills

We Should Scrutinize The Candidates Before Voting

To The Editor:

Another election season is upon us and as the voters of Agawam begin to look closely at the candidates for public office, I suggest that they consider the following thought.

Scrutinize the candidate as you would if you were hiring a prospective employee for your own business. Apply the same standards you would if you were paying the employee from your own pocket for a candidate for public office is, in fact, your employee. You hire them with your vote and you compensate them through your tax dollar.

Look at the candidate's record. Ask yourself what in their background qualifies them for the position they seek? Has the candidate demonstrated a level of achievement in their personal or business background that would lead you to believe that they are capable of leading the town forward?

Look at the candidate's educational background. The Town of Agawam can be likened to a \$50 million a year corporation and successful leadership requires training. Complex financial and legal issues need to be understood and addressed and as voters and taxpayers, we need to

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The Agawam Advertiser•News

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786-8137

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LETTERS - from Page 4...

feel secure in the knowledge that our leaders have the expertise to deal with these issues.

If the candidate is an incumbent, look at their history. Have they demonstrated an understanding of the issues they were dealing with and was their action consistent with that knowledge?

Finally, look at the candidate as an individual. The people we hire to run our town should be people we would be comfortable associating with. They are our representatives, our employees, and they should be approachable and open to input from the citizens. Scrutinize the candidates carefully; do your homework. Party affiliation or membership in organizations is not criteria for hiring a candidate in the private sector nor should it be in the public sector.

Apply the above criteria and we will have a local government we can all be proud of.

Ronald LaRiviere
Feeding Hills

Rheault Has Earned & Truly Deserves Our Mayoral Vote

To The Editor:

To The People Of Agawam:

Being a long-time activist within our Town of Agawam, I have for many years had interaction with nearly every level of municipal government. In all of those years, very few people in government have impressed me more than Donald Rheault, your City Council President.

I feel I have grown to know Don. By fax, mail, or phone; at City Council meetings and subcommittee meetings; at public hearings held in Town and at adjudicatory meetings held in Boston - I have grown to know Don as a level-headed, even-tempered, civil, respectful, open-minded, and sincere public servant and civic leader.

Don actually listens, he becomes informed by what he hears, and acts in earnest to see the concerns of his constituents addressed. An upright, morally courageous, ethical, honest, and remarkably decent human being. I know that even when we do not agree - Don has afforded my views only the most careful and very serious consideration as one not only very considerate, but also truly concerned.

To the very best of my knowledge, Don is never dismissive, invites input from all directions, and is praised in all quarters for his unparalleled professionalism. We can expect him to be fair; we can expect him to be frank; and we can expect from him environmental and economic responsibility. Don will defend our laws, and Don will ensure the most value for your tax dollar. Don will honor his oath to bring honor to his office.

For far too long in politics, we, the voting public, have practiced the politics of "lesser evilism." With no one to vote for, we vote against. To repel the most vile of candidates, we let a lesser villain in. We never truly have the chance to

propel into public office a candidate we might respect and admire. We're lucky within the Town of Agawam to have exactly that chance today. Don ought to be the next mayor.

Don has earned my respect and admiration, after all, and he deserves it. A more caring, thoughtful, and dedicated civic leader would be very, very hard to find. In earning and deserving our respect and admiration for his many significant accomplishments and contributions to this Town, Don has earned and truly deserves our Mayoral vote as well. Come October the fifth, let us praise him!

Sincerely,
Owen Broadhurst
Agawam

Voting For Thompson Will Continue Agawam's Progress

To The Editor:

Ten years ago, Agawam stood at a crossroad in its political future. The town had just changed to a mayoral form of government and needed to decide if it would go in a new direction or keep the politics of old. Its citizens chose to move forward and 10 years later, we have a stable tax rate, new fire station, and rejuvenated schools.

Now we must choose again. Do we continue in our forward progress or do we return to the politics of the past? The choice is clear. Voting for Nancy Thompson as our new mayor will continue our forward progress. Nancy has proven herself during her eight years on the city council, especially as its president.

Remember when certain elements of the Town Council tried to remove Nancy as president? She stood tall and still ran the council with dignity and decorum. She didn't let these members deter her from working for all of the town's citizens. Nancy has shown her leadership ability even under political pressure and is, therefore, qualified to be our next mayor.

Nancy is forward thinking and is always concerned with making the town better and involving all our citizens, especially the young, in the activities of Town Hall. She never made a decision without studying all aspects of an issue. She listens to all sides and then casts a vote that is in the best interest of the town and intended to maintain our forward progress.

She has proposed many important initiatives to the electorate, including internships for our youth in the Town Hall, and she has promised to continue the process of securing a new DPW garage. There will be more to discuss as the campaign continues. For this, she needs your support in the primary election and finally in the general election.

Sincerely,
Carol A. Wiater-Meagher
Feeding Hills

Is Berkshire Power Trying To Influence Another Election?

To The Editor:

I find it unusual that Nancy Thompson has named Jack O'Neill as her mayoral campaign manager. Is Berkshire Power trying to influence this election as they have done in the two previous ones?

Since Mr. O'Neill has worked for Berkshire Power as a PR man, can we then assume that Berkshire Power is helping Ms. Thompson in her bid for mayor?

Let's not forget that Ms. Thompson has been one of Berkshire Power's biggest supporters. As a member of our city council, she has never voted against them, even when they sued Agawam several times and some of our fellow citizens.

If you will remember, as one of our council presidents, she did everything she could to make sure that Berkshire Power controlled the council and tried to get them whatever they wanted. Nancy's voting record proves that when put in a position where she would be forced to vote against Berkshire Power, she has **ABSTAINED** or **LEFT MEETINGS EARLY**. When Berkshire Power finally had our zoning laws overridden by the state, Nancy celebrated with them at their victory party. Since Nancy, countless times, refused to abide by her oath of office as a councilor by not defending **OUR** laws and protecting **OUR** citizens, how can we be sure she won't also break **HER** vows as a mayor?

Sincerely yours,
Ernestine Book
Agawam

MMCA Executive Director Endorses Nancy Thompson

To The Editor:

To The Citizens of Agawam:

My friend, Nancy Thompson, is a candidate for Mayor in your city. I would like to take a few moments to tell you about an organization that Nancy has worked extremely hard in to better serve the community of Agawam.

The Massachusetts Municipal Association represents the 351 cities and towns in the Commonwealth of Massachusetts. I serve with Nancy on the Board of Directors and also on the Massachusetts Municipal Councillors' Association Executive Committee, of which she serves as the immediate Past President. We first met about five years ago, when I first became involved and I can tell you that she is a true Ambassador for Agawam.

We all take time from our schedules to attend meetings twice a month in Boston. One of these

SEE LETTERS - Page 6...

Good, Old-Fashioned Coverage

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— Agawam Obituaries —

Theresa A. Roberts

Theresa A. (Bannish) Roberts, 88, of 28 Spencer Street, Agawam, died recently at home.

Born in Hatfield, she moved to Agawam in 1936. She and her late husband had owned and operated the former Roberts Delivery Service in Agawam from 1948 to 1972.

She was a communicant of St. Theresa's Church.

Her husband, Louis G. Roberts, died in 1972.

She leaves four sons, Louis G., Jr. of Brea, California, Donald R. of Agawam, Thomas M. of Feeding Hills, and Richard A. of Springfield; five daughters, Theresa M. Cason of Coolidge, Arizona, M. Corinne Stark of Wilbraham, Joanne V. Adams of Agawam, Valerie A. Avore of Troy, Michigan, and Linda M. Roberts of Agawam; two brothers, Frank Bannish of Southwick and Daniel Bannish of Westfield; three sisters, Katherine Bannish of Westfield, Nellie Organek of Agawam, and Jan Bachand of Williamstown; 39 grandchildren; 55 great-grandchildren; and one great-great-grandchild.

Another daughter, Cynthia M. Roberts, died in 1947.

The funeral was held at the Agawam Funeral Home and in the church, with burial in St. Mary's Cemetery, Westfield.

Donations may be made to the church, 74 Bridge Street, Agawam, MA 01001-1241.

Patricia A. Jones

Patricia A. (O'Neill) Jones, 63, of 102 Corey Colonial, Agawam, a local teacher, died recently at Baystate Medical Center in Springfield.

She was a teacher in Springfield and Toledo, Ohio, for many years and later at Agawam Middle School for 23 years. She retired in 1994.

Born in Toledo, she lived in Holyoke before moving to Agawam in 1986. She graduated from Edgely College in Cincinnati, Ohio, and the University of Toledo.

She was a communicant of St. John the Evangelist Church. She was a member of the honor societies of Kappa Delta Phi and Phi Kappa Phi, the National Education Association, Massachusetts Educational Association, the Pioneer Valley Reading Association, and the Agawam Teachers Association.

She leaves her husband, Richard G. Jones; a daughter, Kimberly A. Jones of Indian Orchard; three brothers, Dr. T.M. O'Neill, formerly of West Springfield, George P. of Eden Prairie, Minnesota, and Timothy J. O'Neill of Prospect, Kentucky; a sister, Kathleen Mougey of Pensacola, Florida; and a granddaughter.

The funeral was held at Colonial-Forastiere Funeral Home and in the church, with burial in Agawam Center Cemetery.

Memorial contributions may be made to the American Diabetes Foundation, 2 Mount Royal Avenue, Suite 200, Marlborough, MA 01752, or the National Kidney Foundation, Suite 211, 105 Eastern Avenue, Dedham, MA 02026.

Daniel Pisano

Daniel Pisano, 82, of 39 Fordham Avenue, Feeding Hills, died recently at Noble Hospital in Westfield.

He owned Danny's Oil and Heating Co. from 1952 to 1978. He also owned the San-Dar Winds Realty Co. in West Dennis and Danny's Underwater Supply in Feeding Hills.

Born in the Agawam/Feeding Hills area, he was a lifelong resident.

He was past master of the Masonic Temple Elm-Blecher Lodge and a member of the YMCA Skin Divers Club.

His wife, the former Olga Georges, died in 1997.

He leaves two daughters, Sandra Harrington of Granby, Connecticut, and Darlene Perry of Agawam; a brother, Joseph of Agawam; a sister, Edith Michaud of Feeding Hills; six grandchildren; and three great-grandchildren.

The funeral was held at Colonial-Forastiere Funeral Home, with burial in Springfield Street Cemetery. A Masonic Evergreen service took place the night before the funeral at the funeral home.

Memorial contributions may be made to the Shriners Hospital for Children, 516 Carew Street, Springfield, MA 01104.

Marianne Borcea

Marianne (Rambas) Borcea, 78, of 72 Depalma Street, Agawam, died recently at Baystate Medical Center in Springfield.

She was a retired jewelry saleswoman.

Born in Rotterdam, Netherlands, she recently moved to Feeding Hills.

Her husband, Constantine Borcea, died in 1963.

She leaves her son, Stefan, with whom she lived; three grandchildren; and four great-grandchildren.

A private funeral was held at the Agawam Curran-Jones Funeral Home, with burial at the convenience of the family.

Memorial contributions may be made to the Muscular Dystrophy Association, 167 Dwight Road, Suite 102, Longmeadow, MA 01106.

Ernest A. Bouley

Ernest A. Bouley, 74, of Agawam, died recently at a local nursing home.

He was an installer for the former Security Windows of West Springfield, retiring in 1989. He later drove a van for Baystate Medical Center in Springfield.

Born and educated in Springfield, he lived in Agawam for 48 years.

He was a communicant of St. John the Evangelist Church, a Navy veteran of World War II, a member of American Legion Post 185 and Veterans of Foreign Wars Post 1632, and a member of the Springfield Lodge of Elks No. 61.

He was a member of the Table Tennis Association and participated in the Senior Olympics in table tennis.

He leaves his wife of 53 years, the former Laura Suski; two sons, Ron W. of Agawam and Bob W. of Galveston Island, Texas; a daughter, Jackie Hayes-Toussaint of East Granby, Connecticut; two sisters, Lorraine Veto of Kernersville, North Carolina, and Ellen Demezzo of Destin, Florida; and three grandchildren.

The funeral was held at Colonial-Forastiere Funeral Home and in the church, with burial in Springfield Street Cemetery.

Memorial contributions may be made to St. Jude's Children's Hospital, 505 North Parkway, Memphis, Tennessee 38105, or to the Agawam Fire Department, 800 Main Street, Agawam, MA 01001.

Emily W. Dintzner

Emily W. Dintzner, 16 month-old daughter of Mark R. and Heidi L. (Birchall) Dintzner of 960 Springfield Street, Feeding Hills, died recently at home.

Born in Springfield on April 25, 1998, Emily enjoyed pushing her walker, bouncing and twirling in her duck, looking at many books at once, and best of all, waving and saying ba-bye.

Besides her parents, she leaves two brothers, Daniel H. and Nathaniel W. Dintzner, and a sister, Tabitha C. Dintzner, all at home; her grandparents, Dora M. (White) Birchall, Norma F. (White) Sinico, and Robert W. Dintzner, all of Feeding Hills; uncles and aunts, Darren L. and Gina C. Birchall, and James T. and Wendy M. Birchall; cousins, Courtney Connor, Chad Birchall, and Ryan Shannon; and many other loving family and friends.

The funeral was held at the Agawam Funeral Home, with burial in Springfield Street Cemetery.

Donations may be made to the Manley Family Fund, c/o Woronoco Savings, 1359 Springfield Street, Feeding Hills, MA 01030.

Nellie Robinson

Nellie (Haefner) Robinson, 94, of Meadowbrook Manor, Agawam, died recently at Baystate Medical Center in Springfield.

She was a 20-year finance officer at the Springfield Armory and retired in 1968. Previously, she worked in the cafeteria at Phelps Elementary School.

Born in Northampton, she lived in Springfield and was a 1933 graduate of the former High School of Commerce. She lived in Agawam since 1943.

She was a communicant of Christ Church Cathedral, and a member of the St. Mary's Guild and the Garden and Junior Women's Clubs in Agawam.

Her husband, Charles H. Robinson, died in 1972.

She leaves a son, Charles H. Jr. of Agawam; three grandchildren; and two great-grandchildren.

The funeral was held at Colonial-Forastiere Funeral Home in Agawam, with burial in Hillcrest Park Cemetery, Springfield.

Memorial contributions may be made to the church, 35 Chestnut Street, Springfield, MA 01103, or the Shriners Children's Hospital, Donations Department, 516 Carew Street, Springfield, MA 01104.

State Senate Passes Legislation To Help Local Communities

Senate Majority Leader Linda J. Melconian (D-Springfield) is pleased to announce the Senate passage on September 16th of two key pieces of legislation to help local communities - an override of Governor Cellucci's veto of \$50 million in local road money and the Community Preservation Act.

The Community Preservation Act is enabling legislation that will give local cities and towns, with the approval of local voters, the right to create a special fund dedicated to preserving open space, saving historic structures, and creating affordable housing.

"The Massachusetts Senate trusts our cities and towns," said Melconian. "We know that they are in the best position to judge how money should be spent for their citizens. Both these bills grant cities and towns greater control over their communities and their finances."

Melconian explained that passage of both pieces of legislation were important for cities and towns. Securing full funding for Chapter 90, the section of the law granting cities and towns money to be used solely for road and bridge projects, will mean that Agawam will receive \$519,250 for patching and resurfacing roads.

"In many cases, this money accounts for the majority of road construction in a city or town," said Melconian. "Government must fill its everyday responsibilities to its citizens and that means good roads."

The Community Preservation Act is another tool for community empowerment. Voters in cities and towns can choose to create a fund, through a transfer tax on the sale of homes or a property tax increase, that will be dedicated to improving the urban environment.

"This fund is a very flexible tool that local communities can use to combat specific local problems such as a loss of open space, deteriorating historical buildings, or a housing crunch," said Melconian.

"The legislation passed today will be helping communities for years to come," said Melconian. "Not only does it mean better roads now, it means more beautiful and livable cities and towns for years to come."

LETTERS - from Page 5...

meetings is with the Governor, which gives us an opportunity to speak to issues that affect our communities. For example, Chapter 90 money for roads, Chapter 70 money for education, senior citizen issues, and quality of life issues such as adult zoning and cellular tower ordinances. The City of Agawam has benefitted from Nancy's involvement because of her diligence in bringing these issues back to her Council and the community.

She has a real belief that communication and cooperation are key to good government and she practices that with her example and team approach. Nancy is a hard worker that does not look for recognition. She believes that accomplishing the goal is more important than who gets the credit.

In closing, I would like to stress Nancy Thompson's integrity, her moral values, her true concern for children and the elderly, her experience, and her leadership abilities in Agawam City Government.

It is my privilege to endorse Nancy as the next Mayor of Agawam.

Claire Freda
Leominster, MA City Councillor &
MMA Board of Directors and Executive Director
of The MMCA



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Fire Wise...

Guidelines On How To Prevent Fires In Manufactured Homes

by Fire Chief David Pisano

It is estimated that over 32,000 manufactured home fires occur each year. They cause 520 deaths, 1,000 injuries, and over \$180,000 in direct property loss.

Fire deaths in manufactured homes occur at twice the rate of fire deaths in houses. Victims in manufactured homes are more likely to be trapped by fire than those in houses.

If you live in a manufactured home, fire is probably the greatest single threat to you and your family. Studies have shown that a fire is most likely to start in the kitchen, followed closely by the living room, bedroom, and utility room.

The following guidelines will help you prevent a fire in your home:

- Install and maintain smoke detectors outside bedroom areas. Test your detectors at least once a month and change batteries annually. If you have smoke detectors that are connected to your electrical system, consider having battery detectors as a back up in case of fire in the electrical system.

- Have an ABC/multi-purpose fire extinguisher on hand and learn how to use it. But, remember, fire extinguishers are small and should be used to fight small fires, after everyone has gotten out and the fire department has been called.

- Plan and discuss with your family what to do in case of fire. If you have quick exit windows, make sure you know how to operate them. If not,

have something available to break out the window if necessary.

- Have your heating system checked by a professional at least once a year. Keep areas around furnaces/heaters free of dust and other combustible materials.

- All appliances should be in good working order. Replace worn or frayed electrical cords.

- Electrical circuits should not be overloaded. Before installing a major appliance that wasn't part of your original equipment, check the adequacy of the wiring.

- When using extension cords, make sure they don't run under rugs or carpets.

- Cooking should not be left unattended. If a fire occurs on the stove, put a lid on it or use baking soda or a fire extinguisher.

- Keep kitchen appliances clean and free of grease build-up.

- Make sure your lot is clearly marked so that emergency vehicles can find you quickly.

- Post emergency numbers on your phone and a neighbor's phone.

Look for potential fire hazards around your home and take the necessary steps to correct them. A fire-safe home starts with you.

Contact the Agawam Fire Department at 786-2662 for more information.

LEGAL NOTICE

LEGAL NOTICE

TOWN OF AGAWAM PUBLIC HEARING

In accordance with Art. 8, Sec. 8-1(b) of the Agawam Town Charter, the Agawam Town Council will continue to conduct a public hearing on Wednesday, October 6, 1999 at the Agawam Middle School, 68 Main Street, Agawam, MA in regards to the proposed ordinance known as Regulations Affecting Smoking in Public Places.

Ursula Retzler
Clerk of the Council

Published: September 23, 1999

Regular School Committee Meeting

Agawam Middle School, 68 Main Street
Tuesday, September 28th - 7:30 P.M.

1. Call to Order.
2. Moment of Silence.
3. Citizens' Speak Time.
4. Roll Call of Attendance.
5. Superintendent's Notes.
6. Highlights on Education:
 - a. Introduction of AFS Students.
 - b. Spring Athlete Recognition.
7. Old Business:

SCR99-36 - Adoption of School Improvement Plans.
8. Business Meeting:
 - a. Routine Matters.
 - 1) Approval of Minutes.
 - 2) Calendar/Correspondence.
 - b. Warrants/Transfers.
 - c. Reports:
 - 1) Grade Distribution.
 - 2) Course Elimination.
9. New Business:

SCR99-38: Approval for Use Of Building (Profit Organization).
10. Policy Review:

Third Reading (Policy Revisions): (Tabled from 6/22/99): FF "Naming Facilities."
11. Any other action which may legally come before the Committee.
12. Adjournment.

LEGAL NOTICE

LEGAL NOTICE

TOWN OF AGAWAM BOARD OF APPEALS

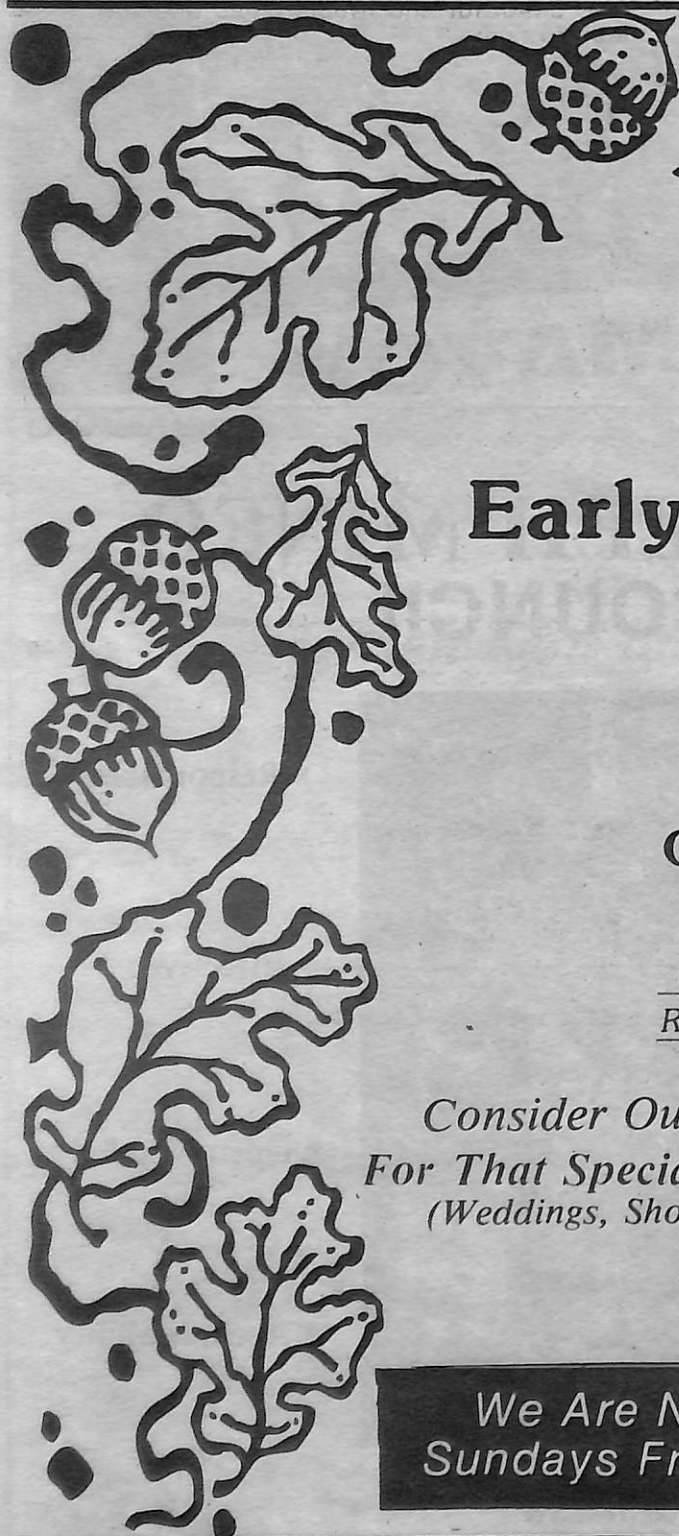
Notice is hereby given that the Board of Appeals will conduct a public hearing at the Agawam Middle School Cafeteria, 68 Main St., Agawam, MA on THURSDAY, OCTOBER 7, 1999 at 7:30 P.M., for all parties interested in the petition of PREMIER PARKS, INC., which is seeking a Special Permit in accordance with Section 180-49, of the Zoning Ordinances which would allow for the construction and installation of a steel roller coaster, which will exceed the height requirement at the premises identified as: 1623 MAIN STREET.

Doreen Prouty
Acting Chairperson

Published: September 23, 1999

For photo coverage in The AAN, please call us at 786-7747 or 786-8137; however, please give us at least 72 hours' notice prior to your event...

* * *



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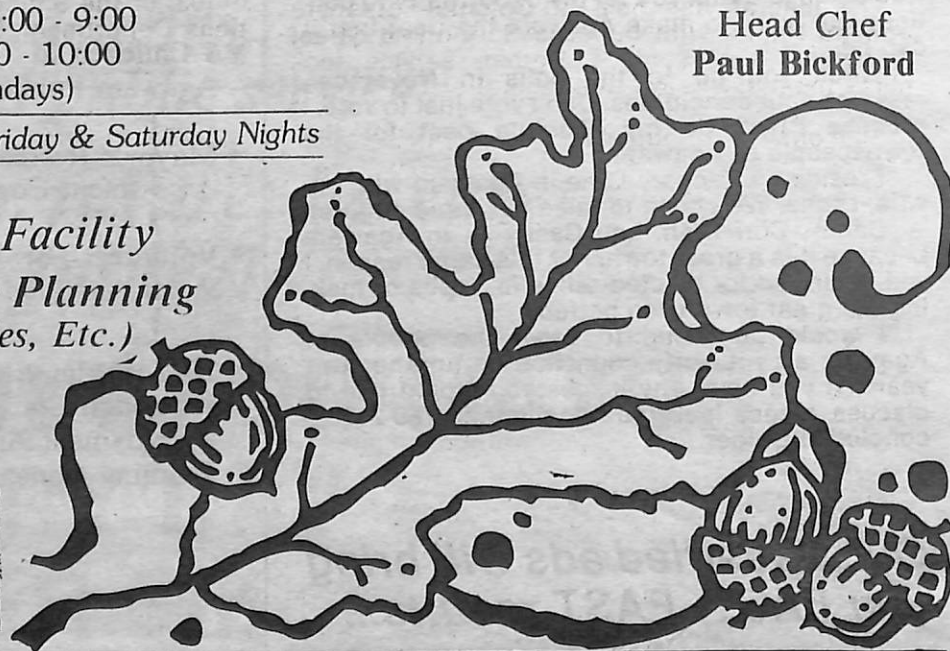
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Campaign '99



GARY GEIGER

Gary Geiger Announces Bid For Reelection

Agawam City Councilor Gary Geiger released the following campaign statement this week:

"I'm very proud to announce my candidacy for reelection as an Agawam City Councilor. The past two years have proven to be a great learning experience for me.

"As a member of the Licensing Committee, I - along with Councilors Negrucchi and Letellier - initiated the improvement of the licensing process and enforcement of its rules and regulations. After years of lax enforcement, there was lots of work to do.

"We oversaw the enforcement of our town laws and acted accordingly when a violation was detected, as well as reinstating background checks for each and every current or potential license holder. The Licensing Committee is now a strong and viable body.

"I am very proud of the strides our committee has made in the last two years. I've also chaired Budget Committee Number Two, which oversees the budgets for fire, police, health, inspection services, veterans, and the Municipal Golf Course.

"I'm a candidate you can be proud of. I don't waiver to pressure from various groups. I vote on what is truly in the best interest of the people of Agawam. There is no hidden agenda.

"I promised in the last election that I would be there for the people of Agawam. As promised, I am the only current city councilor who can boast 100-percent attendance at City Council meetings. I promise you strong, sensible, common sense leadership.

"Our council has worked well over the past two years, but we still have a lot of work to do and I feel I can help get this work accomplished. I would like to thank you for the opportunity to continue our work to make Agawam the best that it can be.

"When you go to the polls in November, research your candidates. Don't vote just to vote. I promise I will do my absolute best for the townspeople of Agawam.

"I reside on Zachary Lane in Agawam with my wife, Lynne. We chose to raise our three children — Danny, Cori Beth, and Casey — in Agawam because it is a great town. For this same reason, I will again run for elected office in hopes of making our great town even better.

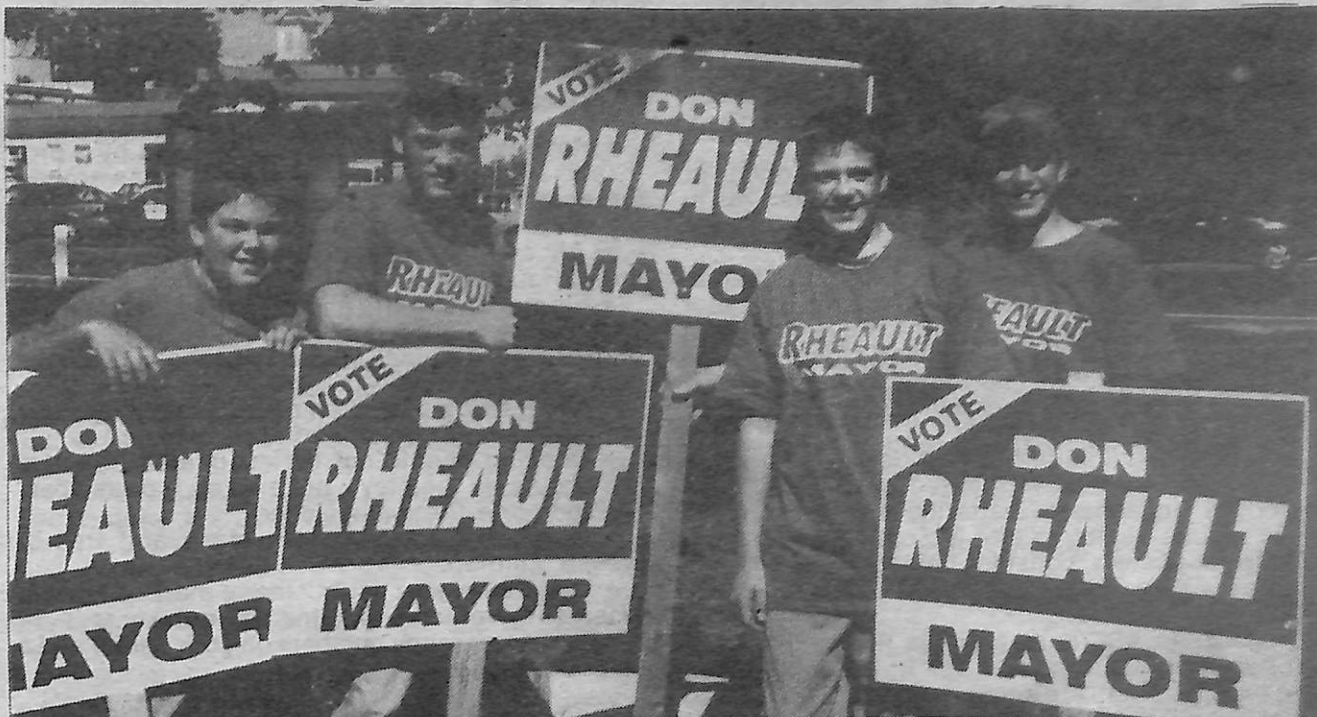
"I would be proud to serve the people of Agawam as your city councilor for another two years. If you have any issues you would like to discuss, please feel free to call me at 789-2183," concluded Geiger.

* * *

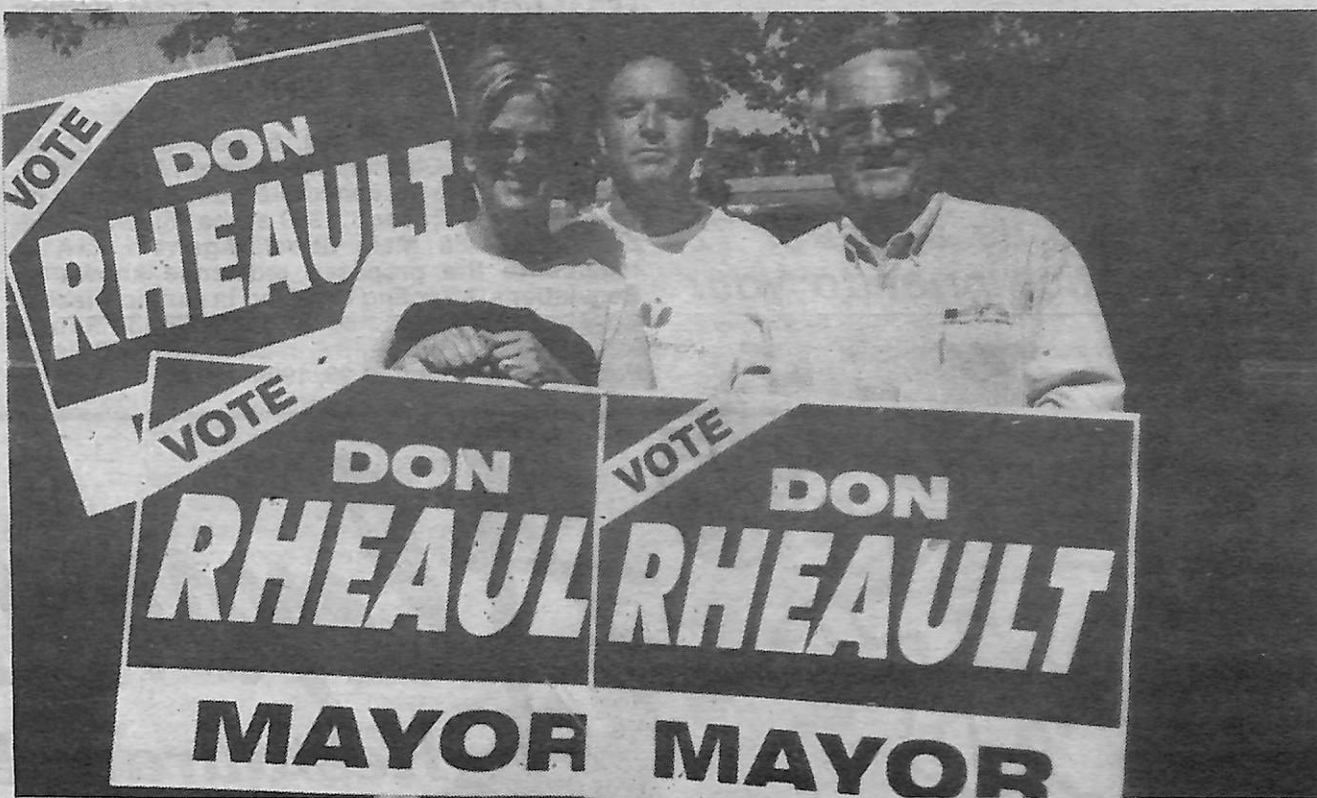
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* * *

Campaigning Is A Family Affair...



HOLDING SIGNS AROUND TOWN for Donald Rheault's mayoral campaign; above — four of Rheault's grandsons; below — Rheault (far right) with son Scott and daughter-in-law Christie.

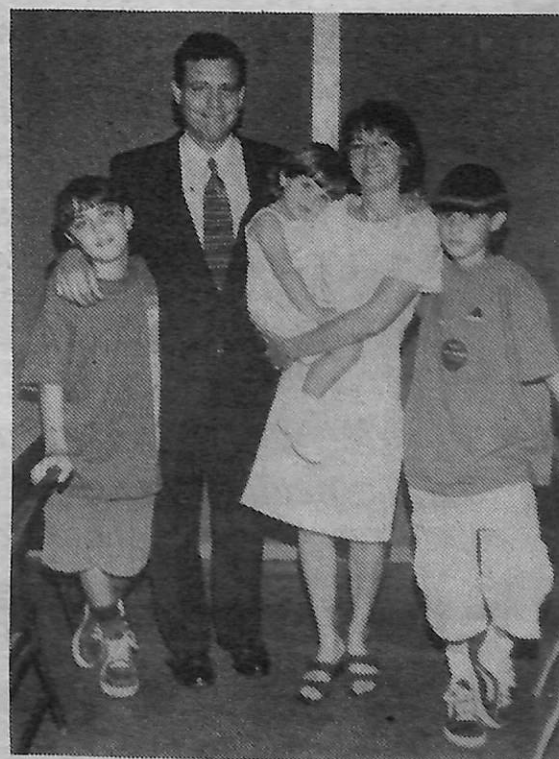


Paid Political Ad

Paid Political Ad

ELECT JOSEPH MINEO TOWN COUNCIL

- Married
Wife: Anna
3 Children: Carmino,
Luca, And Joanna
- 3 Children In
Agawam Public Schools
- Mayor's Recreation
Assessment Committee
- Volunteer For
Fresh Air Fund
- 20-Year Employee
Hampden County
Employment And
Training Consortium



- Responsible
- Effective
- Open-Minded
- Accountability

Committee To Elect Joseph Mineo
Thomas DeNardo, Treasurer

Campaign '99 - continued...

Thompson Provides Overview Of Mayoral Plans

Nancy E. Thompson, Agawam City Councilor and candidate for mayor, has issued the following press release providing an overview of her plans if elected mayor of Agawam:

"The residents of Agawam are looking for their next mayor to be a people's mayor ... a mayor who is a visionary and who will provide professional, competent, and concerned leadership to ensure that Agawam continues to move forward in a positive and progressive direction. As the next mayor of Agawam, I will be committed to providing that leadership.

"My vision for Agawam is that it continues to be the wonderful community it is in which families and individuals live, work, play, and do business. I am a mother of four grown children and grandmother of one granddaughter. I am a Registered Nurse who holds both a Bachelor and Master's degree from the University of Massachusetts. I have worked as a Nurse Executive, a Nurse

Manager, and an Assistant Professor of Nursing. "I served eight years on the Agawam Council on Aging and now eight years on the Agawam City Council, where I was president for two years. I have a commitment to this wonderful community of Agawam and an educational and experience base which provides me with the skills to be the mayor of Agawam.

"Agawam has made tremendous progress over these last 10 years with the mayor-council form of government. It is my intention to continue to build on the solid foundation which has been achieved by our present Mayor and town staff.

"My plan as Agawam's next mayor will include:

- * providing safe and comprehensive public services to all Agawam residents;
- * making quality education for all Agawam children from preschool to high school a top priority;

- * establishment of a Mayor's Council on Youth;
- * expanding or building a new Agawam Senior

Center and expanding services to all elderly Agawam residents;

- * construction of a new DPW facility;
- * establishing a second industrial park here in Agawam;

- * actively moving forward on the completion of phase two of the Route 57 expansion;

- * aggressively addressing the reconstruction of the South End Bridge;

- * addressing the provision of sewers in Feeding Hills;

- * expansion of the Agawam Public Library; and...

- * working with the Recreation Committee to plan and develop services to meet the recreational needs of all age groups here in Agawam.

"This is an historic election, as Agawam will be electing its second mayor. I encourage all voters to please vote in the primary election on Tuesday, October 5th," concluded Thompson.

VOTE DON RHEAULT MAYOR



Don and his grandchildren (all from Agawam)

When Don talks about improving our school system or upgrading and adding recreational facilities, there's good reason to believe him. Don's commitment to our community and his record of achievement have been demonstrated by his 16 years of dedicated public service.

He cares about their future, he cares about our future!

VOTE DON RHEAULT FOR MAYOR ON PRIMARY DAY OCTOBER 5th

Campaign '99 - continued...

Rheault On The Campaign Trail...



DONALD RHEAULT (far right), candidate for mayor of Agawam, with two of his staunch supporters — Rudy Altobelli (treasurer of Rheault's campaign committee) and Joe Pisano (a member of the campaign committee).

From Council Candidate Anthony Bonavita...

Accountability And Accessibility Are Important To Agawam's Voters

In a statement released this week, Anthony C. Bonavita, candidate for Agawam City Council, spoke about a councilor's duty to be accessible and accountable.

Bonavita stated, "One basic duty of a councilor is to be accessible to the voters. Voters have expressed their views to me on a variety of subjects concerning services they expect from their government."

"Some views, such as more recreation areas and athletic fields, expansion of the Senior Center, more funding for education, and a new DPW garage, are very concrete. However, a theme that also keeps coming up is accountability and accessibility."

Bonavita, an attorney, is 46 years-old and presently serves as vice-chairman of the Zoning Task Force. He is a past president and present member of the Board of Directors of the Agawam Lions Club.

He further explained, "I will be a positive voice for Agawam, first meeting the voters and being accessible to them in a variety of ways. After listening to voters, I will research issues and analyze them, always keeping in mind the overall

good for Agawam."

"I will not vote based upon personalities of the proponents or opponents. Accountability applies to every vote and action of a councilor."

Bonavita's campaign committee members have been asking for opinions from the voters. In conclusion, he stated, "Ultimately, elected officials will be held accountable by the voters, as it should and must be. My committee members and I have been asking voters their opinions on issues now, which will set the foundation for setting a positive agenda later that is representative of the people."

Members of Bonavita's campaign committee are John O'Brien (chairman), Adele Bonavita (treasurer), Raymond Scott, Ronald Jean, Edward Kellogg, Marie Kellogg, Elaine O'Brien, Mark McCormick, and Paul Franco.

Rheault Discusses His Qualifications For Mayor's Race

Mayoral candidate Donald M. Rheault (pronounced "Rowe") said that he believes the experience he has gained from his years of community involvement, business ownership, and public service in city government "uniquely qualify" him to be a candidate for Mayor. Rheault cites the following illustration for voters.

"Imagine for a moment that as the head of a large corporation, you employ roughly 800 people. You manage 22 different departments, and you negotiate labor contracts with 13 different unions. Your total operating budget is \$46 million a year. In addition, your business provides vital services to 35,000 people ranging in ages from the youngest child to the oldest adult. These people depend on you!"

"Now, ask yourself the following questions. If you had to turn over the keys of your business, who would you give them to? An experienced business person, or someone who would learn the job as they go?"

"I believe this illustration highlights one of the vital issues of this campaign. As you may have guessed by now, the above 'business' is the Town of Agawam and the voter must decide who will manage it," said Rheault.

Rheault said that his most notable achievement was accomplished because of his experience as a councilor. "People are constantly complimenting me on the job I have done as Council President. With the help of the council, we have facilitated a spirit of unity and cooperation never before seen on our Town Council. I never could have achieved this without utilizing the skills I have learned through years of experience," said Rheault.

Rheault concluded by saying that sometimes people's attitudes towards people with experience become cynical. "Sometimes, people question the motives of public servants," said Rheault. "I want people to know that I still live in the same house (which probably needs the same repairs), still attend the same church, and can still look my neighbors right in the eye with the confidence of knowing that I have done my best to represent them as I have done since my first term of service. I believe I have earned their trust and I intend to keep it," said Rheault.

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Merchandise!**

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Skorts

One week left to Shop, & Drop
your name into the drawing.
Shop and Drop often for More
chances to WIN!

Contest ends Thurs Sept 30th; drawing Fri Oct 1st

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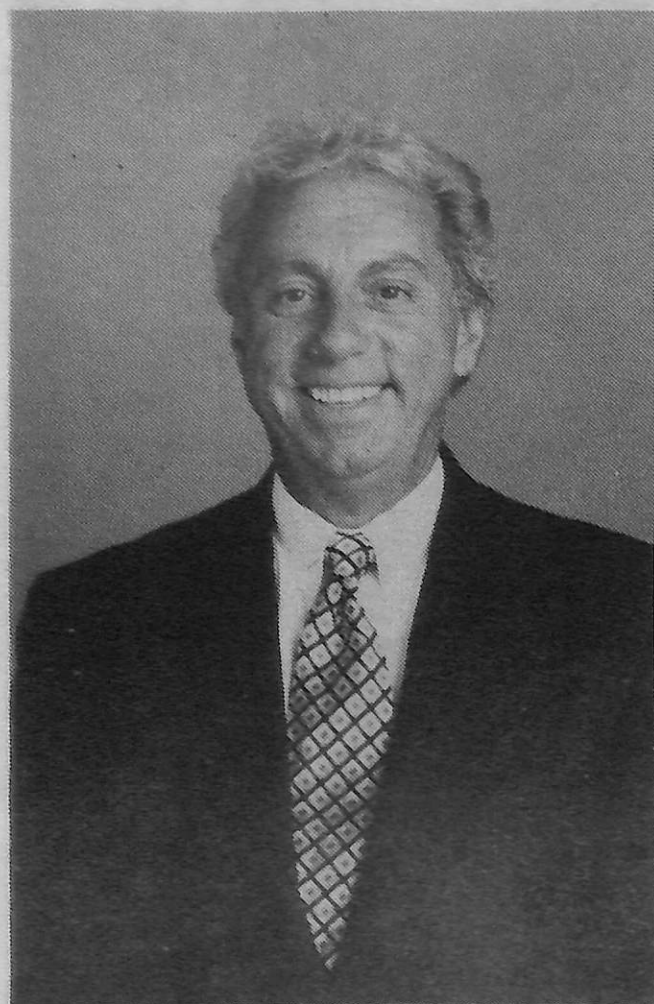
23 Southwick Street
Feeding Hills, MA



Open Monday- Friday 8:30am to 5:00pm
Saturday 9:00am to Noon

(413) 789-3070

Campaign '99 - continued...



BOB ROSSI

Bob Rossi To Run For City Council

Bob Rossi, a lifelong resident of Agawam and retired lieutenant of the Agawam Police Department, has announced his candidacy for City Council.

"After over 30 years of service to our community, my commitment to public service has not diminished," Rossi said. "My concern for the needs of the people in Agawam is stronger than ever, and I want to have a positive effect and make a difference in the community that has given me so much."

Rossi holds a bachelor's degree from Western New England College and a master's degree from American International College. In addition, he earned a Certificate of Command Management from Babson College and has held faculty positions at Westfield State College, STCC, and the Western Massachusetts Regional Police Academy, where he still teaches.

While on the Police Department, Rossi worked in every aspect of police service to the town, including Crime Watch programs, elder care and safety, youth educational activities, and crime prevention through environmental design.

Rossi served several terms as president of both the local Patrolmen's Union and later the Supervisors' Union. In those positions, he served as chief negotiator and administrator of all contract issues.

Volunteerism within the community has been a part of Rossi's life for many years. He served as president of the Agawam Police Association, where he worked closely with community members on fundraising events and charitable causes. He has also been involved with Little League and currently serves as first vice-president of UNICO and expects to step up to the presidency of that very active organization.

"My decision to run for City Council was made after much thought, and I promise the people of Agawam to continue to do what I've been successful at for so long — protect their interests and preserve the quality of life of our town," Rossi declared.

He wishes to thank all who have offered support and confidence in his ability, especially his three children, Gina, David, and Margo. Anyone interested in helping on his campaign or in expressing concerns to him may reach him at 786-3896 or e-mail AGALT2@aol.com.

Signs Available From Councilor Young's Committee

Lawn signs are now available for Town Councilor Robert M. Young.

If you would like to display a sign in your yard, please contact Joe Calabrese at 786-3977 or Karla Young at 786-8995.

Louis Russo Announces His Candidacy For A Seat On The Agawam City Council

In a press statement released this week, Louis Russo announced his candidacy for Agawam City Council.

"This week," Russo said, "I am announcing my candidacy for one of 11 seats on the Agawam City Council. If elected, I will bring compassion, common sense, and an independent voice to the council. I will be a voice for all the citizens of Agawam and will never put special interest groups or individuals ahead of our community or its residents."

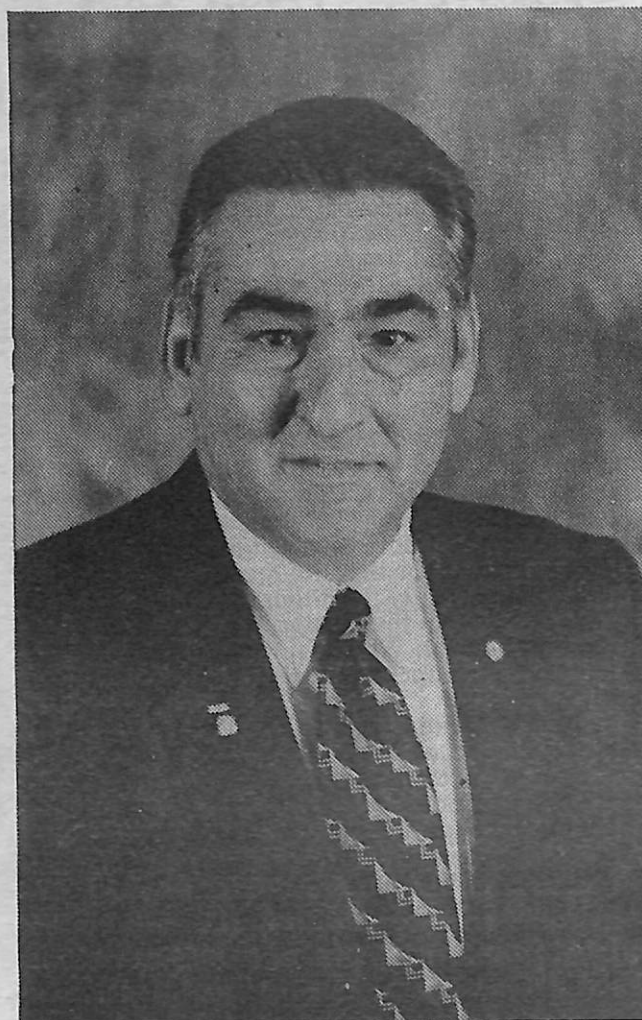
"My family and I are lifelong residents of Agawam, and I have spent over 25 years involved in community service in many elected, appointed, and voluntary capacities. As a City Councilor, I will continue helping everyone in our community and will continue to act in the best interest of all of Agawam."

"Although everyone has the right to run for elected office, I feel once elected, it should be a privilege to serve. We should not want to hold office because of the pay or the power, but because we care about our town. There should be no other incentive. Because I believe strongly in this privilege, I spoke against the recent council pay raise. Therefore, if elected, I vow to donate the additional council pay to local educational and elderly programs. I further vow that I will work together with all other councilors and the mayor to bring about good, positive legislation and change," Russo said.

"I have often stated that a good councilor should not only vote in favor of those things that are beneficial to everyone, but also speak out and vote against issues proposals which are harmful to our community. The good things he or she prevents, should judge a good representative."

"It is my belief that all municipal officials, elected or appointed, are charged with making their community better and must subscribe to the best interest of those that they are given the honor to serve. Because of this belief, I will continue to act to defend our local laws, assist all our citizens, and protect our town. No public official or private citizen should do any less for his or her community."

"During this election period, I will discuss the issues and needs that I feel are important to everyone in Agawam. I will state in more detail what I hope to accomplish regarding such issues



LOUIS RUSSO

as education, recreation, our senior citizens, and town services. What I discuss will not be ideas that are only put into words, but ideas and ideals that can be put into practice.

"If anyone would like to discuss anything at all with me," Russo concluded, "I welcome and urge that I be called at 786-9107 or e-mailed to LRUSO123@aol.com."

Remember, our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, etc., that can be brought in on Mondays. Thank you for your cooperation in this matter...

* * * * *

Paid Political Ad

Vote On Tuesday, October 5th Primary Election

Paid Political Ad

Nancy E. Thompson:

- * Mother of 4 grown children — Grandmother, one granddaughter.
- * Registered Nurse
- BS in Nursing 1973 (Cum Laude).
- MS in Nursing Administration 1991 (Univ. Of Mass.).

- * Agawam Council on Aging 1984-1991 Served as Vice Chairperson and Chairperson.
- * Friends of Agawam Senior Center 1987 to Present.
- One of the Founders of Friends.

- * Agawam Italian Sister City Commission — Secretary.
- * Lector and Eucharistic Minister at Sacred Heart Church, Feeding Hills.

- * Leadership awards:
- Massachusetts Municipal Councilors Association 1997.
- Women Elected Municipal Officials 1996.

- * Agawam City Councilor 1991 to Present.
- * City Council President 1995 & 1996.

- * Voted for:
- ✓ Additions and renovations of Agawam Schools.
- ✓ Building of new Fire Headquarters.
- ✓ Acquisition of Tuckahoe Turf Farm and the Agawam Municipal Golf Course.
- ✓ Expansion of Agawam Public Library.
- ✓ Locating Veterans' Cemetery in Agawam.
- ✓ Tax cut which benefits all Agawam residents and businesses.

VOTE
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www.ThompsonForMayor.com



Abbe Kasparian Addresses Agawam Seniors' 'Wish List'

Candidate Kasparian and the three other mayoral candidates were invited to the Senior Center by Peter Forastiere, Chairman of the COA Building Committee, on September 15, 1999. All the candidates were present and, when given an opportunity, were allowed to introduce themselves and present some of their ideas before the Council on Aging.

The COA invited them there to also present to the candidates what they described to be their "wish list." The wish list consisted of very reasonable requests. Some of the most predominant were based on a need for an increase in space for the Center due to the growing numbers of the senior population in Agawam.

Private space to allow for the confidential intake of information was one space issue brought up. At the present time, Donna (who is the intake counselor) has no phone at her desk, and her desk is placed in the middle of a congested area.

Lack of space for the storage of dry goods is also a problem. Fifty-five thousand meals a year are served through the Center. Many of those are through "Meals on Wheels"; the rest are served directly to the seniors who visit the Center at meal time.

Nearly 100 seniors visit the Senior Center on a daily basis. The Center could improve its financial position if it were able to purchase greater quantities of bulk foods at one time, as stated by Senior Center staff members.

Candidate Kasparian learned from a tour led by Chairman Forastiere that along with parking problems and handicap inaccessibility problems, there still exists a severe water problem in the basement area of the Center. Agawam municipal workers providing services at the Senior Center have been injured in the basement area due to the flooding problem — a flooding problem that has existed for the last six years that candidate Kasparian can remember.

Kasparian stated, "As County Commissioner, I had toured the Center approximately three years ago with State Representative Dan Keenan; these are not new concerns that the Senior Center staff members have brought to the elected officials' attention."

Kasparian, deeply concerned with this issue, continued with, "The City Council can at least put an end to the flooding problem which has caused injury to our city workers by a state-owned property. Whatever the outcome of the mayoral election, the current sitting City Council, and the current sitting Mayor, should forthwith send a letter requiring the state to immediately eliminate the flooding problem which has caused human injury. The repairs should be completed in no more than 30 days. This problem should be eliminated by the end of October 1999. City workers should not be allowed to work in a hazardous work environment."

Kasparian also noted, "The water problem is also a health issue. Standing water of a quarter of an inch to sometimes half an inch, in an area where food and other supplies are stored, can contaminate said supplies."

Kasparian went on to say, "I was surprised to learn that a number of our seniors that I met with that day, who had legitimate concerns about their environment at the Center, did not know that the Senior Center building is a structure that the city of Agawam's taxpayers rent from the state of Massachusetts. I conveyed to the seniors my idea that Agawam should build its own Senior Center, as our neighbor West Springfield has done. I first proposed building our own Senior Center on the corner of River and School Street over two years ago. Plans were drafted and presented to the City Council."

While speaking with the COA and seniors, Kasparian passed out copies of the plan which are still viable. These plans show a 20,000 square foot building, as opposed to the 10,000 square foot building the seniors now have access to.

Any investment that Agawam taxpayers make into the existing building would only benefit the landlord ... in this case, the state of Massachusetts. Kasparian said, "Agawam should reclaim the now state-owned property on School and River Road that lie fallow, and construct our own state-of-the-art, 20,000 square foot Senior Center by the end of the year 2000."

Kasparian finished with, "Let's stop the political rhetoric with the Senior Center every election year and take proactive steps to address the needs of the seniors in our community."

Visit "Mayor Abe's" web site at <http://www.angelfire.com/ma2/mayorabe>.

Remember, GET OUT AND VOTE, OCTOBER 5, 1999.

— ADVERTISER NEWS —

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NATIVE APPLES

PEACHES, PEARS

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(CORRECTION: On Page 18 of last week's edition of The Agawam Advertiser News [dated September 16, 1999], there was a typographical error in the seventh paragraph of the press release titled "Mayoral Candidates Jockey For Position On The Ballot." Instead of reading, "I think you could hear a sigh of relief from candidate Kasparian, as the only number left in the box was a number two," the sentence should have read, "I think you could hear a sigh of relief from candidate Thompson, as the only number left in the box was a number two.")

ON SEPTEMBER 15TH, Agawam mayoral candidate Abe Kasparian viewed the water damage in the food and supply storage area of the Agawam Senior Center. Standing water continues to be a hazard to the municipal employees. Candidate Kasparian has sent a request to Governor Cellucci asking for his support to repair this ongoing problem in the Senior Center, which is owned by the Commonwealth and rented to the city of Agawam.



Campaign '99 - continued...



ROBERT A. MAGOVERN

Robert A. Magovern Seeks Reelection To Agawam City Council

Robert A. Magovern, Vice-President of the Agawam City Council, has officially announced his candidacy for reelection.

In a press release issued this week, Magovern repeated his statement made when he first ran for office: "I ran two years ago for the council because I felt I could make a difference. I still have a vision for Agawam, and I would like to continue the work I started. I would like to be part of the team that can and will help build Agawam into the greatest little city in the state."

Magovern went on to say, "I ran on a platform of independent leadership and I feel that I lived up to my pledge. I have been for the people of Agawam and not guided by any single interest group. When I felt that issue was right for the people, I voiced support. I am proud of the council we have had the past two years."

"We have had good councilors who have worked together for the betterment of Agawam," he continued. "I was privileged to have been elected vice-president of the council my first term and reelected for this past year. The main complaint I have heard since I have been on the council is that there are no longer any heated arguments and the meetings are boring."

Magovern cited some of his accomplishments while on the council. As chairman of the Ordinance Committee, he presided over the revised used car dealer ordinance that addressed the changing needs of the auto dealers and the town of Agawam. Under the new ordinance, most dealers could legally be given more cars to sell, but had to meet the new regulations and follow the rules set down by the council.

This year, as chairman of for the Oversight Committee for the Agawam school budget, he was able to be a part of the process to bring about some additional finances which were needed for raising the standards within the High School.

Magovern went on to say, "There is much left to do. I look forward to working with a new mayor. Chris Johnson has done a great job as our first mayor."

"Starting with the year 2000, we will have a new mayor with a new style and fresh ideas, which will be good for our town. It is hard to single out individual challenges facing Agawam because they are all important, but some that come to mind are the improving of our senior citizen services, making sure that the school system responds to the certification report, and bring our schools into compliance with state standards."

"One area of immediate need is our attention to a town garage. Our DPW should be applauded for the work they have done with such outdated and dangerous facilities to work with."

Magovern was born in Agawam. He attended Phelps Elementary and graduated from Agawam High in 1961. He went on to graduate from Boston University with a Bachelor of Science degree in Business Administration.

He worked for many years for the Magovern Co. Inc. and was a vice-president of that company until starting his own company, Neighbor to Neighbor of America Inc. Neighbor to Neighbor is a new resident welcoming service which serves western Massachusetts and most of Connecticut.

SEE MAGOVERN - Page 14...

Paid Political Ad

Paid Political Ad

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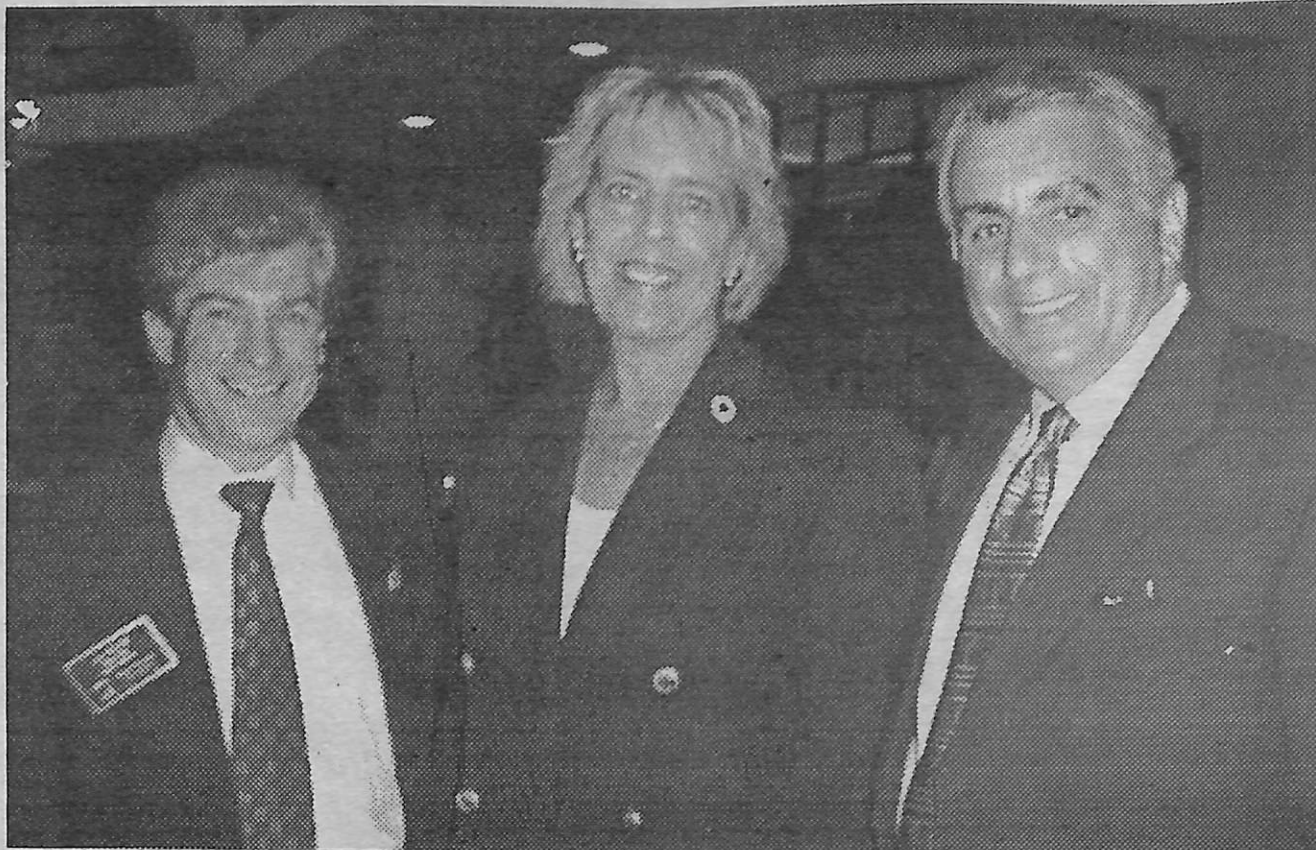
Campaign '99 - continued...

"Vote For Grammy!"



OLIVIA MICHELLE, 2½ year-old granddaughter of Agawam City Councilor and mayoral candidate Nancy Thompson, is shown "helping" with the campaign.

Kasparian At Government Affairs Dinner...



ON SEPTEMBER 14TH, the Greater Springfield Association of Realtors (GSAR) Government Affairs Committee sponsored a dinner meeting at the Delaney House to discuss legislative issues pending before the State Legislature and to promote and discuss real estate and tax issues within our community. Approximately 200 people attended the event. From left to right: Edward Moore, the vice-president of the Greater Springfield Association of Realtors; State Representative Cele Hahn; and government affairs committee member Abe Kasparian.

Fundraising Dinner For Robert M. Young On October 3rd

Councilor Robert M. Young has finalized plans for his fundraiser dinner. The date is Sunday, October 3rd, at the American Legion on Springfield Street from 5:00-7:00 p.m.

A ziti and chicken dinner will be prepared by Antonio's Pizza on Bay Street in Springfield and assisted by a host of volunteers, according to campaign manager Joe Calabrese.

Interest has been very high and all are invited. If for some reason you do not receive tickets in the mail, they will be available at the door.

For more information, or if you want to help, call Joe and Lynn Calabrese at 786-3977 or Karla Young at 786-8995.

LEGAL NOTICE

LEGAL NOTICE

TOWN OF AGAWAM BOARD OF APPEALS

Notice is hereby given that the Board of Appeals will conduct a public hearing at the Agawam Middle School Cafeteria, 68 Main St., Agawam, MA on THURSDAY, OCTOBER 7, 1999 at 6:30 P.M., for all parties interested in the petition of PREMIER PARKS, INC., which is seeking a Special Permit in accordance with Section 180-49, of the Zoning Ordinances which would allow for the creation of two (2) additional tower rides to the existing "Tower Drop Amusement Ride," which would exceed the height requirement at the premises identified as: 1623 MAIN STREET.

Doreen Prouty
Acting Chairperson

Published: September 23, 1999

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MAGOVERN - from Page 13...

Over the years, he has served on many boards and commissions. At present, he is on the Board of Trustees of Westfield State College. He is very proud of his Westfield State connection because of his strong belief in education.

"Without a strong school system, a town cannot develop its total potential. Within my family, education has always been important. My grandmother taught in Ireland. My mother, a graduate of Westfield State, taught school in North Agawam for many years, and my sister, Marjorie Greenough, also a graduate of Westfield, just retired from Clark School."

Magovern also has an interest in local history and has lectured for years on the founding of Springfield and the Agawam Plantation. One of the reasons for his interest in history is because of the fact that his mother's family, the Bodurthas, settled in Springfield in the 1630's and moved to Agawam in the early 1700's.

"I consider myself to be very fortunate to have a father born in Ireland and my mother's family to have such a legacy in Agawam," he stated.

Magovern continued, "My motto is 'You govern by serving.' There is still much left to do. I hope that you will do me the honor of helping to govern the City of Agawam by electing me again to serve on the City Council."

Magovern lives with his wife, Margaret, at 144 Birch Hill Road. He also has two children, Carrie and James.

Magovern would like to invite any citizen of Agawam who has any questions or comments on what they feel is important for Agawam to please call him at his home.

If you would like to volunteer to help in his campaign, you are also welcome to call. His phone number is 789-0171.

* * *

Best local news...

LEGAL NOTICE

LEGAL NOTICE

TOWN OF AGAWAM BOARD OF APPEALS

Notice is hereby given that the Board of Appeals will conduct a public hearing at the Agawam Middle School Cafeteria, 68 Main St., Agawam, MA on THURSDAY, OCTOBER 7, 1999 at 7:00 P.M., for all parties interested in the petition of PREMIER PARKS, INC., which is seeking a Special Permit in accordance with Section 180-49, of the Zoning Ordinances which would allow for the construction of a steel roller coaster to replace the existing "Black Widow" amusement ride which will exceed the height requirement at the premises identified as: 1623 MAIN STREET.

Doreen Prouty
Acting Chairperson

Published: September 23, 1999

LEGAL NOTICE

LEGAL NOTICE

TOWN OF AGAWAM BOARD OF APPEALS

Notice is hereby given that the Board of Appeals will conduct a public hearing at the Agawam Middle School Cafeteria, 68 Main St., Agawam, MA on THURSDAY, OCTOBER 7, 1999 at 7:35 P.M., for all parties interested in the petition of PREMIER PARKS, INC. AND STUART AMUSEMENT COMPANY, who are seeking a Special Permit in accordance with Section 180-71, of the Zoning Ordinances which would allow for the construction and installation of a steel roller coaster, which has been found to lie within the floodplain at the premises identified as: 1623 MAIN STREET.

Doreen Prouty
Acting Chairperson

Published: September 23, 1999

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Families

Public Forum On Y2K Issues Held At St. David's Church In Feeding Hills

by Kathy Shepard
News Editor

(This article is the first in a series which will expand on the contributions of several of our local public officials to the Sept. 15th Public Forum on Y2K, held at St. David's Church on Springfield Street, Feeding Hills.)

Although Hurricane Floyd threatened to create an unpredictable number of local disruptions, to say the least, a public forum was held at St. David's Church on Springfield Street in Feeding Hills on the topic of Y2K on Thursday evening, September 15th. Several public officials were invited and asked to address specific questions, keeping their speaking time to about five minutes each.

Agawam Chief of Police Robert Campbell took the time to reiterate some of the points he made at the forum for those members of the public unable to attend the September 15th forum. Campbell warns of scams associated with Y2K because some people are afraid there will be "an electronic Armageddon."

"Y2K has produced a new crop of thieves," he observes, "and they feed on one of the fears of the elderly - that all their financial records and money will disappear into cyberspace. One of the responses we are seeing is people going to banks and drawing out their money, leaving them vulnerable to any thieves waiting for people to react in this way."

Recently, two youths from a neighboring community skipped school, knocked down an elderly lady in Agawam, and robbed her. "As the year 2000 approaches, if too much fear is fostered, we could see more incidents of this kind," Campbell warns, "although we were able to catch these two particular thieves."

"Because not everyone is technologically sophisticated, it would help for them to go to seminars and listen to people from the banking industry or the electric company, because without familiarity with terminology, people can be overwhelmed by some of the doomsday hype that is out there," he points out.

The point of the public forum, arranged by Reverend Leonard Cowan of St. David's Church, was to allow "thoughtful conversation about what preparations are being made locally..."

Keep A Watchful Eye Out For Con Artists

While people should be taking "modest but prudent steps to prepare for Y2K," Campbell places emphasis on a need to keep a watchful eye out for con artists trying to take advantage of people's fears. Some examples of such frauds are people calling or visiting an elderly person and stating that they represent the bank and they want to make the person's account "Y2K compliant."

The scammer would ask for the elderly person's account number and state that they are authorized to put money in a "bonded fund that is Y2K proof" so they won't lose their money. "One woman in Agawam already gave up \$700 this way," Campbell says.

People might visit, saying they are from Senior Services or the bank. "Banks don't operate that way, so look up their number in the telephone book and don't give them any information," Campbell advises.

"Another scam is the 'Y2K credit and debit card protection. The hawker moans 'gloom and doom' about the coming millennium, then says they have a device guaranteed to protect credit and debit cards. For \$75 or more, they send two worthless glue strips and they now have your credit card numbers."

Campbell is on the Internet and frequently keys into the International Chiefs of Police Association Network. He also scans the web and keeps updated on the latest schemes. Another "hustle" involves a caller saying they work for the phone company and want to check to see if the victim's phone is 'Y2K compliant.' The criminal tells the person to press 9 - 0 - star.

"This makes it possible for the con artist to make long distance calls which are charged to the victim's phone bill," Campbell has learned. "There are telemarketing and Internet scams, false insurance promotions selling 'protection' from losing money due to Y2K. They want your credit card number."

Another prevalent scam the Chief has learned about is the 809 area code. Someone e-mails with an urgent message and 809 area code; 809 is the Bahamas and is the equivalent in cost to the 900 area code. Returning calls to 809 will rack up charges of up to \$25 a minute!

There is always the good, old door-to-door salesman telling people they need to fix their furances and household appliances, preying on their fears that the devices won't work properly or



AT THE PUBLIC FORUM at St. David's Church, Agawam Chief of Police Robert Campbell spoke about scams associated with the Y2K issue. Advertiser News photo by Kathy Shepard.

might even blow up unless made to be "Y2K" compliant. Many people have not learned about computers, so the element of the unknown can compound their vulnerability. And there are, of course, the schemes that play on greed - promises of investments in some device that "fixes" the Y2K problem.

Campbell knows of over 100,000 websites on Y2K. Many are hawking products for Y2K survival kits. Some of them are legitimate, many are not.

"There have been reports of people paying from \$25 to \$100 for toothpaste, a toothbrush, and a few household goods," he reports.

"Bottom line is, if you didn't call them, red flags should be waving. Warn older relatives against these hoaxes and tell them to check with someone - the police, a relative - before giving any information or money to a stranger. The irony is that most of these schemes are variations of scams that have been around for generations," he noted.

Some Common Sense Advice

Prior to New Year's Eve, Campbell suggests leaving most money in the bank to earn interest (banks have FDIC protection) and to have on hand about as much cash as one might take on a long weekend vacation. "If the pessimists fear they'll need more, they could consider getting travelers' checks, gift certificates to food stores, anything except walking around with large amounts of cash."

Campbell does not anticipate any power outages, but if there is some loss of power, people should call 911 or the Agawam Police Station. Chances would be that any loss of power would be localized. There will be shelters with generators if need be, and the police will be working with Civic Defense and the Massachusetts Emergency Management Agency to make plans in case something does go wrong.

Generators could provide heat and are located at the police station, the Agawam Junior High School, and fire stations. "We are not ignoring the potential for trouble and are preparing for contingencies, but we are being cautiously optimistic," Campbell sums up. But then he grins, saying, "But I do hope that when Y2K hits, the bank will lose my mortgage!"

Campbell's views on Y2K focused on the criminal element attempting to prey on fear. In the

SEE Y2K - Page 16...

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Agawam Golden Age Club's (Chapter 2) Calendar For October

Tuesday, October 5th: Bus trip to Mohegan Sun Casino.

Wednesday, October 6th: Anniversary banquet at Shaker Farms Country Club, Westfield. Social hour at 11:00 a.m. Dinner served at 12:00 noon. Reservations should be made by October 4th with Eileen Collier, 786-1007. Entertainment — the Melody Band from Agawam Senior Center.

Wednesday, October 20th: Regular meeting at 1:30 p.m. at Senior Center. Entertainment — Agawam's Memory Lane Chorus.

Friday, October 22nd: Board of Directors.

Thursday, Friday, and Saturday, October 28th, 29th, and 30th: Bus trip to Indian Head Halloween Party.

* * *

Senior citizens living in Agawam are invited to join the Agawam Golden Age Club, Chapter 2. Meet with us at the Senior Center.

Y2K - from Page 15...

next segment of this series, we will address some other aspects of the Y2K problem and contingency plans addressed at the public forum. There were representatives from the banking industry and Western Massachusetts Electric, State Senator Linda Melconian, State Representative Daniel Keenan, Agawam Senior Center Executive Director Richard Mundo, Agawam Building Inspector Tony Albro, and Agawam Fire Inspector Michael Mercadante. Inspector Mercadante's presentation will be summarized in next week's *Advertiser News*.

— ADVERTISER NEWS —

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NEWS40 To Begin 10th Annual "Coats For Kids Campaign"

On Monday, September 27th, NEWS40 will be kicking off its 10th annual "Coats for Kids Campaign."

The mission is to make sure that no child in the Pioneer Valley goes without a warm winter coat this winter. Last year, a record 10,000 coats were collected, cleaned, and distributed by the Salvation Army.

If you have coats that you have outgrown, or simply not worn, please bring them to any branch of the following participating businesses:

Belmont Laundry, Manny's TV & Appliances, Rocky's Hardware, Subway stores, or any branch of United Cooperative Bank.

In addition, many area schools will be organizing their own collections in conjunction with the NEWS40 campaign.

Coats may also be brought to WGGB-TV, 1300 Liberty Street, Springfield during normal office hours. The campaign ends Friday, October 22nd, and the coats will be distributed at the Salvation Army Warehouse on Lower Liberty Street, Springfield on Saturday, October 30th.

Belmont Laundry of Springfield has pledged to clean every item of donated clothing before it is distributed to needy children.

For more information on "Coats for Kids," please call Marsha or Ginny at WGGB-TV, 733-4040.

Jonathan W. Dezielle Arrives For Army Basic

Army National Guard Pfc. Jonathan W. Dezielle has arrived at Fort Knox, Kentucky to complete basic combat training.

During the eight weeks of training, the soldier will receive instruction in drill and ceremonies, weapons, map reading, tactics, military courtesy, military justice, physical fitness, first aid, and Army history and traditions.

Dezielle is the son of Diane T. and Roger W. Dezielle of 25 Rhodes Ave., Feeding Hills. He is a 1999 graduate of Agawam High School.



PALMIERO & ROSALIE NAPOLI

Palmiero & Rosalie Napoli Celebrate Their 40th Anniversary

The Napoli family gathered on July 24th at the home of Cindy & Bob DeLuca to celebrate the 40th wedding anniversary of Palmiero & Rosalie Napoli.

There to rejoice in the occasion were daughters Philomena of St. Louis, Missouri, AnnMarie of Feeding Hills, Terese of Agawam, and Cindy of Southwick, as well as their spouses, children, family, and friends.

Patrick, the couple's youngest son, stationed in Ft. Campbell, Kentucky, was unable to attend the celebration, but phoned his loving wishes on that day.

A wonderful meal was served and entertainment provided by their oldest granddaughter, Jennifer, with a flute solo of Schubert's "Ave Maria" and a vocal solo, "From This Moment On."

Rosalie & Palmiero were married at St. Theresa's Church in Agawam, October 3, 1959. They reside at Corey Colonial in Agawam.

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MR. & MRS. DAVID J. KARAM

Sharon M. Duval Becomes Bride Of David J. Karam

Sharon M. Duval and David J. Karam exchanged marriage vows in a recent ceremony at St. Anthony's Maronite Catholic Church in Springfield.

Parents of the bride are Diane Duval of South Hadley and Ronald Duval of Wilbraham. The bridegroom's parents are Gene and Joan Karam of Agawam.

Jennifer Whitmore attended the bride as maid of honor. Carl Davis served the bridegroom as best man.

The bride is a graduate of Springfield Technical Community College School of Nursing. The bridegroom is a graduate of Agawam High School and is a machinist at Duval Precision in Chicopee.

After honeymooning in the Caribbean, the couple will reside in Belchertown.

Agawam/West Side CROP Walk Slated For Sun., October 17th

Once again - or could it be your first time? It's CROP Walk time in the Agawam-West Springfield area!

For those who don't know the background, CROP Walks began after World War II as a sort of Christian Marshall Plan. The name was originally an acronym, standing for Christian Relief Overseas Project, and in those days, aid was focused on rebuilding after the devastation of war.

Today, funds raised through CROP Walks not only bring relief to war-torn areas overseas, including Kosovo and East Timor, but also benefit those in need locally. The West Springfield/Agawam Parish Cupboard (Open Pantry) is to receive 25 percent of funds raised. The rest will provide inoculations for children in parts of the world where measles and mumps are still deadly; it will provide the equipment needed to drill wells in drought-stricken lands; it will purchase and underwrite the transportation of food to people suffering from famine; it will bring emergency relief to those hit hard by earthquakes and floods from Florida and North Carolina to Turkey.

In short, when you walk or support a walker, you bring good news to people in need both near and far.

The 1999 Agawam/West Springfield CROP Walk will be held, come rain or shine, on Sunday, October 17th, leaving from the St. David's Episcopal Church on Springfield Street (next to the police station). Registration begins at 1:00 and the 10-kilometer walk itself, begins at 2:00.

Most area churches have organizers and walker sheets available. You may also call Cassie Gilmartin at 734-7969 or Rob Donaldson at 786-5061 for more information.

Please join us in helping the hungry and the homeless, both around the block and around the world.

Ag. Women's Club Slates Sept. 27th Mtg.

The first meeting of the 1999-2000 season will begin with a covered dish dinner at the Captain Leonard House on Main St., Agawam at 6:30 p.m., Monday, September 27th.

Bring a dish of your favorite food to share with other members.

The invocation will be given by Jean Goss. President Marjorie Greenough will lead the meeting following the dinner.

Anyone interested in joining the Agawam Women's Club is welcome to come to this meeting.

AHS's Class Of 1944 To Hold 55th Reunion

The Agawam High School Class of 1944 will hold its 55th class reunion on Saturday, October 30th and Sunday, October 31st.

The celebration starts on Saturday evening at the Monte Carlo Restaurant, 1020 Memorial Ave., West Springfield, with a cocktail hour from 5:30-6:30 p.m., followed by dinner at 6:30. Your choice of prime rib of roast beef or baked stuffed shrimp for dinner entree will be offered.

On Sunday morning at 10:00, a brunch will be held at the Ivanho Restaurant, 1422 Elm Street, West Springfield.

For further information, call 739-1263, 786-4075, or 786-3642.

Our classified ads cost just \$10 a week for 30 words or less; however, we DO NOT take them over the telephone. Bring your ad to our office at 14 Southwick Street, Feeding Hills, or mail it (with payment) to P.O. Box 263, Feeding Hills, MA 01030.

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Birthday Celebrations At Senior Ctr.



TOWN COUNCILOR GEORGE BITZAS at the Agawam Senior Center with his mother, Alexandra Bitzas (right), who celebrated her 98th birthday last week with family members, friends, and other seniors. At left is Mrs. Flora Breton, also from Agawam, who already celebrated her 103rd birthday. Together, the ages of these two golden agers span more than two centuries. Mrs. Breton lives in her apartment next to the Senior Center, and Mrs. Bitzas lives with Councilor Bitzas. Both ladies enjoy good health.

Community Grange No. 382 Schedules A Polish Supper

Community Grange No. 382 will hold a Polish Supper on Saturday, October 23rd from 4:30-6:30 p.m. at the Grange Hall located at 47 North West St.

The menu will consist of homemade stuffed cabbage, kielbasa, baked beans, vegetable, rye bread and butter, choice of dessert, coffee, tea, juice or milk.

Donation is \$6.50 for adults and \$3 for children under 12. Reservations are suggested and can be made by calling Pauline at 789-2061 or Evelyn at 786-0821.

If you missed the last one, don't miss this one! The public is invited to attend.

P.V.T.A. Shuttle To The Big E Will Help AHS's Golf Team

The P.V.T.A. Park and Ride shuttle to the Eastern States Exposition is operating Saturdays and Sundays at Agawam High School.

Buses depart every 30 minutes from 10:00 a.m. to 10:00 p.m. Tickets to the Fair are also available. Parking proceeds will benefit the AHS Golf Team Booster Club.

All the hometown news with us ... AAN!!!

On September 25th & 26th...

Great New England Balloon Festival Returning To Riverside

The highly successful Great New England Balloon Festival returns to Riverside Park this September 25th and 26th.

Over 30 hot air balloons will take flight over Riverside during this special weekend event. Occurring simultaneously will be the new Taste of Nations food festival.

Cultures from around the world will be represented at the Taste of Nations! Ethnic entertainment will be seen throughout the Park and food samplings of each culture will be available for guests.

"The combination of the Balloon Festival and the Taste of Nations will make this a classic New England event," comments Jerry Gretzinger, Public Relations Manager. "The fall is a beautiful time in New England. Hot air balloons, delicious food, and the changing leaves along the Connecticut River will make Riverside the place to be."

Riverside guests will also be able to purchase tickets to climb aboard some of the hot air balloons and take the ride of their lives. The view from the hot air balloons is like no other, giving riders a breathtaking look at the Park, the Connecticut River, and nearby Springfield. Tethered rides will also be available throughout the day. All balloon launches will take place outside Riverside's main gate.

At 7:30 p.m. each evening, the balloons will perform a breathtaking "evening flow" in the speedway. The combination of the burners and the dark of night transforms the balloons into giant, glowing light bulbs in the sky.

The Great New England Balloon Festival and the Taste of Nations are scheduled for September 25th and 26th. For more information or balloon ride reservations, contact the Park at (888) MY-ESCAPE.

Riverside Park is owned by Six Flags Theme Parks, part of Premier Parks, Inc., the world's largest regional theme park company with a total of 33 parks in the United States, Latin America, and Europe.

Six Flags parks serve 16 of the 25 largest metropolitan areas in the United States. The parks annually host nearly 40 million guests worldwide. Premier Parks is a publicly held corporation with corporate offices in New York and Oklahoma City. The company's stock trades on the NYSE under the symbol: PKS.

For photo coverage in The AAN, please call us at 786-7747 or 786-8137; however, please give us at least 72 hours' notice prior to your event...

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WALK OF FAITH

READ:
2 Corinthians 5:1-11

We walk by faith, not by sight.
—2 Corinthians 5:7

Constructed to give people the illusion of walking on air, "The Walk of Faith" is a platform of laminated glass at the top of a 385-foot tower in Blackpool, England. An Associated Press photo showed a woman at the edge of the invisible walkway, fists clenched against her face, trying to summon the courage to take a step. She had been told the platform was safe, but she was still afraid.

Sometimes we feel that way about our circumstances. Perhaps a serious health problem has caused us to question the power and the presence of God.

It's encouraging to note that Paul's familiar words "We walk by faith, not by sight" (2 Cor. 5:7) occur in his discussion about being "absent from the body and . . . present with the Lord" (v.8). He used a powerful metaphor, calling our body an earthly house that's being destroyed, yet he said we have a heavenly building made by God. He spoke of groaning in our earthly frailty and longing for our heavenly home. He concluded that no matter what circumstances we face, we should make it our goal to please the Lord (v.9).

Our walk of faith can be challenging and sometimes scary. But because God is powerful and present, we can step out in confidence today. —DCM

*The Lord wants us to walk by faith,
Because our eyes can be deceived;
And even though our path may fade,
God's Word can always be believed. —Sper*

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THAN TO GO ALONE BY SIGHT.**



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Question: I read on the Net that the ingredient Sodium Laureth Sulfate is a carcinogen. What is it and is this true?

Answer: Sodium Laureth Sulfate (or SLES) is derived from coconut or palm kernel oils. It is a mild, efficient cleansing ingredient, a water softener, lathers well, easily rinses, and is widely used in personal care products.

There have been reports claiming that Sodium Laureth Sulfate and Sodium Lauryl Sulfate are everything from cancer-causing agents to extreme irritants. John Paul Mitchell Systems has contacted their suppliers of these ingredients and their outside technical experts on the accusations, and the following was their reply:

Sodium and Ammonium Laureth Sulfates were

reviewed by the Cosmetic Ingredient Review (CIR), a panel of the Cosmetic, Toiletry, and Fragrance Association, and were found to be safe as currently used in cosmetic products. The CIR reported, "The irritant effects are similar to those produced by other detergents and the severity of the irritation appears to increase directly with concentration. However, Sodium and Ammonium Laureth Sulfates have not evoked adverse responses in any other toxicological testing."

Additionally, a report by Arthur D. Little, Inc. to the Soap and Detergent Association, entitled Environmental and Human Safety of Major Surfactants (Volume 1, Part 3), stated "with respect to human safety, AS (Alkyl Sulfates) can generally be regarded as non-toxic."

The John Paul Mitchell Systems will, as always, continue to evaluate these types of reports and will respond quickly to find safe and suitable replacements for any material found to be a risk to humans, animals, or our environment. The industry professionals and government agencies are on top of this and many other issues, and say that they will be guided by sound scientific evidence rather than hearsay.

(To be continued next week...)

Ag. Senior Center's Weekly Lunch Menu

Monday, September 27th: Chicken a la king, white rice, peas and onions, rye bread, nectarine.

Tuesday, September 28th: Swedish meatballs, egg noodles, Italian mixed vegetables, whole wheat bread, mixed fruit.

Wednesday, September 29th: Meatloaf and gravy, mashed potatoes, wax beans, mini roll, cookies.

Thursday, September 30th: Sweet and sour pork rib, baked beans, cole slaw, oat bread, lemon pudding.

Friday, October 1st: French onion soup, French bread pizza, tossed salad, pears.

On Last Sundays Of The Month...

All-You-Can-Eat Breakfast At The Masonic Lodge Bldg.

An all-you-can-eat breakfast will be served on Sunday, September 26th, and on every last Sunday of each month. This breakfast, open to all, will be available from 9:00 a.m. to 12:00 noon at the Masonic Lodge Building, 53 River Street (just off the Veterans' Bridge between Agawam and West Springfield).

The menu will include pancakes, eggs, sausage, home-fried potatoes, home-made biscuits, coffee, etc. The cost is \$4 for adults, and \$2.50 for children. The Elm-Belcher Lodge is conducting this event as part of its Masonic Awareness Program.

The Elm-Belcher Masonic Lodge of Agawam is about to complete its third year on the Adopt-A-Highway Program, which is conducted by the Commonwealth of Massachusetts.

Members of the Elm-Belcher Lodge of Masons are doing this program monthly from April through October. The purpose is to remove litter on Route 57 as posted (approximately two miles). The Commonwealth has placed signs on Route 57 to identify the assigned area.

This activity is being done as part of the Massachusetts Grand Lodge of Masons Awareness Program.

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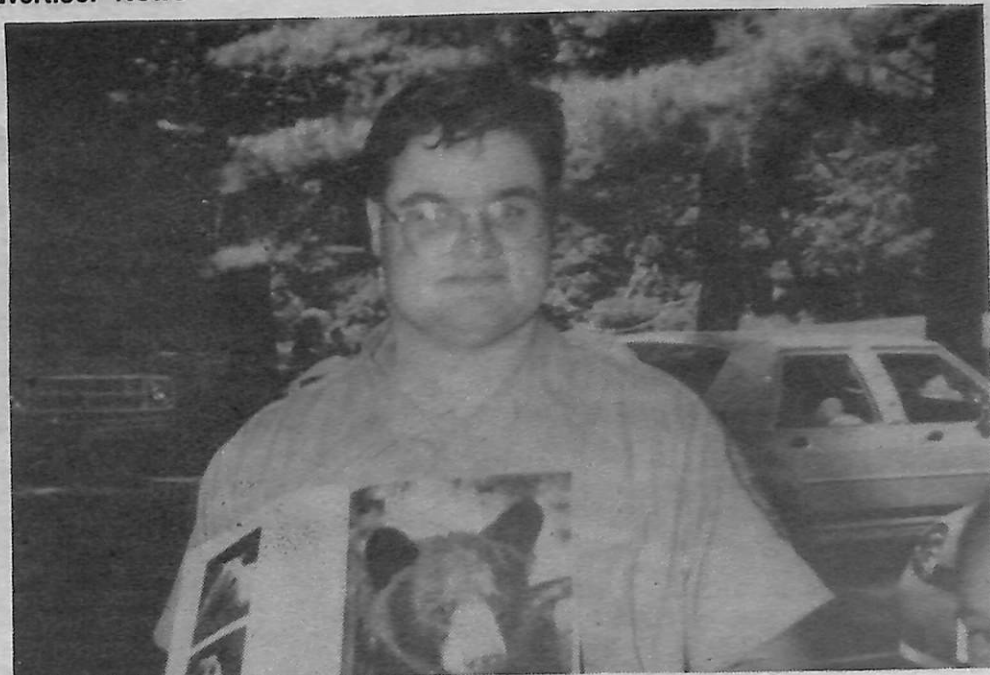
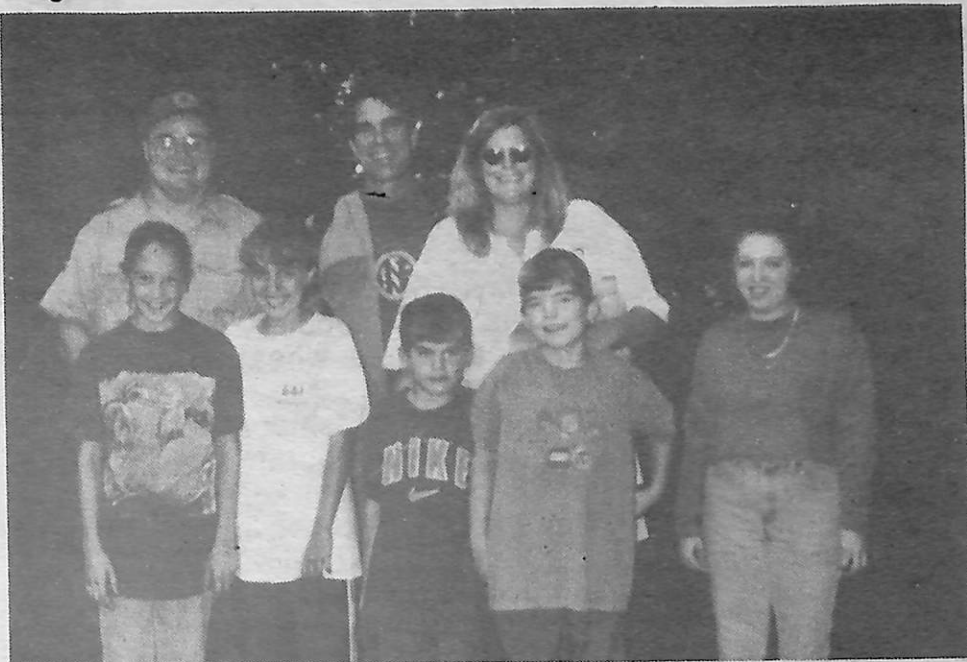
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IN LEFT PHOTO: back row - Walt Tynan, David Fournier, and Mary Fournier; front row - Nicole Struck, Alexandra Ivey, Timmy Fournier, Joey Fournier, and Regina Casiello. IN RIGHT PHOTO: Walt Tynan, Regional Interpreter for the Massachusetts Department of Environmental Management.

Photos courtesy of Laura Poth.

Twenty Participants Enjoy Informative "Bear Walk" At Robinson State Park

Don't run. Freeze, then scan the horizon, shoulder-high, 360 degrees around you and think carefully about what to do next. That was the main message at the September 12th "Bear Walk" held at Robinson Park by the Massachusetts Department of Environmental Management.

About 20 people listened to Walt Tynan, Regional Interpreter, talk about the appearance, dangers, habits, and signs of bears in Robinson Park.

Tynan said he was asked to give the talk because of an earlier incident at the park pavilion during a family reunion. Lured to the sight by an excellent sense of smell, a 400-pound male bear decided to see what was cooking.

Tynan said, "Half the people ran, screaming 'bear!' through the woods heading down the hill toward the beach."

"It was like a scene from *Jaws*, with mothers grabbing their kids and running off into their cars, and everyone just left all their things," said Tynan.

"One of the reasons I am here is to try to prevent this kind of thing. There is no need to panic when you see a wild animal. Just keep a respectable distance and treat it with respect and it's not going to bother you," Tynan said.

So what do you do if you see a bear?

Tynan said that if you see a black bear, it is probably just looking for food. Bears, said Tynan, are omnivores and they eat everything. This includes skunk cabbage and cattails in the spring because they are high in protein, Tynan said. They love ants, bees, and berries in the summer months, and beechnuts, hickory nuts, and acorns are favorites in the fall, said Tynan. They will also enjoy small mammals, road kill, or deer fawns when they can find them.

When these natural foods aren't easy to find, bears turn to farm crops growing in fields, beehives, small livestock, bird feeders, food, and trash carelessly left outside by people. In parks and in back yards. "Always pack out what you

packed in," Tynan said. "It's always best, or you'll attract bears into the area."

Tynan said, "Bears have different personalities just like people do, so when someone says to clang a pot to scare the bear away, that might not work for that particular bear."

"Maybe just walking quietly away will work. If not, try it all ... whatever you have heard ... but don't run away," Tynan said, "because a bear is three times faster."

Just as it is when you see a strange dog, if you overreact, scream, and run away, a dog will chase you and may even bite you. A black bear can also be startled, feel threatened, and may instinctively run after you. Don't scare the bear and trigger an attack.

"Flight and bite," Tynan said, is preventable, so if you keep a respectable distance, the black bear will probably just take any food that's in the area, then wander quietly away.

(Submitted by Laura Poth, a resident of Feeding Hills who attended the event.)

Remember, our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, etc., that can be brought in on Mondays. Thank you for your cooperation in this matter...

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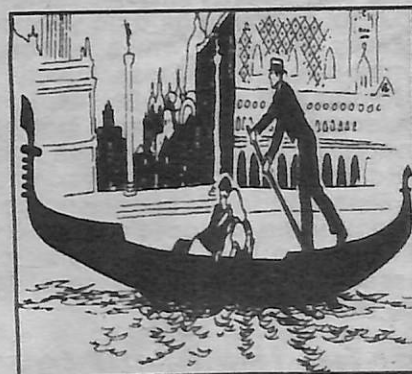
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Heritage East Residents Cook For Open Pantry

by Kathy Shepard
Feature Editor

Residents of Heritage Hall's East Building gather in their kitchen every third Thursday and have a special project to complete. Under the encouragement and guidance of Helen Manning, a lifelong resident of Agawam, the Heritage residents prepare meals for the people who need feeding at Open Pantry.

Last Thursday, September 16th, despite the fringes of Hurricane Floyd which included drastic downpours and heavy winds, these residents sat studiously and created a meal for those less fortunate than themselves. This week's meal consisted of fresh vegetables from the residents' own garden, which is accessible from the kitchen through sliding glass doors, along with macaroni and cheese.

The meals are delivered to the Open Pantry and are all planned by the residents. The facility is immaculate and the "cooks" all wear plastic gloves when handling the food. These individuals are living proof that people can be useful, productive, and contributors to society at any point in life. The expression, "Too many cooks spoil the broth," does not apply here!



FROM LEFT TO RIGHT: Agnes Braman, Edna L. Denison, and helper Robin Verge prepare food for the Open Pantry. Advertiser News photo by Kathy Shepard.



IN LEFT PHOTO: Lydia Larvey and Albertine Paquecle. IN RIGHT PHOTO: Helen Manning (Agawam resident and Activities Director) with residents Bertha Ziegert and Josephine Lorzenotti. Advertiser News photos by Kathy Shepard.



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NATHANIEL EVAN HUMPHRIES

Evan And Stacie Humphries Announce Birth Of Son

A son, Nathaniel Evan, was born to Evan and Stacie Humphries of Springfield on Saturday, August 28, 1999.

He was born at Wesson's Women's at Baystate Medical Center in Springfield. Time of birth was 8:55 a.m. and the baby weighed in at seven pounds, 2.3 ounces and was 20 inches in length.

Maternal grandparents are Mr. & Mrs. Thomas P. Kinney, Jr. of Bennington, Vermont. Paternal grandparents are Mrs. Pauline Humphries of Agawam and the late Owen J. Humphries, Sr.

* * *

A notice to service groups, community organizations, etc.: because of the large number of articles we receive during this time of the year, we cannot guarantee that your announcements and press releases will appear more than once in our pages ... AAN!!!

* * *



PICTURED ABOVE are the members of the LeFleur family who attended a recently held reunion. This first-ever reunion took place in Goshen, Massachusetts.

LeFleur Family Holds First Reunion

Recently, a LeFleur family reunion (the first one ever) was held at Holy Cross Campground in Goshen, Mass. Over 90 relatives were in attendance.

The person who traveled the furthest was Lisa (Stroble) Ladd, granddaughter of Beatrice Brodeur, from Las Vegas. The rest of the Stroble family came here from various towns surrounding Fairborn, Ohio. Other family relatives traveled from Connecticut, New Hampshire, and the eastern part of Massachusetts.

The originating couple was Edgar and Rose LaFleur. They had six children (a son, Justin, died at a young age). The others were Beatrice Brodeur, Leah Coleman, Antoinette Wallace, Madelene McGovern, and Irving LaFleur. The only remaining person living of that generation is Edna

LaFleur, widow of Irving LaFleur.

Those families attending from Agawam were Lil Doyle, Al & Elaine Taupier, Jackie & John Deane and family, Bob & Lisa Taupier and family, Bud Perry, Ruth Perry, Dennis & Ann Marie Perry and family, Lynn Chicoine and family, and Mickey and John Bandarra and family.

Many of the relatives brought pictures from years past and it was interesting to see the changes the years have brought. It also gave an opportunity to follow the family tree (a board showing the lineage of the families) and view pictures of those who were no longer with us. Everyone was putting faces on some of the people who had been just names up to now.

Everyone was pleased to have such a great turnout and a great time was had by all.

Laurie DaSilva Becomes Bride Of Matthew Balboni

Laurie DaSilva and Matthew Balboni were recently married in Our Lady of Fatima Church in Ludlow.

She is the daughter of Mr. & Mrs. Lee DaSilva of Ludlow. He is the son of Mr. & Mrs. Martin Balboni of Ohio Avenue, West Springfield.

Laurie is a graduate of Westfield State College, where she is pursuing a master's degree. She is a teacher in the Springfield Public School System.

Matthew is a graduate of the University of Massachusetts at Amherst. He is an assistant manager for the Stop & Shop Supermarket chain. He is the grandson of the late Carlo Balboni of Balboni's Bakery in Agawam.

* * *

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Church News

Tag Sale Held At Sacred Heart Church...



IN TOP PHOTO: Elizabeth Moore displayed her paintings at the annual tag sale held at Sacred Heart Church in Feeding Hills on Saturday, September 11th. IN PHOTO BELOW: Lee Dion sold baked goods at the tag sale. Advertiser News photos by Kathy Shepard.



IN TOP PHOTO: The tag sale committee - Betsy Ciempa, Eleanor Balboni, Jeannette Denoncourt, and Nancy Doucette. IN PHOTO BELOW: Serving hot dogs at the tag sale - Mary Melloni, Carol Pignatare, Theresa Barlow, and Marilyn Morassi. Advertiser News photos by Kathy Shepard.



Our classified ads cost just \$10 a week for 30 words or less; however, we DO NOT take them over the telephone. Bring your ad to our office at 14 Southwick St., Feeding Hills, or mail it (with payment) to P.O. Box 263, Feeding Hills, MA 01030...



Worship Services:
Saturday 5 pm & Sunday 8 am & 10 am
Sunday School & Nursery Care: Sunday 10 am

The Reverend Len Cowan

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YOU FROM ALL HARM. HE
WILL WATCH OVER YOUR
LIFE; THE LORD WILL
WATCH OVER YOUR COMING
AND GOING BOTH NOW
AND FOREVERMORE."**

Psalm 121:7-8

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Church News - continued...

St. John's Parish
News And Notes

RELIGIOUS EDUCATION NEWS

Saturday classes are from 9:00 to 10:00 a.m., and Monday and Tuesday classes are from 6:15 to 7:15 p.m.

HELP! Teachers are still needed. If you cannot do it on a regular basis, maybe on a ready/reserve substitute roster. Please call Father Howard, Father Bill, or Annette Reynolds (our new CCD Coordinator) at 786-8105.

BACK GATE

Now that CCD has begun again, for the safety of the children, the Leonard St. gate is locked during the week.

Should we forget to open it for the 4:00 p.m. Mass on Saturday, please let someone know so that it can be opened to easier egress from the parking lot.

CONFIRMATION

Confirmation will be held here at St. John's on Monday night, October 18th, at 7:00 p.m.

The next 1999 Confirmation class will be on September 27th. The class of 2000 will meet for the first time on October 3rd with their parents for an introduction meeting.

PARISH COUNCIL

The September meeting of the Council will be next week, September 28th, at 7:00 p.m.

ST. JOHN'S OVER-60 CLUB

The Club's first trip is Thursday, October 7th, traveling to Plymouth for the Cranberry Harvest. Bus will leave St. John's at 8:00 a.m. and return at 7:30 p.m. Grand buffet lunch at John Carver Inn.

Cost: \$46. For reservations, call Lil at 789-9586 or Barbara at 569-9830.

SISTERS OF ST. JOSEPH CRAFT
FESTIVAL (OCTOBER 8TH-10TH)

The raffle tickets for the Sisters of St. Joseph Craft Festival will be available after the Masses next weekend in front of the Parish Center. Your support, as in the past, will be greatly appreciated.

AGAWAM CATHOLIC SINGLES CLUB

The Club meets on the second Thursday of each month in the Father Joyce Room of the Parish Center. Contact John, 786-2273, or JoAnne, 789-0774.

Friday, September 24th: Big E — Ricky Nelson's twin sons. Meet at St. John's at 5:45 p.m.

Thursday, October 14th: Regular meeting.

Sunday, October 17th: Crop Walk.

Sunday, October 24th: Concert at Old First Church in downtown Springfield (4:00 p.m.).

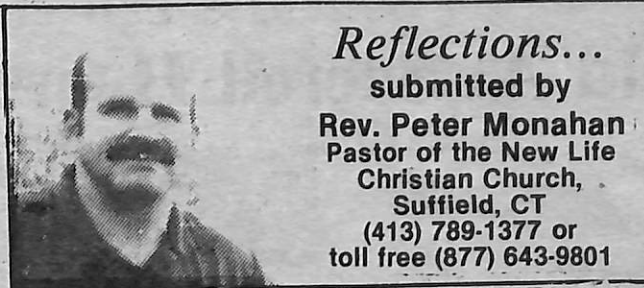
ST. JOHN'S PLAYGROUP

St. John's Playgroup began this week on Tuesday, September 21st. Playgroup is held every Tuesday morning from 9:30 until 11:00 a.m.

The Playgroup is open to all families with preschool children and younger. It provides a safe and fun environment for young children to play with others their own age. The children will also enjoy weekly craft projects and a snack.

If you would like further information, contact Amy Smith at 789-4264.

ADVERTISER NEWS



Reflections...

submitted by

Rev. Peter Monahan
Pastor of the New Life
Christian Church,
Suffield, CT
(413) 789-1377 or
toll free (877) 643-9801

Trusting God, Rather Than Ourselves

One of the many attractions at the Big "E" each year are the magic acts. The magicians at the Big "E" are particularly talented. They can perform magic tricks which truly baffle the crowds.

The audience knows the magicians cannot possibly be doing what they appear to be doing, yet they are. As the show goes on, the audience pays closer attention, trying to see through the tricks and see what is really happening. Most people never do figure out how the tricks are done. The tricks the magicians perform show us the great talents of the performers.

They also expose the fact that we can sometimes be fooled by our own senses. We don't even need magicians to fool our senses. Our senses stand ready to be fooled, on almost any occasion.

One time, I was standing in front of a restaurant on a cloudy day. I could hear one of those huge transport planes from Westover A.F.B. flying overhead. When I looked up, however, all I saw was a seagull. "That's one loud bird," I commented to a friend who was standing with me.

On a far more serious note, our nation was shocked and saddened by the tragic death of John F. Kennedy, Jr. this summer. The investigators think that he somehow became disoriented while flying his private plane. They say he might even have been flying upside-down without realizing it, before he crashed into the sea. Mr. Kennedy's senses betrayed him.

The Bible warns us not to trust only in our own sense of things. We are admonished to **work out your own salvation with fear and trembling**. In the original language, it says **with fear and trembling of (or perhaps, about) yourselves, the salvation work out.**

The verse is translated by the *Amplified Bible* this way: "work out" (cultivate, carry out the goal, and fully complete) your own salvation with reverence and awe and trembling (self-distrust, with serious caution, tenderness of conscience, watchfulness against temptation, timidly shrinking from whatever might offend God and discredit the name of Christ).

Reverend Peter
Monahan's column,
"Reflections,"
is a weekly feature
of The AAN...

* * *

We can see from all this that the Bible is adamantly warning us of the perils of trusting our senses too much. As in the case of the magician, or even cloudy days, sometimes we can be fooled by our senses.

For example, it is possible to believe one is a spiritual person on good terms with the Creator the universe, and that not be the case at all. Jesus once told a parable to the chief priests and leaders of the temple to illustrate this point.

"What do you think? There was a man who had two sons. He went to the first and said, 'Son, go and work today in the vineyard.' 'I will not,' he answered, but later changed his mind. Then the father went to the other son and said the same thing. He answered, 'I will, sir,' but he did not go. Which of the two did what his father wanted?"

The answer was obvious. The first, they answered. Jesus said to them, "I tell you the truth, the tax collectors and the prostitutes are entering the kingdom of God ahead of you. For John came to you to show you the way of righteousness, and you did not believe him, but the tax collectors and the prostitutes did. And even after you saw this, you did not repent and believe him."

Perhaps Jesus was trying to shake up the chief priests and leaders a bit, to awaken them from their smugness and complacency. Jesus unmistakably warned them that even with all their religion, they were still missing the boat. They were trying to do what is right their own way, trusting in their own sense of things.

Proverbs 14:12 warns us, **There is a way that seems right to a person, but in the end it leads to death.** God does not want any of us to experience spiritual death.

Through the prophet Ezekiel, God cries out, **"Turn away from all your offenses; then sin will not be your downfall. Rid yourselves of all the offenses you have committed, and get a new heart and a new spirit. Why will you die, O house of Israel? For I take no pleasure in the death of anyone, declares the Sovereign Lord. Repent and live!"**

People who think they can accomplish their own salvation, or eternal life, on their own are sadly mistaken. God has provided a way for each of us to be on good terms with Himself, by giving us a Savior.

Jesus said, **I am the way and the truth and the life. No one comes to the father except through Me.** All He requires of us is to accept Him, on His terms. Our choices are rather simple.

Being spiritual and on good terms with our Creator is not difficult, nor complicated. Rather than trust in our own sense of what is right spiritually, God wants us to act in simple faith and obedience, and to embrace our salvation His way.

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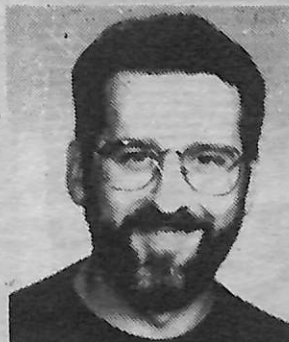
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Church News - continued...**Events And Activities
At First Baptist
Church In Agawam**

"Is the Lord Among Us or Not?" will be the topic of Pastor Richard Barnes' message this Sunday morning at the 9:30 a.m. service of worship. There will be opportunity to contribute to the World Mission Offering.

Marianne Tompkins will lead the responsive reading. Following morning worship, there will be a time of fellowship with refreshments in Davis Hall. Then, classes for all ages will be offered, continuing until 11:45 a.m.

This year, as in the past, the pastor will be leading a class entitled "Nuts and Bolts," dealing with basic Baptist beliefs and practices. Also, a bible study class will be led by Mercy Barnes and Marianne Tompkins.

Nursery care is available throughout the morning.

A new home study bible study group will begin on Tuesday, October 5th, at 1:30 p.m. at the home of Dorothy Major. The group plans to meet on the first and third Tuesday afternoons of each month.

This season, they will be studying the letters of Peter and James as they wrote to the early Christians. Discussion will be led by Dorothy Major, assisted by the pastor.

If you are interested in becoming a part of this group, call Lorraine Royer or the church office.

On our calendar this week:

Sunday, September 26th: 7:00 p.m., Deacons in Lockhart Parlor.

Tuesday, September 28th: 10:00 a.m., Play Group (home of Sandra Taft-Fairlie).

Wednesday, September 29th: 10:00 a.m. to 6:00 p.m., Trading Post Open.

Thursday, September 30th: 7:00 p.m., Choir Rehearsal.

Caring Connection contacts for the month of September are Marilyn and Harold Kane, 786-2757.

Coming up: Fall meeting of the American Baptist Churches of Pioneer Valley. The meeting will be held on October 17th at the First Baptist Church, 605 South Street, Holyoke.

Registration is at 4:00 p.m. More details will follow.

"Church News" is just one more reason why you turn our pages each and every week ... AAN!!!

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Pastor Carmen A. Rizzo

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Schedule Of Services

SUNDAY

9:30 A.M. - Sunday School
10:30 A.M. - Morning Service

Series - "Biblical Portraits"
(Role Models For Today)
6:00 P.M. - Evening Services
Series - "Immortality"

FRIDAY

6:30 - 8:30 P.M. - Awana Clubs Youth Program
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**St. David's Episcopal Church To Host
Spaghetti & Meatballs Dinner On Oct. 4th**

St. David's Episcopal Church will be hosting a Spaghetti & Meatballs Dinner on Monday, October 4th, at 6:00 p.m. The dinner will be held at St. David's Church, 699 Springfield Street, Feeding Hills.

The menu will include spaghetti, meatballs and sausage, tossed salad, bread and butter, coffee, tea, juice, and dessert.

Tickets are \$7 for adults and \$3 for children

under 12. These may be purchased in advance at St. David's or at the door. Due to a sell-out on most of last year's dinners, we will be unable to hold unpaid reservations past 6:30 p.m. without prior arrangements.

Proceeds from this dinner will go towards the debt reduction of the new church building.

For more information, please call (413) 786-6133.

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MEMBER F.D.I.C.



*Church News - continued...***News And Notes From
F.H. Congregational**

You are welcome to join with us at the Feeding Hills Congregational Church, which is located at 21 N. Westfield Street in Feeding Hills. Our Sunday morning service of worship begins at 10:00 a.m.

Rev. Donaldson's sermon title is "How God Wants Us to Live."

The Old Testament reading will be Psalm 133. Ushering will be Perry and Rose McCobb. Samantha Justilian and Rich Rozanski will be our acolytes.

Nursery care will be provided for the very young.

Remember: This Sunday, September 26th, is Gift & Promise Sunday.

On Saturday, September 25th, the Board of Deacons is calling us to "A Day Away," an opportunity for some spiritual exploration in the beautiful setting of Stanley Park from 10:00 a.m. until 3:00 p.m. We'll take some time to look at a number of spiritual renewal disciplines and seek ways to apply them to our own lives.

Through Scripture, through the sharing of personal experiences, and through prayer and contemplation, we'll find ways to deepen our relationships with each other and with our God.

Plan to bring your lunch. Sign up with a member of the Board of Deacons.

Operation Friendship will host a Roast Beef Dinner here on Saturday, October 2nd, from 5:00 until 6:30 p.m.

These delicious events are held to raise money in support of world friendship among today's youth.

The CROP Walk is only one month away. It's not too early to start asking for pledges. If you can't walk, you can solicit sponsors for another walker.

The Agawam/West Springfield walk will take place in Agawam on Sunday, October 17th. Call Rev. Donaldson at 786-5061 or speak to the recruiter at your church if you are interested in supporting this event.

A portion of the proceeds will be donated locally to the Open Pantry in West Springfield.

On the calendar:

Friday, September 24th: 5:00 p.m. to 12:00 midnight, Creative Memories.

Saturday, September 25th: 10:00 a.m. to 3:00 p.m., "A Day Away" at Stanley Park.

Sunday, September 26th: 10:00 a.m., Worship (Gift & Promise Sunday); 12:00 noon to 8:00 p.m., Church of Redemption.

Tuesday, September 28th: 7:00 p.m., A.A.; 7:00 p.m., Wedding rehearsal.

Wednesday, September 29th: 4:30 p.m., Cellilli/Sullivan Wedding; 6:30 p.m., Girl Scouts; 7:00 p.m., Choir.

Thursday, September 30th: 7:00 p.m., A.A.

*Check our classified ads
each and every week...*

**Calendar From
Ag. Congregational**

At the Agawam Congregational Church, 745 Main Street, Agawam, on Sunday, September 26th, the Rev. Dr. Eric Bascom will lead worship at 10:30 a.m. around the Gospel theme of "The Disobedient Son who Obeyed His Father."

Scripture readings are from Exodus 17:1-7 and Matthew 21:23-32, and the sermon (based on Jesus' parable) is "Putting Yourself on the Line."

Church School (seventh- through 12th-grade) and Confirmation Classes meet at 9:00 a.m. Crib Room through sixth-grade meet during the Worship Service.

A brief business meeting of the congregation for the vote on the Agawam Congregational Fund will be held immediately after worship.

Men are invited to join the Men's Prayer Time, which meets at 7:45 each Tuesday morning.

We read from the devotional guide "Upper Room" for meditation and discussion, with time for coffee and fellowship.

New members will be received into the church on November 28th, the First Sunday of Advent. For those interested, Dr. Bascom will lead a brief series of orientations called "Everything You Wanted to Know about Christianity but Were Too Afraid to Ask."

People considering joining the church should contact the pastor or the church office, 786-7111, as soon as possible so that arrangements can be made.

The Sanctuary Choir continues to meet for rehearsals on Thursday nights at 7:00 p.m.

New voices are always welcome. Anyone interested in joining the choir may attend.

The choir is under the direction of the Minister of Music, Ms. Ellen Cogen.

Children's choir rehearsal is held immediately following the service on Sunday mornings. All ages are welcome to attend.

Playgroup at the church has begun under the direction of Ms. Sue Tapply, Family Outreach Coordinator.

Want to join in on the fun and friendship? Join us on Thursdays from 10:00 to 11:30 a.m.

Questions? Call the church office at 786-7111.

For more information concerning any of our events, please call the church office at 786-7111.

**Seminar Held
Each Tuesday At
Faith Bible Church**

Faith Bible Church, located at 370 Shoemaker Lane, Agawam, is now hosting a 52-week series seminar entitled "The End Times."

Presented by Pastor James R. Jasmin, this series of Tuesday evening teachings will present current prophetic truths based on Scripture.

Discussions will include eschatology, significant current events that point to us on a Biblical timeline, and what the new millennium is going to bring according to Scripture.

**Church Of The Good
Shepherd To Hold
Annual Tag Sale**

The annual Good Shepherd all-parish tag sale will be held on Saturday, October 2nd, from 9:00 a.m. to 2:00 p.m. in the Parish Hall at 214 Elm Street, West Springfield. Our downtown location and excellent bargains have made this a very popular and busy event.

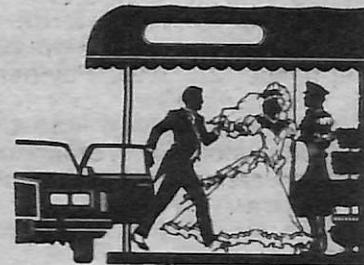
We welcome individuals and civic groups to join us by renting a table. We have convenient set-up times and the added bonus of not having to worry about the weather. A snack bar will be available.

For information about renting a table, please call the church office at 734-1976.

Remember, our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, etc., that can be brought in on Mondays. Thank you for your cooperation in this matter...

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Spotlight On Business

Keenan & Molta Associates Bring Home Expertise From Cendant Mobility Seminar

COLDWELL BANKER KEENAN & MOLTA ASSOCIATES, along with more than 475 residential real estate brokers nationwide, gathered for the annual Cendant Mobility Broker Network Regional Conference held in Atlanta, Georgia, from September 17th to September 19th.

The three-day event featured speeches by Cendant Mobility Broker Network President W. Bruce Wallin and Bob Delaney, a referee for the National Basketball Association. Delaney captivated the crowd with his motivational message.

Brokers were given the opportunity to participate in workshops in which outgoing referrals, pre-marketing, and inventory homes and global awareness were the topics of discussion. Additionally, a "cracker barrel" session allowed participants to share ideas and tips while networking with fellow brokers.

Wallin stated, "Coldwell Banker Keenan & Molta Associates' participation in this dynamic seminar and its valuable workshops demonstrates their commitment to providing Top Block service to Cendant Mobility's clients and customers, while at the same time, providing them the strategic skills necessary to take full advantage of a changing marketplace."

Robert P. Molta, President, Dawn Morey, Director of Relocation, and Sue LoBello, Director of

Corporate Services, applauded the conference for its take-home value. "This year's seminar gave us the opportunity to network with many of the best performing brokers in the country and allowed us to hone our firm's skills as real estate and relocation professionals."

Cendant Mobility Broker Network is the best performing broker-to-broker network affiliated with Cendant Mobility. Cendant Mobility (www.cendantmobility.com) is the world's largest relocation company and recognized leader in all market segments it serves, including: corporate and government relocation, international assignment and consulting services, affinity programs, and asset management services.

Cendant Mobility has more than 2,000 clients. It assists over 100,000 transferring employees annually, with 18 percent of the volume represented by international activity in nearly 100 countries.

Coldwell Banker Keenan & Molta Associates is the largest locally owned real estate company in Western Massachusetts, the second largest real estate company in the greater Springfield area, and the principal broker for Cendant Mobility. Six offices and approximately 80 sales associates provide comprehensive home selling, home buying, mortgage, and relocation services to the greater Springfield area.

Woronoco Bancorp Announces Adoption Of Dividend Policy & Declaration Of Dividend

The Board of Directors of Woronoco Bancorp, Inc. (AMEX: WRO) recently announced the adoption of a dividend policy and declaration of a cash dividend of \$.0425 per share to stockholders of record on September 27, 1999. Payment of the cash dividend will be made on October 12, 1999.

Woronoco Bancorp, Inc. acquired all of the outstanding capital stock of Woronoco Savings Bank upon its conversion from a Massachusetts-chartered mutual savings bank to a Massachusetts-chartered stock savings bank on March 19, 1999.

Woronoco Savings Bank is headquartered at 31 Court Street, Westfield. Woronoco Savings Bank provides a wide variety of traditional and non-traditional financial products and services through its 11 branch offices located throughout

Western Massachusetts.

For more information regarding the Bank's products and services, and for Woronoco Bancorp Inc. investor relations information, please visit our web site at www.woronoco.com.

Statements contained in this news release, which are not historical facts, are forward-looking statements that are defined in the Private Securities Litigation Reform Act of 1995. Such forward-looking statements are subject to risk and uncertainties, which could cause actual results to differ materially from those currently anticipated due to a number of factors, which include, but are not limited to, factors discussed in the documents filed by the Company with the Securities and Exchange Commission from time to time.



COMMON SENSE

with

Raymond Rose
THE PIONEER GROUP

CONTROLLING DEBT... Top 10 Things To Know

Here is an overview of the most important points of controlling debt:

1. Americans are loaded with credit card debt.

Each of us has got \$5,000 worth, and the average rate is about 18 percent. That's not quite as much as loansharks charge, but it's a drain and a trap that keeps too many people from saving.

2. Don't let debt break your back.

If you have more debt than you can manage, now is the time to get help. Before you consider drastic steps like bankruptcy, try the Consumer Credit Counseling Service, which is listed in your local yellow pages. For a small fee, you can get help negotiating a payment plan that will keep your creditors at bay.

3. Get a handle on your spending.

If you are like most people, you fritter away thousands of dollars without much thought to what you are doing. By making a budget, you can find out where the money goes — and start directing more of the wasted dollars to savings.

4. Dump the highest rates debts first.

The key to getting out of debt is to methodically pay down the bills with the highest interest rates first.

5. Don't fall into the minimum trap.

If you just pay the minimum on credit card bills, it will take you 20 years or more to pay them off. That means you'll pay more than five times the actual debt in interest. Ouch!

(To be continued next week...)

Raymond Rose is the Principal of THE PIONEER GROUP, a professional real estate firm that represents home buyers only. Comments/questions can be directed to his office (731-6800) or his e-mail (RayRose111@aol.com). Also, contact him via e-mail to receive his FREE online newsletter, THE PIONEER REPORT - Online.

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Class size is limited to the first 15 registrants. To register, fill out the registration form below, make check payable to Noble Hospital, P.O. Box 1634, Westfield, MA 01086-1634 Attn: Community Benefits. For additional information, call Noble Hospital's Health Beat at 413-568-2328

Tai Chi Registration Form

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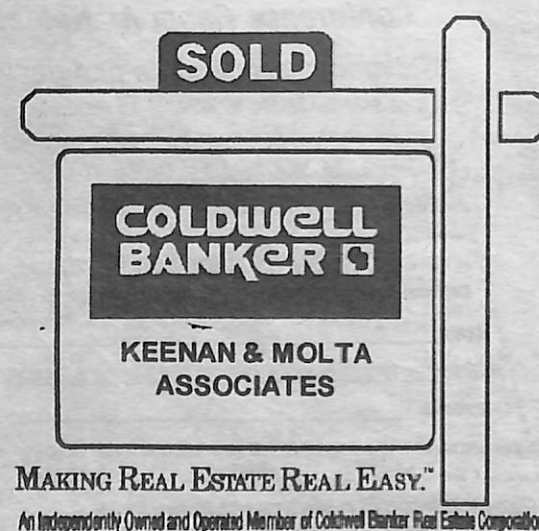
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Cabernet Savignon, Chardonnay, Merlot ... \$10.99

Beringer (750 ml.)

White Zinfandel \$4.49 / 2 For \$7.99

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Killian's Irish Red

12-Pk. Bottles

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Pale Ale, Trail Mix

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*Spotlight On Business - continued...***Ayre Real Estate Celebrates 5th Anniversary...**

AYRE REAL ESTATE CO., INC., thanked all its loyal customers and clients with a five-year anniversary party at The Carriage House at Storowton on September 9th. IN LEFT PHOTO: seated — Jim & April Mosher; standing — Alice & Fred Bliss, and Richard & Barbara Gingras. IN RIGHT PHOTO: seated — Louise Lombardi, Melanie Sapelli, Kathy Bryan, and Linda Ayre Hadden; standing — Blake Bryant and Lindsey Hadden. Advertiser News photos by Kathy Shepard.



THE FIFTH ANNIVERSARY PARTY FOR Ayre Real Estate Co. was a tremendous success. Gourmet food and cocktails were in abundance, as well as piano music by Richie Mitnick. It was a night to remember for the company and all its wonderful clients and customers. IN LEFT PHOTO: Sandy Normand, Anne DePalma, Kathy Ayre, Bridgette Storey, and Cindy Ayre. IN RIGHT PHOTO: Janet & Jim Hadden. Advertiser News photos by Kathy Shepard.

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Spotlight On Business - continued...**Legal
Memo**

by
Alan L. Ferrigno, Esq.
546 Springfield St., F.H.
(413) 786-9454

**TORT****Dog Bite - Child Not Trespasser**

Where a plaintiff child entered a defendant's yard to return a baseball bat belonging to the defendant's grandson, the plaintiff was not a trespasser and is entitled to recover for a dog bite inflicted on him. The defendant's appeal was denied.

A judge found that the defendant's yard was enclosed by a fence and there was a 'beware of dog' sign posted on the picket fence. The front gate was closed, but not locked. The plaintiff opened the gate and walked up to the front door,

which was open, and rang the doorbell, but no one answered.

The defendant's dog came running around the side of the house and bit the plaintiff on his face. The evidence is in dispute as to whether the defendant told the plaintiff that he must call first and get permission before coming into the yard and whether there were any 'no trespassing' signs posted at the time of this incident.

The plaintiff child testified that the defendant never told him not to come over unless he called first and got permission. The plaintiff also testified that there were not any 'no trespassing' signs, but only a 'beware of dog' sign. On the other hand, the defendant testified that he told the plaintiff to stay out of the yard and let them know when he was coming over.

The witness for the defendant testified that the defendant told him and the plaintiff to call first before coming over. The witness also testified that there were 'no trespassing' signs posted. Prior to this incident, the plaintiff had been to the defendant's home to visit his grandson on several occasions and never called to get permission before entering the yard. The defendant would have given the plaintiff permission to come onto his property if he had asked. The witness testified that he had been to the defendant's house more

than 30 times and never called before going over. He also testified that the defendant's grandson is a closer friend than the plaintiff.

The trial judge, as finder of fact, is the sole judge of the credibility of witnesses and may accept or reject the testimony of any witness, in whole or in part, after considering their conduct, demeanor, frankness, and the reasonableness of their testimony, along with the interest or motive in the outcome of the case. It is apparent that the judge, as the finder of fact, chose to believe the plaintiff instead of the defendant and his witness.

It has been held that entry upon another's close, or into his house, at usual and reasonable hours, and in a customary manner, for any and all the common purposes of life, cannot be regarded as a trespass.

The Court found that the trial judge's decision was not clearly erroneous. The Court held for all the above reasons the defendant's appeal is dismissed.

Attorney Alan L. Ferrigno maintains an office at 546 Springfield Street, Feeding Hills, Massachusetts. If you have a legal question, Attorney Ferrigno will attempt to address the same in this column. Please send any questions to the address listed above.

* * * * *

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Spotlight On Business - continued...

Timely Tips On How To Manage Your Finances

by Sue & Charlie Alvanos
Personal Financial Advisors
American Express
534-3883

Tips For Meeting Your Financial Goals On One Income (Part I)

If you've recently joined the growing ranks of single-income families, you've probably found that you need to adjust your standard of living. If you're looking for ideas to help you meet your financial goals on one income, here are some practical tips to consider:

Create a realistic budget. The good news is that by giving up your second income, you eliminate some of the expenses that go along with it. That's why it's important to consider the net loss when fine-tuning your new one-income budget.

Subtract the amount of your lost pay and then add back the cost of work-related clothing, transportation, day care, dry cleaning, etc. And don't forget about the tax savings. It's likely that your family's pay cut will result in a reduced tax bracket and a smaller obligation to Uncle Sam.

Once you create a budget, test it for a few months to make sure it's realistic and review it regularly to keep your expenses in line with your income and financial goals.

Find ways to cut expenses. By taking a hard look at what you spend on "extras," you may find some possible economies. Determine how often you eat in restaurants, treat yourself to a night on the town, or shop at the mall.

If the luxury of dual incomes has made you accustomed to the finer — and more expensive — things in life, it may be time to opt for some of life's more simple and affordable pleasures. For example, instead of taking your children out for a movie, a big bucket of homemade popcorn and a rental from the video store can result in an inexpensive evening of family fun.

Control your debt. If you haven't given up your second income yet, it may be a good time to rid yourself of any outstanding debt. You'll give your anticipated monthly income a boost by eliminating those payments.

Going forward, even though it may be tempting to buy what you need and pay for it over time, it may be financially savvy to avoid the temptation. By planning and prioritizing your wants and needs, you may find that you'll eliminate unnecessary purchases and focus on what you really need.

(To be concluded next week...)

— ADVERTISER NEWS —

Happy 16th Birthday, Laura



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Remodeling Paybacks...

Remodeling can make your home more valuable as well as more livable. Although the cash you spend on improvements seldom yields a dollar-for-dollar return when you sell your home, some projects return more of your investment than others.

To improve your chances of a good return, keep the value of your property within 15 to 20 percent

of others in your neighborhood. Buyers who can afford more will shop in more expensive neighborhoods.

Style your remodeling for mass appeal. Buyers prefer neutral, mainstream design. Play it safe with colors and materials; avoid wild colors, bold patterns, and kitchen schemes built around out-of-date hues. Consider local preferences, too.

Use quality construction by using materials that look good and wear well. If you plan to do the work yourself, honestly evaluate your ability to do it right. A poor do-it-yourself job costs money in the long run.

And finally, keep your remodeling compatible with the existing house. Additions and improvements that look "tacked on" may detract from the home's appeal. Choose materials and design elements that match or blend with what's already there.

For more home improvement tips, call Pam Savioli at (413) 748-7565.

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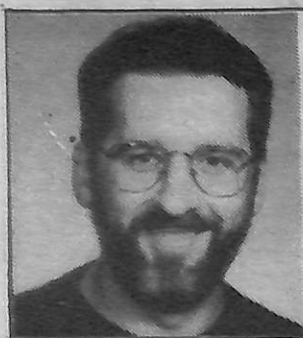
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"Let's Talk About It"

by Dan Pender
Marriage &
Family Therapist
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A Time Of Innocence & Trauma

I grew up on the streets of Brooklyn, New York. It was a time when our front door was never locked and kids played unsupervised outside all day. We played and created street games that entertained us non-stop and also kept us out of trouble.

I remember walking, biking, and taking the subway nearly everywhere. I crossed major traffic intersections to get back and forth to elementary school each day. But the best was when parents would catch us kids stirring up trouble in and around the house. They would tell us, "Go out and play between the yellow lines." This common euphemism captured the essence of those early years of my life - innocence and risk - side-by-side.

The yellow lines, of course, refer to the traffic lines separating two lanes of traffic. This was our playground for stick ball and other street games. Traffic constantly crossed the base paths painted on the asphalt. We'd yell out, "carrrr," only when it really mattered, otherwise the game went on! And so did life.

It was twilight as I chased after my friend, Craig, during a game of 'round-up.' He ran out between two parked cars. I followed. He didn't stay close enough to the parked cars as he ran out into the street. I watched in horror as a speeding car flung his four-foot, barely 90-pound frame, down the street some 25 feet in the air. This was my first friend that ever died. I was 10 years-old.

Trauma changed our innocent lives. We all grew up at the speed of the streets, much too fast.

Many of us know trauma much too personally. The sudden death of a friend, family violence, sexual abuse by a stranger or relative, the devastation of hurricane winds and water, and the recent killing of our youth gathered in prayer at a Fort Worth, Texas church service.

The Brooklyn streets kids, when it came to not getting what they wanted, had a magical saying, "do-over!"

As children, we were able to call for a 'do-over' and undo a third strike because the sun was in our eyes. We made the rules up as we went along and do-overs were an accepted thing. We tragically learned, however, we couldn't do-over the trauma of our buddy's death.

A client of mine shared a statement a friend of hers made that goes something like, "All the counseling I've done don't change my childhood!" We can't do-it-over! Life is changed by trauma. Innocence can be lost. How we face our past and today's challenges will significantly impact how we will or will not be able to really live in the present and into our future.

Talking about what needs healing can be very helpful. Sharing your story can support another person's journey. What are some of your stories? If shared with me, I will keep your name anonymous, so please use my NEW e-mail address: AOL screen name: dpmft449 or continue to write or call me with your feedback, relationship questions, and topics and "Let's Talk about it."

Dan Pender, MA, MFT, is a Marriage & Family Therapist with a private practice in Agawam, MA. He is Clinical member of the American Association of Marriage & Family Therapy and can be reached by e-mail (AOL screen name: dpmft449) or P.O. Box 449, Agawam, MA 01001, (413) 789-4460.

Tai Chi Classes To Be Held At Noble Hospital In Westfield

Tai Chi Classes With Master Instructor Baiqing Li: Series of 10 classes (beginner level). Beginning October 5th and continuing October 12th, 26th, November 2nd, 9th, 23rd, 30th, December 7th, 14th, and 21st. From 7:30 to 8:30 p.m. in Conference Room A at Noble Hospital, 115 West Silver Street, Westfield.

Advance registration and payment required. Cost is \$90 for 10 classes. Class size is limited to the first 15 registrants.

To register, complete a registration form and make check payable to Noble Hospital, P.O. Box 1634, Westfield, MA 01086-1634, Attn: Community Benefits.

For additional information, call Noble Hospital's Health Beat at (413) 568-2328.



Food for Thought

by Nancy Dell
Registered Dietician

Coping With The Discomforts Of Pregnancy

Pregnancy brings joy to the hearts of the parents-to-be. But mothers-to-be can be quite uncomfortable. Fortunately, eating the right foods can minimize the discomfort and make the nine-month baby-building a little easier.

Morning sickness. Queasy when you wake up, or later in the day? That's common in early pregnancy as hormone levels change. To keep your stomach "settled"...

- Reach for easy-to-digest foods: crackers, cereal, rice, pasta, vegetables, or fruit. Skip fried and other fatty foods.

- Avoid foods with strong aromas or flavors if they bother you.

- Keep crackers by your bed. Eat them before you get up to "jump start" your digestive process.

- Snack and drink beverages between meals to avoid nausea prompted by an empty stomach.

- Enjoy a bedtime snack, maybe nonfat yogurt with a fig bar, or cereal with milk.

Constipation. As muscles around your expanding uterus relax, digestion may slow, causing constipation. To keep your digestive tract

moving...

- Drink plenty of fluids, at least eight to 12 cups daily.

- Eat plenty of fiber-rich foods: whole-grain products (at least three whole-grain servings daily) ... and fruit with edible peels and vegetables (at least five servings daily). Cooked dry beans and bran are good fiber sources, too!

- Benefit from natural laxatives in fruit, especially prunes and figs.

- Keep active with safe levels of exercise, such as a daily walk.

Swelling. As your blood supply increases, your legs, feet, and arms may swell. If you experience moderate swelling...

- Drink plenty of fluids - in spite of any swelling. Avoid diuretics unless your doctor prescribes them.

- Get off your feet to improve circulation. In fact, elevate them for a while. And wear loose-fitting shoes and clothes.

Heartburn. During the last trimester, your baby will put more pressure on your stomach and intestines. That may cause heartburn. For relief...

- Adjust your meal pattern. Eat several mini-meals, so you eat less at one time.

- Go easy on caffeinated beverages and fatty or spicy foods, which may cause discomfort.

- Get moving after you eat. A moderate walk after a meal can help digestion.

For a healthful eating plan for your pregnancy, talk to your doctor, registered dietitian, or other healthcare provider. Discuss any discomforts, too; they can signal more serious problems.

Nancy Dell, MS, is a registered dietitian in private practice in Feeding Hills and the media representative for the Massachusetts Dietetic Association. She can be reached at 850 Springfield St., Suite 4, Feeding Hills, MA 01030; (413) 786-2957. Accepting Tufts, Secure Horizons, and Harvard Pilgrim.

Free Foot Screenings For Diabetics At Mercy Hospital On Wed., October 6th

Mercy Hospital will conduct free foot screenings for diabetics Wednesday, October 6th, 8:00 a.m.-12:00 noon in the hospital's Deliso Conference Center, 299 Carew St.

Podiatrists will identify a variety of foot problems, including ingrown nails, athlete's foot, ulcerations, and infections. No treatment will be provided at the screenings; however, information on proper foot care and a blood pressure check will be offered.

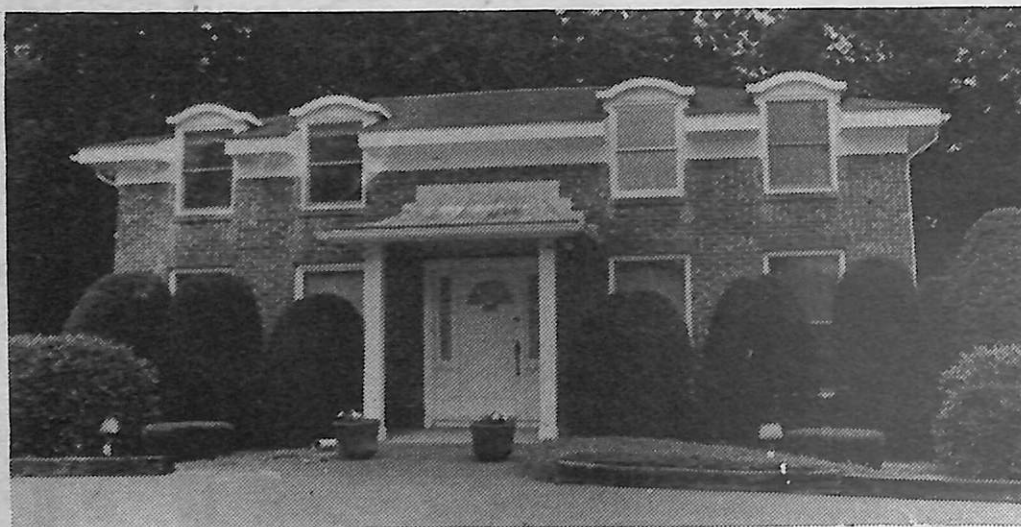
Participants must have a confirmed diagnosis

of diabetes and be on medication for the condition; socks and shoes that are easily removed should be worn to the screening.

"Diabetics are particularly susceptible to significant foot problems," according to James H. Couriotes, II, D.P.M., physician coordinator of Mercy Hospital's screening. "A problem which may be minor in a non-diabetic person can be limb- or life-threatening for a diabetic."

Appointments are required; call (413) 748-9044 weekdays, 10:00 a.m.-12:00 noon or 2:00-4:00 p.m.

Drs. Joseph M. & Katherine S. Schlaffer



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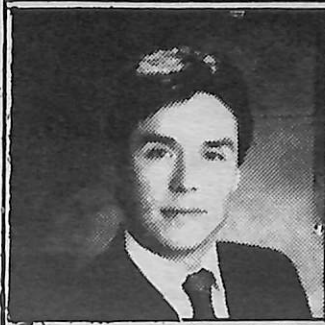
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by Dr. Joseph
S. Schlaffer
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Treating Whiplash With Chiropractic Care...

What is whiplash?

Whiplash is most commonly associated with rear-end car collisions in which the heads of those in the front car are suddenly snapped back and forth by the impact.

It is more accurately called cervical acceleration/deceleration (CAD) trauma or syndrome, which describes the rapid movements that can injure the vertebrae of the neck and the muscles and ligaments that support them.

Who suffers from whiplash?

Anyone can be subjected to whiplash, even in a low-force car crash at speeds as low as 5 mph. But injuries associated with whiplash can also result from other mishaps in which the head is pushed or jerked beyond its normal range of motion.

Whiplash most commonly causes serious and lingering neck pain, but there may also be *back pain, headaches, and dizziness*. Inasmuch as bruising of the brain can sometimes occur in auto accidents and similarly severe causes of whiplash, some victims have experienced blurred vision, ringing in the ears, nausea, and numbness.

What can chiropractic do?

The sudden accident that caused the whiplash in the first place may fade into memory, but the physical and psychological damage of whiplash can become chronic, eroding a victim's quality of life.

Chiropractic techniques and chiropractors' skills are particularly well-suited to relieving the neck pain and other debilitating effects of whiplash because they can:

- restore movement lost after the accident;
- overcome muscle weakness and enhance muscle tone;
- speed recovery; and...
- diminish chronic symptoms that can persist or recur over many years.

Repeated and effective chiropractic adjustments have proved successful for many thousands of patients. Chiropractic can, in many cases, significantly reduce patients' distress and allow them to return to their normal activities rather than seeing themselves as invalids — as so many whiplash victims do long after their accident.

If you suffer with the symptoms associated with whiplash, call the SCHLAFFER CHIROPRACTIC OFFICE at 789-1369 or 789-1073. We are here to help.

the exercise.

I discuss the benefits of exercise all the time. If you don't use the mobility you have, you will lose more. There are all sorts of options.

Start with what you can do. Sitting in a chair and moving your arm in a big circle forward, is keeping your range of motion intact. Range of motion in all joints is crucial.

From your wrists to your ankles, may circles. Then you can walk. Walk around the house. Do one flight of stairs every day. Take some nice deep breaths and walk around in the yard every day.

Stay comfortable at first. Once you have the habit down, once a week do something a little more challenging. What you do is completely up to you. It depends on what you're comfortable with and what you want out of this.

Some people just want to be able to get their groceries put away by themselves. Others want to work up to joining in on some classes. Do what you want, but doing something is the key. No one wants to "feel old," so it's up to you to fight it.

We choose our battles; this one sounds like a good battle to get busy with. I've learned a lot from our crew. I know I don't ever want to be called a mature adult — immature is much, much more fun.

Best local news...



Chiropractic Care

by
Dr. Tami Nelson
Chiropractic
Physician
Hampden County
Chiropractic
850 Springfield St.
Feeding Hills
786-4820

Dealing With Symptoms Of PMS...

Many women suffer from symptoms of premenstrual syndrome (PMS) at the end of a monthly cycle and are frequently relieved when the next menstrual cycle begins. Some problems include cramping, bloating, mood changes, and breast tenderness.

These symptoms vary from woman to woman. This can be very frustrating for not only the woman, but the other people living in the same household (or workplace!).

Some dietary changes that may be helpful:

- 1) AVOID SUGAR. Women who eat more sugary foods appear to have an increased risk of PMS.
- 2) AVOID ALCOHOL. Alcohol can affect hormone metabolism.
- 3) AVOID CAFFEINE. The more coffee women drink, the higher their risk.
- 4) Decrease fat in the diet and increase fiber. Several studies suggest this may help reduce symptoms. Keep a diet low in meat and dairy fat and high in fruit, vegetables, and whole grains.

Lifestyle changes that may be helpful:

- 1) Jogging (less than two miles a day) was reported to lower breast tenderness, fluid retention, depression, and stress in a group of women with PMS.

- 2) Physical exercise in any form can help decrease symptoms.

Nutrients that may be helpful:

- 1) Vitamin B6.
- 2) B complex vitamins.
- 3) Evening primrose oil.
- 4) Magnesium.
- 5) Calcium.
- 6) Vitamin A.
- 7) Multiple vitamin/mineral supplement.

A relatively high incidence of spinal dysfunction exists in PMS sufferers compared with non-PMS sufferers. Chiropractic manipulative therapy may offer an alternative therapeutic approach for PMS sufferers.

If you suffer with PMS problems, start decreasing the problems by altering your diet, exercise, supplement with vitamins and minerals, and get chiropractic care.

Dr. Nelson maintains an office at Hampden County Chiropractic, 850 Springfield Street, Feeding Hills, 786-4820.



Fitness Tips...

by
Carmela Kirk, R.N.
Fitness Director
Fitness First

The Mature Adult...

We call them the "Young at Heart." That is, our population of members that is over 65ish.

Believe it or not, we have the most knowledgeable, inquisitive, and healthy group I've ever seen. They swim, they use all the machines, they take all different exercise classes ... It is amazing.

I bring this up because many people stay home and feel they can't do things because they are "too old." Way wrong!!!

Our crew has arthritis, they have bursitis, they have heart disease, they have cancer, they have bad knees and bad backs. Some are overweight, some are underweight.

My point is they are similar to the people at home feeling old. If they weren't here, they'd be home feeling old, too. The difference is, they come in, they move around, they laugh and enjoy



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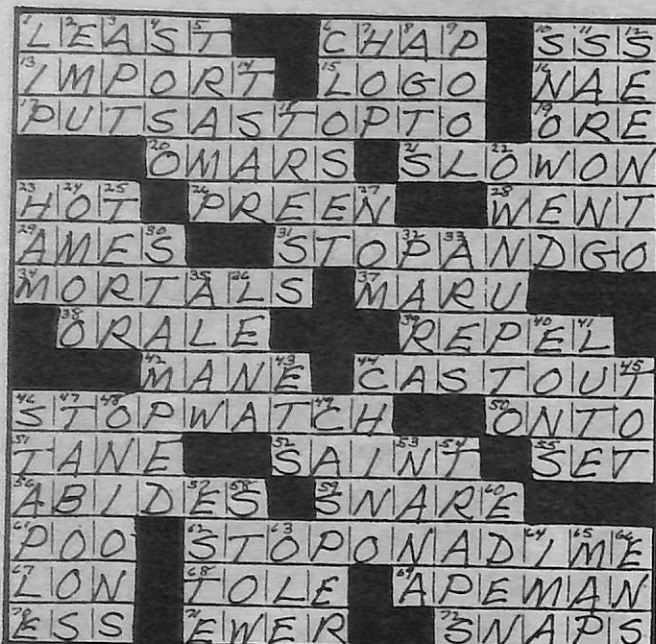
Call 789-9044

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Arts

Last Week's Solution...



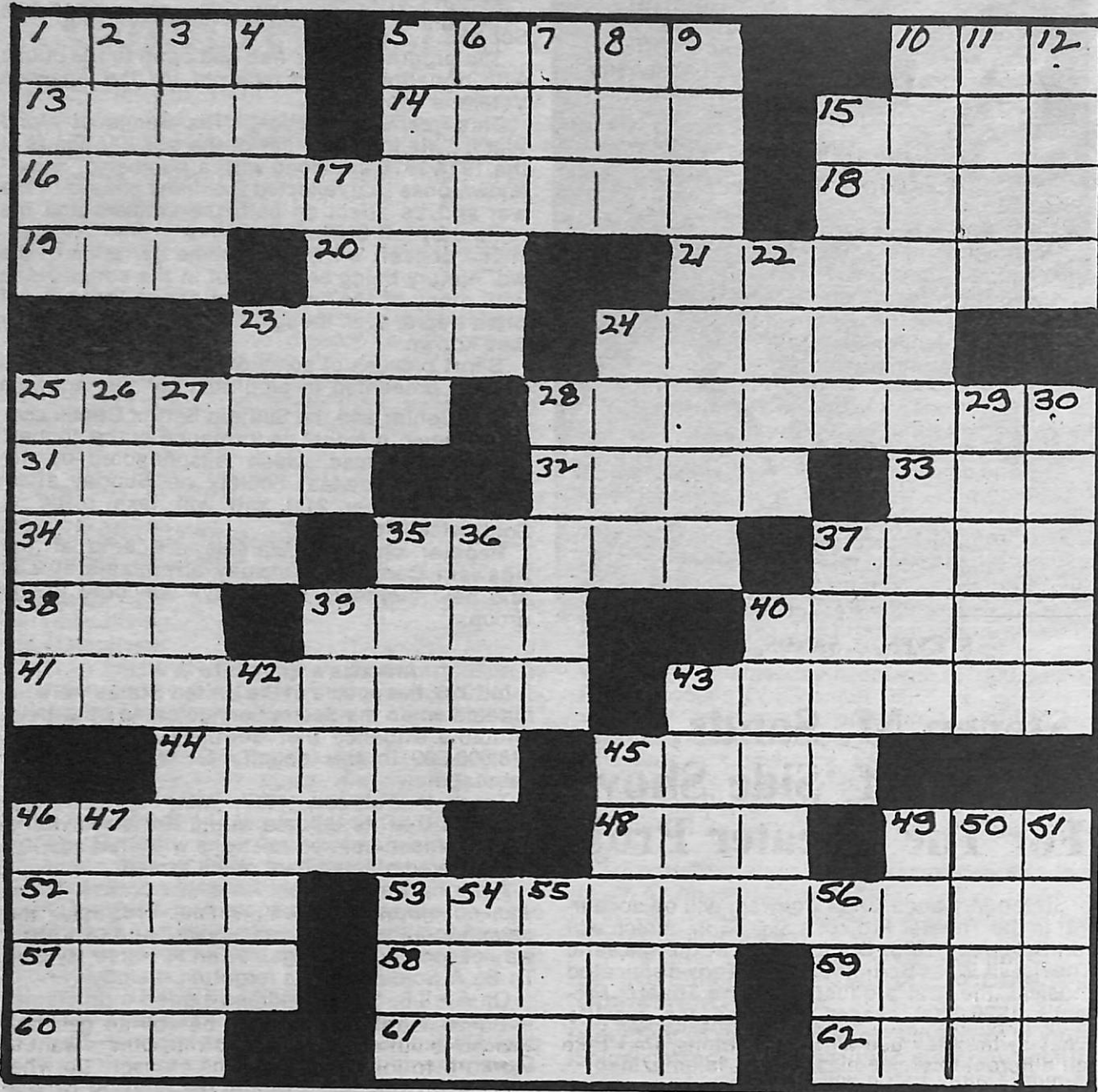
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- 31 "— want to set the world..."
- 32 "In — straits"
- 33 Anzio lander
- 34 Bastes
- 35 Furnishes chow
- 37 Canadian province (abbr.)
- 38 Golfer Ernie
- 39 Seasoner
- 40 Showed displeasure
- 41 Lets go of
- 43 Rectors' abodes
- 44 Make a speech
- 45 Achy
- 46 Wanted poster offering
- 48 Young lad
- 49 Atlas feature
- 52 Rara —
- 53 Caw
- 57 Descartes
- 58 Soap plant
- 59 French pal
- 60 Work unit
- 61 Abated
- 62 Hari of spydom

DOWN

- 1 Jason's craft
- 2 Crazy bird
- 3 Ransack
- 4 Morning hours
- 5 Hangups
- 6 Shun
- 7 Siamese area measurement
- 8 Curved letter
- 9 People on the move (slang)
- 10 Meows
- 11 Sheltered side at sea
- 12 HST's boss
- 15 V.I.P.'s
- 17 Turn inside out
- 22 Employ
- 23 Farm layers
- 24 Truly eager
- 25 Staircase part
- 26 Femme Astaire
- 27 Moo
- 28 Playwright Clifford
- 29 Ms. Lauder
- 30 Dutch towns
- 35 A must for a gun-fighter
- 36 Robert of the C.S.A.
- 37 Top flight
- 39 European industrial region
- 40 Poets of yore
- 42 Expunge
- 43 — and groaned
- 45 Upright stone monument
- 46 Like hen's teeth
- 47 Eternally
- 49 "I Remember —"
- 50 Landed
- 51 Type of bargain
- 54 M.D.'s org.
- 55 Actor Max — Sydown
- 56 Machine part

Meet The Master - by Dick Mastroianni...



The Red Door Theatre To Present Premiere Presentation Of "4-Ever Friends"

The Red Door Theatre will open this fall with a premiere presentation of "4-Ever Friends," a musical journey of five women written and compiled by Marilene Allen of Agawam.

Friends since childhood, the five adults reunite to share their moments of laughter and tears through song, dance, and dialogue. The past is brought into focus through the voices and movement of several young people, many of them veterans of STAGE's Children's Theatre.

The play runs October 8th and 9th at 7:30 p.m. and October 10th at 2:00 p.m. at The Red Door Theatre, 152 South Westfield St. in Feeding Hills, MA.

In addition to this new production, audience members will be treated to a new theatre environment as The Red Door completes Phase 3 of its \$25,000 renovation project. With Phase 1 and 2 finished, which included new heating and cooling systems and exterior painting and landscaping, co-producers Lyle Pearsons and Margie Secora have announced that the theatre proper is complete.

With the walls freshly painted a forest green, bathrooms remodeled, floor refinished, and the addition of 110 soft cushioned chairs and stepped-risers, the theatre is a showcase worthy of its award as one of the best places to see live theatre by the *Springfield Advocate* Reader's Poll.

The Valley Community Church has given The Red Door Theatre a strong show of support by granting them a long-term lease, which has given Pearsons and Secora incentive to continue their 10-year tradition of presenting quality, family-oriented live theatre.

To make the theatre-going experience even more inviting, The Red Door will present "4-Ever Friends" cabaret-style. That is where the audience is seated at intimate, candle-lit tables and may either bring their own basket of goodies or enjoy the refreshments sold at the theatre.

Reservations are strongly suggested and may be made by calling (413) 789-2026. Tickets are \$7 for adults, and \$5 for seniors and children under 12.

The Syrinx Ensemble In Performance At Ag. Middle School

The Syrinx Ensemble will give a free concert of music by composers from New England and Latin America at the Agawam Middle School on Friday, October 1st, at 7:30 p.m.

The Syrinx Ensemble was formed in 1991 and since then it has been active playing chamber music from the Renaissance to the 20th century, focusing on art music by Latin American composers and promoting music by New England composers.

The group includes oboe, bassoon, violin, viola, and cello. The two founding members of the group, Catalina Arrubla (oboe) and Camilo Rojas (bassoon), are originally from Latin America.

This program is free and open to the public, and is being presented by the Agawam Cultural Council with funding provided by the Massachusetts Cultural Council.

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Best local news with us — AAN!!!

"Meet The Master," by Dick Mastroianni, is a regular feature of The AAN and is just one more reason why you turn our pages each and every week...



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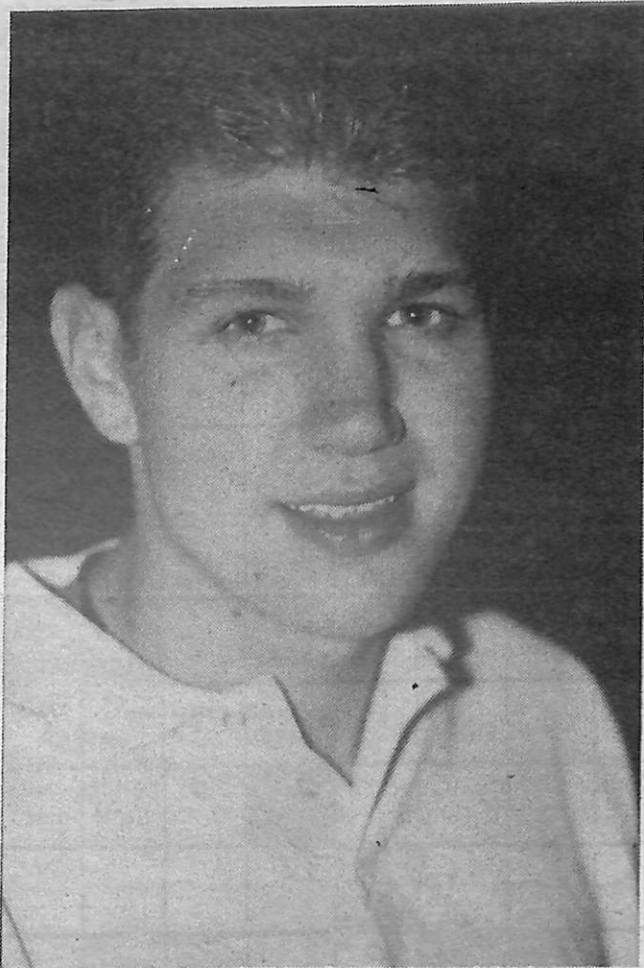
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Invited participants: Nurses, Occupational Health Nurses, Respiratory Care Nurses, Rehabilitation Nurses, Critical and Emergency Room Nurses, Dental Hygienists, Safety Officers

Contact hours applied for in COHN, CCM, and AARC
CALL 413 786-8157 FOR MORE INFORMATION



STEVEN M. SANDS, JR.

Steven M. Sands, Jr. Is Part Of 'Side Show' For The Theater Proj.

Steven M. Sands, Jr. of Agawam will be appearing in the Theater Project's *Side Show*, which will run September 23rd-October 23rd at the Majestic Theater in West Springfield. The Tony-nominated musical, the first production of the Theater Project's 1999-2000 season, features the real-life story of vaudeville entertainers Daisy and Violet Hilton, who were Siamese twins. Theater Project founder Danny Eaton will direct.

Sands has been cast as Buddy, Violet's fiancé. This is his second appearance in a Theater Project production, having sung and danced in *Leader of the Pack: The Ellie Greenwich Story* this past spring. Sands has also appeared in several local plays, including *A Christmas Carol*, *The Sound of Music*, *Once Upon a Mattress*, *Little Women*, *Fantasticks*, *Bye Bye Birdie*, and *Carnival*. He has also studied voice and dance, and has entertained at Riverside Park for the past three years.

Eaton, who is Theater Production Manager at Williston-Northampton School, re-opened the long-dormant Majestic Theater in West Springfield in March 1997. It has since become the permanent performance site for the Theater Project, which staged CTA Festival Award-winning productions in 1992, 1993, 1994, and 1995.

Side Show is the first presentation of the Theater Project's third full season, following triumphant productions that include *Buddy: The Buddy Holly Story*, *Leader of the Pack*, *Blood Brothers*, *Anne Frank*, and *A Few Good Men*.

Performances for *Side Show* will be Thursday at 7:30 p.m., Friday and Saturday at 8:00 p.m., and Sunday afternoons at 2:00 p.m. Tickets range in price from \$13 to \$22 depending on the date and time of performance, and are available by visiting or calling the box office at (413) 747-7797 during its operational hours of Saturday (10 a.m.-1:00 p.m.), Tuesday/Thursday/Friday (2:00-5:00 p.m.), and Wednesday (4:00-8:00 p.m.).

Few Openings Still Left For STAGE's "Frankenstein"

STAGE's first musical theatre presentation, "Frankenstein," has only a few openings left for young people, ages eight through 15, who enjoy singing, dancing, and acting.

Registration for this original musical, written by Lyle Pearsons and loosely based on the classic novel "Frankenstein," will be open until Monday, September 27th.

The afterschool drama camp runs Tuesday and Wednesday from 3:30-5:30 at The Red Door Theatre in Feeding Hills.

Show dates are November 5th, 6th, and 7th. For more information or to obtain an application form, please call the theatre at (413) 789-2026. Enrollment is \$200 and limited.

Memory Lane Chorus And Melody Band Gearing Up For WWI Production

The Agawam Memory Lane Chorus and Melody Band from the Senior Center have resumed their regular rehearsals in preparation for an upcoming concert on November 10th at the Agawam Middle School.

The program will be free and open to the public with donations being received for the Agawam Veterans' Honor Roll.

This year's production, "The Songs of World War I," will include many of the popular songs of the 1914-1918 era along with a number of lesser-known ones that reflected the many phases of the war and its effect on both the soldiers and the folks they left behind.

The concert will include some narration of the war history being brought out in the songs along with many of the "verses" of songs that are not often heard, even though the song itself was very well known.

Short previews of some of the concert material will be presented in programs for the Agawam Senior Center and the Suffield Senior Center during October. A repeat performance of the concert is also scheduled, which is sponsored by the Southwick Historical Society on Sunday afternoon, November 21st and will take place at Southwick High School.

Regular chorus rehearsals are held at the Agawam Center on Tuesday afternoons at 2:30 and new members are always welcome to the group.

America's Entry Into WWI...

In 1916, the people of the United States were infuriated when the Secret Service came up with irrefutable evidence that Germany was spending \$28,000,000 in this country for espionage and sabotage.

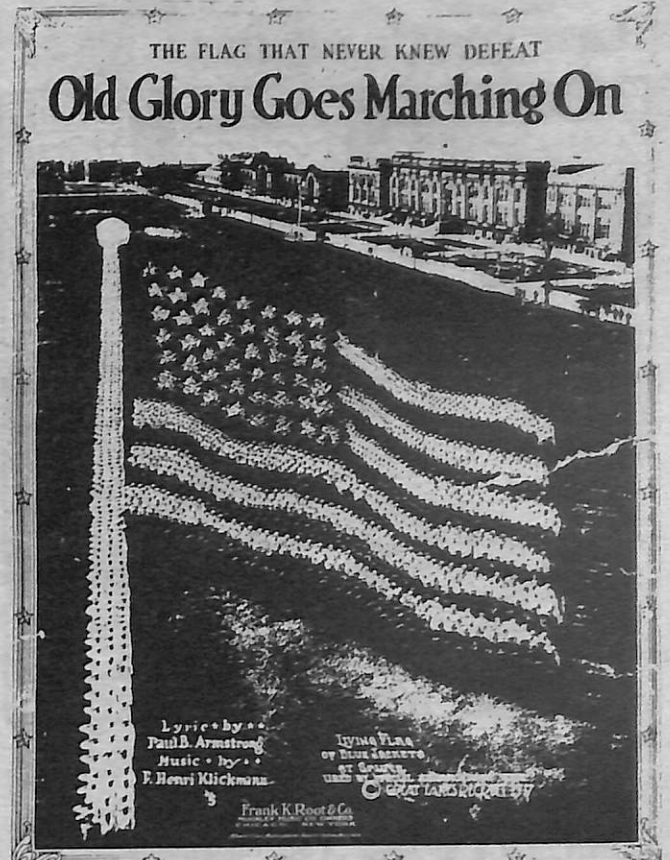
Then, in February 1917, after Germany announced that its U-boats would fire on anything afloat, Wilson severed relations with that country and ordered all merchant ships armed.

America was hell-bent on a war course. There was no stopping it now. Almost overnight, the people lost their happy, easygoing, and confident way of looking at things. "I Didn't Raise My Boy To Be A Soldier" was a forgotten melody.

On April 6, 1917, Congress signed a proclamation that stated, "A state of war exists between the United States and the Imperial German Government."

Hard on the heels of the declaration of war came George M. Cohan's "Over There." It was a specific song written for a specific war. And it was to the strains of "Over There," "Goodbye Broadway, Hello France," "Pack Up Your Troubles In Your Old Kit Bag," "K-K-K-Katy," and "Smiles" that the Yanks took off to do battle.

The first American troops, under the command of General John J. Pershing, arrived in England in June of 1917, and in France in July. Late in October, the government announced that the train-



"OLD GLORY GOES MARCHING ON" was just one of many patriotic songs that were written during the World War I era.

ing of the early contingents had been completed on French soil, and that the "doughboys" were on their way to the battlefronts. They first occupied positions near the Marne River where, on November 3rd, the first Americans were killed in a surprise night attack.

But long before the casualty list was flashed coast-to-coast, the people on the homefront knew they were engaged in a fight to the finish. They had already banded together and, as the fastest and greatest war production country in the world, were turning out uniforms, rifles, cannons, ammunition, airplanes, battleships, destroyers, cruisers, tanks, grenades, bayonets, and anything and everything in the weapons or machinery that could help defeat the Hun.

America was also giving its all to allay the food shortages in the allied countries. From the offices of Food Administrator Herbert Hoover came such slogans as "Food Will Win The War," "Use All Leftovers," "Serve Just Enough," and "Eat Less, Give More." The tighten-your-belt campaign brought about wheatless Mondays and Wednesdays, meatless Tuesdays and Fridays, and porkless Thursdays and Saturdays.

Our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, etc., that can be brought in on Mondays. Thank you for your cooperation in this matter...

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Education

Agawam High's Guidance Bulletin

COLLEGE REPRESENTATIVES: If you would like to meet with any of the following college representatives, you should sign up at least a day in advance in the Guidance Office.

September 28th: Bay Path College, 8:00; Mt. Holyoke College, 9:30; Holyoke Community College, 10:00.

September 29th: Mass. College of Liberal Arts, 8:00; Sacred Heart University, 9:00.

September 30th: St. Anselm College, 8:30; Boston University, 9:00; Wagner College, 10:30; Bentley College, 12:00.

October 5th: Westfield State College, 8:00; Fitchburg State College, 9:00.

October 6th: UMass Dartmouth, 8:00.

October 7th: Wheelock College, 8:00; New England College, 1:00.

SCHOLARSHIPS: See your counselor for more information or an application.

Boston University College of Engineering Scholarship Examination Competition: The examination will be held on Sunday, November 14, 1999 in Boston. Full-time scholarships to Boston University will be offered to at least six of the top scorers nationwide whose high school records demonstrate high achievement and who are accepted for admission to one of the University's degree-granting undergraduate schools and colleges. Deadline to register: November 1, 1999.

Rensselaer Polytechnic Institute: Is sponsoring an essay contest for students who plan to enroll in the Ecological Economics, Values and Policy major at R.P.I. Deadline: February 1, 2000.

Loyola College (Maryland): Presidential Scholarships.

Coca-Cola Scholarships: A total of 250 merit-based scholarships will be awarded nationwide to well-rounded students with highly developed interests in their communities. They balance many extracurricular activities with strong academic performances. Merit is demonstrated through leadership in school, community and civic activities, academic achievement, and motivation to succeed in all endeavors. Deadline: October 31, 1999.

The Society of Automotive Engineers Y2000 Engineering Scholarships: Open to high school seniors who intend to earn a degree in engineering or related science. Applicants must have a minimum 3.5 cumulative grade point average and meet minimum requirements with regard to the SAT or ACT. Deadline: December 1, 1999.

National Achievement Scholarship program for Outstanding Negro Students: Open to African-American students who achieved qualifying scores on the PSAT. See your counselor for information on this program.

Air Force ROTC Scholarships: To qualify, a student must have a 2.5 or higher cumulative grade point average, be in the top 40 percent of his/her class, be a U.S. citizen, and have minimum SAT scores of 1,100.

The following colleges are offering scholarships: Skidmore College, Filene Music Scholarships; Brandeis University, Academic Scholarship Program.

OPEN HOUSES: The following colleges are hosting Open Houses for interested students and their parents. See your counselor for more information.

University of Pittsburgh: October 16th, October 23rd, November 20th, and December 4th.

Catawba College: September 25th.

University of Maine: October 18th, November 11th, and February 21st.

University of Connecticut: September 26th.

Saint Michael's College: Saturday, October 2nd; Monday, October 11th; Saturday, October 16th, and Saturday, October 23rd.

Lesley College: Saturday, October 2nd, or Sunday, November 14th.

University of Pennsylvania: Sunday, September 26th, at the Rivers School, Weston, MA.

Trinity College: Preview Weekend — a visitation program for students of color, November 6-8, 1999.

Loyola College: October 9th, October 30th, November 6th, and November 13th.

Wellesley College: Fall Open Campus for students of color — Thursday, October 14th, and Friday, October 15th.

Brandeis University: Saturday, October 16th, and Monday, October 11th and October 25th.

Manhattan College: October 24th.

National Portfolio Day for students interested in an art major. Over 40 art colleges will be represented. Bring your portfolio and have it critiqued. November 20th at the Fashion Institute of Technology, New York.

COLLEGE FAIR: Many public and private colleges will be represented at Western New England College on September 29th from 7:00 to 9:00 p.m.

School Superintendent Announces Comprehensive Goals & Objectives

Superintendent of Schools Dr. Frank A. Ameruso has released a comprehensive goals and objectives approach for his new term of office beginning 1999.

A. DISTRICT GOALS

I. Superintendent's Goal:

To assist the Agawam School Committee in achieving the mission of the Agawam Public Schools.

II. Objectives:

1. To provide the appropriate leadership and support necessary to develop a district-wide School Improvement Plan.

2. To assist the School Committee in achieving the district goals identified in the School Improvement Plan as defined by the School Committee Goals & Objectives.

3. To provide the School Committee with the necessary information to determine priorities prior to budget preparation for FY 2001.

B. CURRICULUM/INSTRUCTION

I. Superintendent's Goals:

To open more educational opportunities to all students and guarantee the delivery of the Framework-based curriculum.

II. Objectives:

1. To fully implement the written curriculum by overseeing the development of a measurable instrument to guarantee the delivery of the "taught" curriculum.

2. To personally observe the process of the taught curriculum by regular weekly visitation of classrooms in each school building.

3. Re-institute the Superintendent's Student Advisory Council in order to establish a direct linkage with the High School student body through its representatives.

4. To review and recommend program changes that are in keeping with equal educational opportunity for students and which support individual student needs.

C. INSTRUCTIONAL LEADERSHIP

I. Superintendent's Goal:

To develop more effective schools through the enhancement and support of site based management at the building level, and team management in the central office.

II. Objectives:

To provide leadership and professional development opportunities for central office administration and principals to develop their instructional leadership skills. The Superintendent will:

- Continue his program of professional development in which he has earned over 120 professional development points in three years and participate in AASA, MASS, MASC, and Massachusetts Department of Education sponsored workshops and seminars.
- Strongly encourage principals' participation in RBT (Research for Better Teaching) conducted

by Ken Chapman.

- Require annual goals and objectives for all administrative personnel

- Require principals to maintain "portfolios" of specific administrative functions as identified by the Superintendent.

- Support principals' participation in staff development activities with their teachers.

- Meet regularly with the Deputy Superintendent and Assistant Superintendent to assess needs and develop strategies.

- Hold bi-monthly administrative staff meetings to ensure district-wide communication.

D. PUBLIC RELATIONS

I. Superintendent's Goal:

To project a positive school district image and to communicate school district initiatives to the school community.

II. Objectives:

1. To use the public media to advantage to promote a positive school district image.

2. To initiate a monthly television program wherein the Superintendent will host a variety of guests to discuss school district programs, activities, and issues. The program will be called the **Superintendent's TV Corner** and will be aired weekly on Wednesday evenings at 7:00 p.m. on Public Access TV (Channel 15).

3. To develop a "brochure" profiling the Agawam Public Schools for distribution to the Chamber of Commerce, local real estate agencies, and to the general public.

4. To develop an Internet Web Site that features all the dimensions of our operational school district.

5. To participate in school/community events as much as reasonably possible.

6. To speak to school and civic groups whenever possible.

7. To meet with School Councils and PTO's.

E. SUPERINTENDENT/SCHOOL COMMITTEE COMMUNICATIONS:

I. Superintendent's Goal:

To establish mechanisms to ensure effective communication with the Agawam School Committee.

II. Objectives:

1. To develop a variety of means of communication, i.e. E-mail, memorandums, telephone calls, weekly mailings, etc. that will allow a flow of information to the School Committee.

2. Develop occasional written reports on specific operations areas, i.e. Instructional Support Teams, classroom visitation observations, facility inspections, etc.

3. Semi-annual update of Superintendent's Goals/Objectives (February/June).

4. Annual "State of the Schools" Report (February - will include Superintendent's Goals/Objectives).

AHS Guidance Department To Mail Info. Packets

Attention parents/guardians of seniors at Agawam High:

In order to facilitate your son's/daughter's graduation and his/her future plans after high school, the Guidance Department will be mailing to you an informational packet the week of October 4, 1999.

This packet will contain the following material:

- * Credit Status Form for Graduation.
- * Unofficial "traveling" transcript.
- * College Application Process Statement.
- * Senior Time Table.

We are confident that this mailing will help your son/daughter to have a successful and productive senior year.

If the material does not arrive during that week, please give Frank Meagher, Guidance Coordinator, a call at 821-0525.

Agawam Junior High PTO To Meet

The Agawam Junior High School PTO will hold its first meeting of the 1999-2000 school year on Monday, September 27th, at 7:30 p.m. in the cafeteria.

All interested parents and teachers are invited to attend.

Subsequent meetings will be held on the last Monday of the month.

Agawam Schools' Weekly Lunch Menu

Monday, September 27th: Cheese-topped pizza wedge, tossed garden salad with spinach greens and creamy Italian dressing, chilled pears in syrup, milk.

Tuesday, September 28th: Oven-baked chicken nuggets, potato wedges, bread and butter, seasoned carrots, chocolate pudding with topping, milk.

Wednesday, September 29th: Steamed frankfurt in roll, Boston baked beans, seasoned green beans, orange blossom cake with orange icing or fruit cup, milk.

Thursday, September 30th: School-made meatballs in tomato sauce, buttered macaroni, seasoned niblet corn, Italian bread and butter, pear macaroon, milk.

Friday, October 1st: Grilled cheese sandwich, pickle chips, oven french fries with catsup, tossed garden salad with Italian dressing, strawberry Jello with topping, milk.

ADVERTISER NEWS

“Counseling Fair” To Be Held At WNEC

Current high school juniors and seniors and their families will have an opportunity to meet with representatives of over 200 colleges, universities, and technical institutes at the New England Association for College Admission Counseling Fair.

It will be held in the Alumni Healthful Living Center on the campus of Western New England College from 7:00 to 9:00 p.m. on Wednesday, September 29th. The fair is free and open to the public. Colleges from Canada and as far away as Colorado will be represented. Last year, the fair drew over 1,250 attendees.

Western New England College, founded in 1919, is a private, independent, coeducational institution with nearly 2,000 full-time undergraduate students located on an attractive 215-acre suburban campus in Springfield.

Undergraduate and graduate programs are offered through the College's Schools of Arts and Sciences, Business, Engineering, and Law.

Robinson School Seeks General Mills Box Tops

For Robinson Park School, please save all General Mills Box Tops for Education (not the Betty Crocker Catalogue Points).

They can be found on the following items: Beef Sloppy Joe's, Fruit Snacks, Lloyd's Barbecue Sauce, Shredded Chicken Pork, Yogurt.

Send in with children, grandchildren, or your neighbor's children. Your support is greatly appreciated.

For more information, call Margaret at 786-2651.

From AHS's Guidance Office...

Please Be Aware Of Depression

by Judy Cohen
Agawam High School Guidance Counselor

I still remember when Bill walked into my office. It was obvious that he was upset. His head was hanging down, he was wiping his eyes, and he asked if I had a tissue. All of this was done with his eyes averted from mine.

As he fidgeted, I searched for a tissue and then invited him to sit down. He sort of plopped into the seat with a thud, and continued his downward gaze. Gently, I asked him to tell me how he was feeling, although it didn't take a rocket scientist to figure out the answer.

Haltingly, he replied in a very quiet voice, "I don't know. Everything seems so black. I can't fall asleep at night; I can't get up in the morning. I can't concentrate and my grades are really bad! What's the matter with me?" And with that he started to sniffle.

Upon further probing, I found out that his appetite is nil, he isn't interested in hanging out with his friends, and nothing seems to excite him anymore. Indeed, his assessment was correct ... everything was black. I told him that I thought he was suffering from depression, and I would like to talk to his parents about it.

He seemed very nervous, so I added that there are many reasons for depression and once the reason is known, appropriate treatment can be given. "Daylight will come, Bill. This darkness will fade, and the sun will come out, but you have to bear with me, trust my suggestions, and discuss your feelings with your folks."

Well, Bill and I did talk to his folks, who suggested he was probably tired. Clearly, their son could not have depression. I mean, isn't that a mental illness?

We went back and forth for a while. Finally, they agreed to take Bill to their family doctor and to carry with them a note I had written detailing some of my findings. * * *

Bill was diagnosed with depression, put on medication, and greatly improved. However, after a time, he did reappear in my office, clearly upset again. It seems he had been feeling so well that he took it upon himself to stop the medication and now he was clearly in a funk.

Actually, it was blessing in disguise. Now he clearly understood that he needed the medication. "Bill, you should never feel ashamed that you are taking medication. If you were a diabetic, you would take insulin. Your body needs this to function correctly, so listen to your body and be good to it."

Bill resumed the medication and had to wait a few weeks for it to kick in. I am delighted to say that it did its magic again and Bill became a viable, happy, and productive member of our school's community. He has since graduated and gone to college, where he is flourishing.

Please, parents and kids, be aware of depression. It can and does strike anyone. Depression is an illness; it is not imagined.

Many times it is a chemical imbalance. With the proper treatment, the illness can be treated effectively.

If you suspect depression, don't wait and think it will disappear by itself. Do contact a counselor and/or your doctor.

With appropriate help, the blackness will disappear and daylight will come!

Remember, our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, etc., that can be brought in on Mondays. Thank you for your cooperation in this matter...

Wilson-Thompson Post 185, Inc.

The American Legion

476 Springfield Street
Agawam



Candlelight Ceremony

The Wilson-Thompson Post No. 185 American Legion and Legion Auxiliary is holding a candlelight ceremony to honor Massachusetts' POW's/MIA's from World War II, Korea and Vietnam. Sunday, September 26, 1999 at 5:00 p.m. at St. David's Church, 699 Springfield Street, Feeding Hills. Collation to follow at Wilson-Thompson Post.

We would like to invite you and your family to attend this most solemn and patriotic observance. For more information or any questions, call (413) 789-9844 or E-mail: MEM185@AOL.com.

Respectfully,

Samuel J. Gallant
Samuel J. Gallant
Post Commander

Mary Ellen Morissette
Mary Ellen Morissette
Auxiliary President
District 3 POW/MIA Chairperson

ELKS SOCCER SHOOT

PRESENTED BY

THE
WEST SPRINGFIELD-AGAWAM
LODGE OF ELKS NO. 2174



Date: Sept. 25th

Rain Date: Sept. 26th

Location: Elks Lodge, 429 Morgan Road
West Springfield

Time: 10:00 a.m. to 2:00 p.m.

Age* Divisions: 7 and Under

(Boys & Girls) 8 to 9 Year-Olds

10 to 11 Year-Olds

12 to 13 Year-Olds

* Age is determined by the age of the contestant as of August 1, 1999. Birth or Baptismal Certificate required as proof of age.

NO equipment is necessary other than proper attire (i.e., jersey or shirt, shorts or pants, socks and footwear).

**FIRST, SECOND, AND THIRD PLACE FINISHES
WITH TROPHIES TO BE AWARDED TO BOTH
GIRLS AND BOYS IN EACH AGE GROUP**

The first-place winners in each age group are eligible to advance to the District Shoot, which will be held at the Holyoke Lodge of Elks on October 2, 1999

For more information, contact John Davis,
Chairman, at 746-8318

NOTE: SOCCER BALLS DONATED BY WEST SIDE SPORTS SHOP



Sports

The First Game For Football Coach Tad Desautels...

Brownies Begin 1999 Campaign With 26-0 Blowout Over Greenfield At Smith Field

by Dave Rollins
Sports Editor

It was high fives all around last Friday night up at Harmon Smith Field - some for the coaches, some for the faithful, and bunches for the players, as the Agawam High football team got its 1999 season off to a hearty start with a 26-0 win over Greenfield.

There was no doubt everyone on the Brownies' side of the ball was a little apprehensive. They had a new coach, Tad Desautels; a new offense - the multiple option; new energy; and firm hopes that last season's 4-6 record would not repeat itself.

At least on this evening, things looked nothing but positive. The Brownie offense, led by quarterback Brian St. Jean (106 yards rushing on seven carries and two touchdowns, including an 89-yard gem, and 166 yards passing on five completions in 12 attempts, with a 41-yard TD toss and one interception) and tailback Dave Moore (17 carries/62 yards, a five-yard TD run), got the numbers. The Agawam defense, led by Moore and Scott Harlin (one pick apiece), along with Nick Beaudette (3 sacks), Russ Smith (1½ sacks), and Isidoro Aquinaga (½ sack), prevented the Green Wave from doing the same thing.

It all translated into 383 total yards (189 rushing/166 passing, and 28 on punt and a kick-off return) for the home team. The Green Wave, on the other hand, must have turned green when they took a look at their sheet - 140 total yards (128 rushing/12 passing).

All Smiles For The Locals

Desautels was all smiles when the final second ticked off the clock. "Yeah, we did what we set out to do. We executed the option and did the things that get you in a position to win," added the coach, who cut those coaching teeth in the mecca of high school football - Texas.

Greenfield came in with a group of kids short on experience. But Desautels wasn't going to be snookered by that consideration. "I know Coach (Mike) Duprey. He always has his teams totally prepared," he said before the game.

The Green Wave had first crack at the football and the Brownie defense responded by shutting them down. In Agawam's first defensive series, Vic Romano, from his linebacker position, helped squash the run. Scott Harlin had a sure interception, but just couldn't hang onto the ball.

The much anticipated Agawam offense had little success when it first got the ball. Greenfield got it back and did likewise. Agawam took the punt and enjoyed good field position on the Greenfield 45-yard line.

Tony Liquori gained three up the middle. Then Moore picked up a tough yard to make it third and six at the Greenfield 41-yard line. The next play was the big one. St. Jean took the snap and rolled right. He had a notion to run, but when he saw Scott Harlin behind the Wave defense at the 10, he let it fly. The Brownie wideout snagged the ball and waltzed into the end zone, untouched, for a 41-yard TD at 5:50 of the first quarter. It was Agawam's first score in the new Desautels

regime. St. Jean hit the conversion and it was 7-0, Brownies.

Greenfield was stymied on its next possession, as tri-captain Romano, Jerry Graves, and tri-captain

Dennis Liptak made life miserable for the Green Wave running game. After the punt, Agawam again had good field position at the Greenfield 49. They were ready to embark on another journey to the promised land, behind runs of 14 yards from Moore and a 19-yard dash by St. Jean on a roll right.

However, a Brownie fumble at the Wave 27 ended the trip.

Good Defensive Effort By Agawam

Agawam got the ball back with a minute gone in the second quarter after another good defensive effort. This time they would not be denied. Starting from their own 48, the locals drove 54 yards in 11 plays, with Moore taking it in from four yards out.

The drive was highlighted by a tough run courtesy of Moore. He churned out 24 yards up the middle on the first play from scrimmage. Unfortunately, a hold after he took off called the play back to the point of the infraction, so he was only credited with nine yards. Not to worry - a few downs later, Moore picked up 17, then five more, and it was second and five at the Greenfield 20. St. Jean completed an eight-yard pass to tight end Lou Conte. Three plays later, Moore lugged it in. The extra point saw Agawam go up, 14-0.

The Brownies' defense, with the usual suspects (Graves, Russ Smith, and Romano), continued its mugging of the Greenfield offense and the ball quickly became the property of Agawam with 3:20 to go in the half. The ball rested on their 41-yard line.

They ran it to their 44 and called for a pass play. St. Jean rolled left this time. He was given some extra time on a crushing block by Romano, who was leading the play. St. Jean hit Harlin at the Greenfield six - a 50-yard gain. On second and goal from the five, St. Jean called his own number and flipped over right tackle for the score with 5:50 left in the half. The kick was blocked, but Agawam was in the catbird seat, up 20-0.

The Brownies would get the ball right back on a Moore interception on the first Wave play after the kick-off. His pick, at the Agawam 40, was followed by a mini-drive, which started from the Agawam 31 after a penalty. It was highlighted by another big pass play from St. Jean to Harlin. This time, Harlin was well covered by Ryan Gibson. They both went up and fought for the ball in the air. They both came down with the ball. Harlin ripped it loose from Gibson's grasp as they hit the ground.

The 41-yard pick-up saw Agawam at the Greenfield 28. However, for one of the few times in the game, the Agawam offense stalled out. The half ended with St. Jean getting sacked for a 10-yard loss.

Up 20-0 to start the final 24 minutes, Agawam was in no hurry. They took the kick-off. St. Jean was intercepted two plays into their drive when his pass, which was catchable, bounced off the forearms of receiver Edwin Torres and into the hands of a Greenfield defender.

Perhaps shocked by their good fortune and good field position (at the Agawam 25), Greenfield called a running play and quickly coughed up the ball. Russ Smith recovered the fumble and the Brownies were back in business. They returned the favor in short order, with a fumble of their own, recovered by the Wave.

From that point on, Greenfield should have gotten back on the bus. The Agawam defense, growing like a hurricane, became a menace to anyone wearing a green uniform with the misfortune to be in the general area of the football. Smith, Romano, Aquinaga, Curtis Miarecki, Harlin, Frank Ferrentino, and Beaudette led the assault.

Visitors Try Desperately

The fourth quarter saw the visitors trying desperately to get something on the board. They forgot there is such a thing as a punt, opting instead to go for it on fourth and 16 and fourth and 20 situations, which the Agawam 'D' would not tolerate.

For most of the final 12 minutes, the faithful had gone back to sitting on their hands. They had come in with apprehension and were looking to leave with satisfaction. They got one more rush, however, with 3:40 to go. After another Greenfield attempt at a fourth and long situation, this time deep inside AHS territory, the hosts had the ball at their own 11-yard line.

The first play from scrimmage saw St. Jean slide to his right. Without the slightest hesitation, he blew through a hole in the line opened by center Jon Archambault and right tackle Aquinaga. Then it was off to the races.

He outdistanced the defensive backs, which had been playing a little too close to the line. Eighty-nine yards later and pulling away, St. Jean had Agawam's fourth TD of the evening. The kick was blocked. Agawam led, 26-0.

"It was an option. I had a choice, give it to my fullback or take the ball myself. I saw the hole and just went for it," St. Jean smiled. Desautels was also smiling. "Our offensive line played great tonight," he said.

Agawam went to 1-0 on the young season. Greenfield fell to 0-1 in a non-league game. This Saturday, Agawam will host Longmeadow at Harmon Smith Field. The game, originally scheduled for Longmeadow on Friday night, has been switched to a rare 1:30 p.m. start.

AGAWAM STATS: RUSHING: St. Jean - 7-106, TD's (5, 89) Lng - 89 yards; Moore - 17-62, TD (5), Lng - 17; Liquori - 4-10, Lng, 3; Romano - 2-8, Lng - 4; Michael - 1-3; PASSING: St. Jean - 12 att, 5 completions, 166 yards, 1 TD (41 yards), 1 int.

RECEIVING: Harlin - 4 catches, 158 yards, 1 TD (41 yards); Conte - 1 catch, 8 yards.

DEFENSIVE STATS: SACKS: Beaudette (3), Smith (1½), Aquinaga (½); FUMBLE REC: Smith (1); INTERCEPTIONS: Moore (1), Harlin (1); KICKOFFS: St. Jean - 35, 45, 40, 14, 30 - 5 (33.5); PUNTS: St. Jean - 42, 39, 44, 45 - 4 (42.5). KICKOFF RETURNS: Moore 1 (10). PUNT RETURNS: Moore - 3, 11, 4 (6.0).

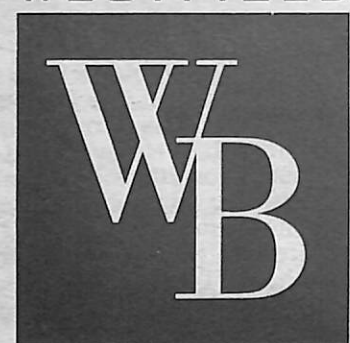
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Field Hockey Vs Southwick...

Brownies "Step Up" For Contest Against The Rams

by Dave Rollins
Sports Editor

After their 4-0 loss to Longmeadow High last week, one might have surmised that the Agawam High field hockey team would be lower than a well-digger's feet when they traveled to Southwick for a battle against the Rams, always a perennial power in these parts.

They came away on the short end of a 2-0 loss to the Division I Western Mass. champions. However, they were anything but down or intimidated, despite the score. "Our girls stepped up for this one. I'm not at all disappointed," Brownie field hockey Coach Carla Lemnah-Warner said.

It seems that close to every time the Brownies play Southwick in field hockey, they get up for the game. Even though the Rams started out in high gear and played that way for the duration, Agawam would call on their defense to meet the challenge.

They did, because it could have gotten ugly. Sarah Prussman, Corrine Butova, and sophomore Erin Jackson made their presence known early, as they met the charge and continually knocked Southwick shots away from the Brownie net, which was occupied by their fine tender, Mary Elizabeth Dupelle (who would have 18 saves on the afternoon).

While the defense was doing yeoman duty early on, Butova, junior Danielle Bachini, and senior Jen Harvey were trying to get something going on offense.

Locals Have Problems On Offense

Agawam's problem was the fact that it was never able to get any offense going for more than 30 or 40 seconds at a time. When they did penetrate the Southwick zone, it was usually by way of a long pass, which they then chased in. That type of offense gives the enemy 'D' plenty of time to gather up the ball and bring it back the other way.

It was apparent, however, that despite the excellent defense thrown up by the Brownies, things can bend only so far before they finally fracture. With 5:42 to go in the half, senior mid-fielder Katie Clark set up 40 feet in front of the Agawam net and shot into a screen. The ball skidded past Dupelle and into the left corner, making it 1-0, Rams.

After the score, Agawam, behind Bachini, made another attempt to get some quality offense going in the Southwick zone. But the Rams were quicker to the ball and turned the tables on the Agawam effort, scoring again, with 1:06 left. This shot, off the stick of senior forward Lori Vecchio, bounced towards the Brownie goal from the left point. It had just too much action for Dupelle to draw any kind of bead on it and Southwick had a 2-0 lead going into the half.

Southwick had five first-half shots. Agawam had zero.

There would be no scoring in the second half, partly because the Brownie 'D' was back at work and also because when the ball got by them, Dupelle made some acrobatic saves on balls that had a notion for the goal.

With 11:45 gone, Agawam had its best chance. Amanda Sternowski took a pass 10 feet in front of the Rams' goal. The senior forward had the right corner, but couldn't quite pull the trigger before the Southwick defense got there to clear the ball. At the 22-minute mark, midfielder Jen Burke, Steph McLane, and Harvey again put some pressure on the Southwick goal. Once again, the Rams' defense had the answer.

Rams Swarm Agawam's Goal

With five minutes left, the Ram offense swarmed Agawam's goal. The Brownie defense, led by junior forward Lauri Halpy and sophomore forward Alysson Nowell, met them in the box. Dupelle made two excellent pad saves in a row, frustrating the Ram shooters.

"We controlled the midfield for the most part in the second half," Lemnah-Warner observed. "We had to get some heart back in our game. This one was a positive step," she added.

Agawam had two second-half shots on goal. Southwick had 13. Agawam fell to 0-3-1 (0-1 in the Southern Division). Southwick rose to 3-0-1 (and 2-0 in the Southern).

* * *

DAVE ROLLINS' coverage of AHS sports is another reason why you turn our pages ... AAN!!!

* * *



THE 1999 VARSITY FIELD HOCKEY TEAM: front row — Kristen Kocot, Jen Harvey, Amanda Sternowski, co-captain Sarah Prussman, co-captain Mary-Elizabeth Dupelle, Stephanie McLane, Amy Mahaney, and Jenn Burke; back row — Sara Gregory, Corrine Butova, Jenn Pietroniro, Nicole Dominick, Laurie Halpy, Gina Castellanos, Erin Jackson, and Coach Carla Lemnah-Warner. Advertiser News photo by Dave Rollins.

Schoolboy Golf...

AHS Beats Ludlow, 10-8, In Tour De Force Outing On "Soggy" Course

by Dave Rollins
Sports Editor

The Agawam High golf team beat Ludlow High this past Monday afternoon at the Agawam Municipal Golf Course, 10-8. It was a tour de force for both teams. "Remember the drought, when everything was going brown? Now the course is totally soggy. It was a challenge this time around," noted Agawam varsity golf Coach Paul Bachini.

Parity is the name of the game this year in Western Mass. schoolboy golf. Agawam rose to 5-1 and 4-1 in the Valley Wheel. "For sure, we shouldn't have had such a tough time against Ludlow. But they are as good as anyone," Bachini admitted.

Junior Andy Green went from the number-one spot. He shot a 41 — not good for him, according to the coach. But Green took a point when the opponent fired a 43.

Sophomore Bill Menard was the number-two guy on this day. He took 2½ points with a 41, as opposed to a 43 from the Lions' number-two kid.

Shawn Biebel, usually the number-one guy for AHS, went from the three spot. "Shawn was there because he is having a small problem with his shots. He is a left-hander and he's pulling the ball.

Shawn needed a confidence builder and he got it, shooting a 39 to take 2½ points from his opponent, who came in with a 43," Bachini said.

Ryan Morgan, a senior, shot a 43 from his fourth spot for two points. His Ludlow counterpart hit for a 44.

The Story Of The Match???

The fifth spot might have been the story of the match. Junior Kacy Progulske was the man. He shot a 41. His opponent (with a final 42) ran into trouble with a two-stroke penalty for marking his ball, not replacing it, and putting off a non-replacement.

Bachini remarked, "The kid took that penalty like a man after Kacy pointed it out to him. If it had gone unnoticed, the hole would have been halved at 40 all, rather than Kacy winning two points."

That score could have been big. The Brownie number-six guy, Jeremy Malanson, was swept. "The Ludlow kid had a nine on the first hole. He was down by four after that. He came back and shot a 40 to Jeremy's 42. It was quite a show."

The reason Progulske's match was so big, said Bachini, "If we didn't win that match, the final score would have been nine all."

* * * * *

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* * * * *

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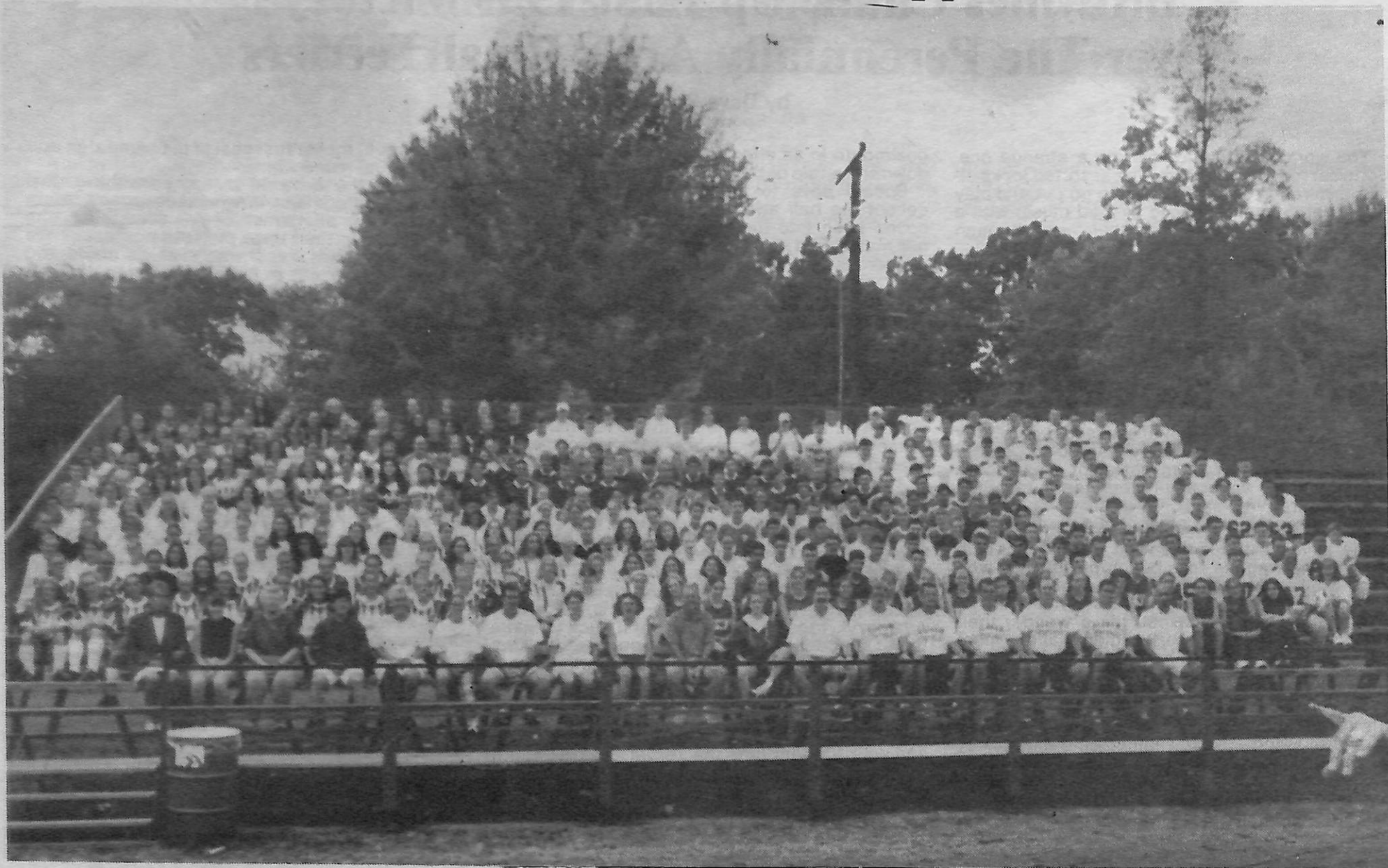
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THE STUDENT-ATHLETES AND COACHES which will be representing Agawam High School's athletic program this fall. Advertiser News photo by Dave Rollins.

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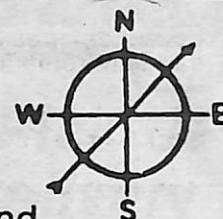
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Girls' Soccer Vs West Side...

Brownies Chalk Up First 1999 Victory Over The Perennially Arch-Rival Terriers

by Dave Rollins
Sports Editor

The world of athletics can be a strange one. Consider for a moment how the assorted jocks attain inspiration and motivation to go out and play their best. Some get juiced by loud music with a big back beat. Some find their way through solitude.

Others simply show up and get revved up by the atmosphere of competition. The Agawam High girls' 2-1 soccer win Monday evening over archrival West Springfield at Harmon Smith Field on a perfect night for soccer, came about in a rather unique way.

"During this past weekend, the kids had a sleepover. I guess you could call it a psychological party. They discussed where they were headed and where they wanted to go with the program. All of them got a lot closer as a team. And we were a different team tonight," Coach Laura Wray said.

Indeed, they were a different team. For one game, at least, the ladies went from an 0-3 club circling the wagons to a bunch of spitfires who hustled all evening long and turned the West Side net into a shooting gallery. The Brownies had 24 attempts on the Terrier net. It's a wonder their keeper, Katherine Kokoszka, didn't allow more than two balls to get by her.

Locals Start Out On The Fly

Agawam started out on the fly, led by tri-captain Gina Loudfoot. 'Foot,' known for her hustle, had it all evening long. She was joined on the attack by Amanda Tilden, Diana DeStefano, Jill Gendron, and Amy Jensen. On defense, sweeper Sheri Benton led the effort that kept West Side off balance and away from the Brownie net for most of the game.

However, things looked slightly bleak with 8:58 gone in the first half. The Terriers attacked down the left wing and got behind the Brownie defense. Laura Bucalo had no choice but to vacate the

goalmouth in an effort to meet the threat and cut down the angle of the shot she knew was coming.

Bucalo dove to the grass and managed to deflect the ball away from the goal. But the rebound spun into the crease. With Bucalo down, her mates had to man the net. Jen Donahue, a dangerous Terrier who needed strong marking all night, took advantage and gently kissed the ball home, giving the Terriers a 1-0 lead.

That score seemed to infuriate the Brownies. At the 29:16 mark, Loudfoot led a charge into the West Side zone and drove on to their net. She launched from 50 feet out on the left side and got robbed on a full extension hand save by Kokoszka. Thirty seconds later, Loudfoot was at it again, this time a little lower in the left hand side of the box. The shot, right on if it was low, sailed over the net.

Agawam wasn't finished. Tilden, forward Amanda Merola, DiStefano, and Jensen took over and swarmed the Terriers' goal with 14:10 gone. The West Side defenders looked like members of a chorus line as they booted shot after shot out of harm's way.

When West Side did manage to clear the ball, Agawam's defenders, led by junior Courtney Adamczyk, raced after it and sent it back for more target practice. At the midway point of the first half, Agawam had spent 15 minutes in the Terrier zone.

Agawam Gets Its First Goal

Agawam got its first score with 15:06 left in the half. Adamczyk had a toss in from the left sideline and was 100 feet from the Terrier goal. She let it fly and Merola gathered up the ball on the right side of the net and punched it home to tie things at one and rang up her first goal of the season. Adamczyk got the assist.

The fire was now lit. AHS attacked en masse 90 seconds later, showing even more intensity than they had in the early going. Adamczyk fired a shot on goal from 35 yards out and in the ensuing chaos, midfielder Krsiten Lawson was "Johnny-

on-the-spot" for her first goal of the campaign and the eventual game-winner.

Besides the Brownie pump, something else made a difference. Wray made many more substitutions all game long - something she hadn't done in their three previous contests. "We gave our starters a rest whenever we could and got some fresh legs in there," she noted. It worked, because the two Agawam goals were scored by non-starters (Lawson and Merola).

The half ended, 2-1, Agawam. The key for them would be to play the second half with the intensity they displayed in the first 40 minutes - something they had failed to do in their first three games. "We never really gave them a good chance to even things up," Wray noted.

The Brownies allowed only five West Side shots on goal.

JV NOTES:

The JV's fell to West Side, 4-1, on the stadium field right before the varsity game. West Side held the 1-0 lead at the half, but the JV's tied it early in the second half when freshman striker Kaitlin Sardella sent a pass into the box for sophomore midfielder Kelly Cassidy to gobble-up and score from 10 yards out.

However, West Side responded with three unanswered goals the rest of the way to even the JV's record at 2-2.

JV Coach Linda Kunasek told us, "We just got spanked. West Springfield had more desire."

Last Friday afternoon in Chicopee, the JV's pasted the Pacers, 8-0. Leading the scoring parade were freshman striker Kaitlin Sardella with two goals and two assists; sophomore striker Jill Lawson, goal and two assists; sophomore midfielder Jess Newalu, two goals; and singletons from freshman midfielder/defender Danielle Cirillo, freshman midfielder Meaghan Brown, and junior stopper Keegan Clark.

Goalies Vicky Taylor (freshman) and sophomore Biz Perry shared in the team's second shutout.

Schoolgirl Soccer...

Ludlow Hands Agawam High School Its Second Loss In Early Season Action

by Dave Rollins
Sports Editor

The Agawam High girls' soccer team was coming off a frustrating, 2-1 loss to Amherst Regional in the season opener and needed to get well last week. The opponent was visiting Ludlow on Wednesday, September 15th, at Harmon Smith Field. The Lions, after spotting the Brownies a 1-0 lead early on, won it in convincing fashion, 5-2, sending Agawam to its second straight loss on the young season.

Both clubs started out slowly before Ludlow rushed the Agawam zone with a little over two minutes gone. The Brownie "D" turned them back and offered the ball to their offense, which didn't take long to score. It happened when forward Jill Gendron hit his midfielder Amanda Tilden with a short pass in the left crease. Tilden skillfully tapped the ball home from 15 feet out, giving her club the early lead.

Ludlow seemed to take offense at that point. They rushed the Agawam zone and penetrated deep into the box, getting off some tough shots. One in particular was a beast - 20 feet in front with a clear lane. Laura Bucalo, in net for the Brownies, made a diving save to prevent what looked to be a sure Lions score.

After that effort, the Agawam midfielders, behind Tilden and Diana DiStefano, cleared the ball out of harm's way.

But the Lion midfielders, ever opportunistic, intercepted a Brownie pass at midfield and drove the ball back in. With 12:10 gone, they worked the left wing and got behind the Agawam defense, forcing Bucalo to leave her net and come out to cut down the angle on a shot which would launch from 40 feet away.

Fortunately, the shot at the open net just missed to the left side. Unfortunately, the Brownie good fortune ended a minute later when the Lions tied it at 1-1 off a header from 15 feet out in the box.

Though Ludlow didn't seem that much quicker than the Brownies, they were executing some nice lead passes as they worked their way into the Agawam zone.

At the 17:50 mark, a crossing pass sailed lazily through the Brownies' crease. It had an eye on a vast area of open net and was screaming for someone to knock it in. But there were no Lions prowling in the vicinity, and Agawam dodged a bullet.

Both clubs had their chance as time wound down. With 3:18 to go, Amy Jensen, Tilden, Jenn Levpo, and Amanda Merola took turns taking shots at the Lion net. However, the defense in front of keeper Tina Santos deflected those shots far and wide.

Ludlow's Opportunity...

Agawam might have been concentrating just a bit too much on offense because Ludlow seemed to be waiting for just such an opportunity. They got it with 1:14 remaining in the half. Sandy Salvatore was at the midfield stripe when the pass, out of the swarming Brownie offense, found her. She turned and headed for the Agawam net, with two Brownies flanking her, but a step to the rear. The junior forward was just too fast, capitalizing on the Agawam mistake with a score past the diving Bucalo to give her club a 2-1 lead heading into the half.

Ludlow had four first-half shots on net. Agawam managed four as well.

Gina Loudfoot, Jensen, and defender Kate Shannon started Agawam out strong in the second half. Loudfoot, Agawam's leading scorer last season (five goals, four assists), worked the ball low left and tried to hook it in. But the angle was a little too severe and she missed to the right. Both teams settled down to some midfield soccer after that.

But with 7:18 gone, the hammer came down on the Brownies. Bucalo made the save on a shot from 30 feet out in the middle. But she had a hard time controlling the ball and it rebounded into the low box. From there, a loft shot sailed over her head for Ludlow's third goal of the game.

At the midway point of the half and down 3-1, Annie Paquette, Gendron, and Merola mounted a rush down the Lions' left wing. Their passing was

crisp and accurate. But the Ludlow defense, marking well, wouldn't allow them to get off a shot.

A Mini-Break For Agawam...

Agawam caught a mini-break with 18 minutes to play. The Ludlow shot hit the crossbar, rebounded back right in front of the Agawam net, and was driven home. At first, the faithful sagged like an animal taking a bullet. But the officials ruled that the ball hit the top cross member of the football goal posts, where the soccer net is housed. It was not a goal after all.

The elation for the home folks lasted only a short time. With 15:01 to go, a Lions shot, where Bucalo had no chance, screamed by her into the right corner, making it 4-1, visitors.

The Brownies, staring at another loss directly in their face, didn't roll over. At the 13:07 mark, they were in the Ludlow zone. Paquette, leading the attack, had the ball on her toe. She spun and saw DiStefano trailing the play. The pass was there and DiStefano lofted a 50-foot nerf ball into the net, closing the gap to 4-2, Lions.

Ludlow roared back, as Lions often do. Bucalo answered with a nice, diving save at the 9:32 mark, interrupting the ball's journey towards the right corner of her net. But, with 7:26 to go, she had no chance on the screaming projectile that came at her and by her from 20 feet out from the right point. The score was 5-2 and there it would stay, with the final image of the night being Shannon, DiStefano, Elise Alfano, and Amanda Blair fighting off the Lions' last attack on their goal.

Agawam's three second-half shots on net gave them a game total of seven. Ludlow managed eight for a total of 12. Agawam Coach Laura Wray was not happy with the score, but she did admit that against a powerful club like Ludlow, her team played much better than they had against Amherst in their first game of the season. The Brownies, at the time, fell to 0-2. Ludlow went to 2-0.

Agawam would next travel to Chicopee and suffer a frustrating, 1-0 loss to paste up a 0-3 record at week's end.

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Profile...

Scott Harlin Is The "Go-To" Guy For AHS's Passing Game On The Gridiron

by Dave Rollins
Sports Editor

According to Agawam High football Coach Ted Desautels, wide receiver Scott Harlin is their go-to guy in the passing game. Recently, the senior sat down and took some time to talk about himself and his days at AHS.

Scott is 18 years-old. His birthday falls on July 23rd. He stands at 5'10" and weighs in at 170 pounds and has spent all four years of his secondary education at Agawam High.

This semester, Scott is taking physics, English, integrated math, Italian, cooking, and gym. Math is his favorite course. Scott's top teacher is Dean Vecchiarelli. Scott would like to attend Westfield State College next year, major in business, and play some baseball.

His favorite athlete is the former New York Giant linebacker and NFL Hall of Famer, Lawrence Taylor.

He likes to kick back and relax at the movies. Jeans, a t-shirt, and comfortable shoes are his choice in duds. He shops for them at the Holyoke Mall.

Scott's music interests tend toward rock and roll. He likes a group called Limp Bizkit. "They specialize in live shows," he noted.

His top show on the tube is "Seinfeld." His favorite flick is "The Usual Suspects."

Marlene is his mom. Paul is his dad. Jeff is his older brother and played football for Agawam. Jeff is in his senior year at Westfield State, major-

ing in accounting. He has another brother, Ryan (23), who also attended AHS and played soccer and golf, and is an engineer.

Scott says he looks up to his brothers and father.

When his days as a Brownie are done, Scott says he would like to be remembered as a kid who made the big plays and always gave it 100 percent.

Coach Tad Desautels had this to say about the senior: "Scott is a very easy kid to coach. He's unselfish with a great work ethic. He'll be challenged all this year because he can catch a football in any situation. We expect he'll come through for us."



SCOTT HARLIN

Scott plays football, basketball, and baseball for the Brownies. Football and baseball are his favorites. His most memorable sports moment came last spring in baseball, against Central High School. "I hit a homerun to win the game," he smiled. He sees this current football season this way: "We have a team made up of 14 kids who were on our unbeaten team from my freshman year. We know how to win." He caught a 41-yard TD pass for the Brownies in their 26-0 season opening win vs. Greenfield last Friday night. He ended with four catches going for 158 yards.

Scott's favorite food is lobster. "I know it's expensive, but you have to love it," he admitted.

Blue is his top hue.

His favorite car is a Porsche turbo. "My dad used to have one. They are pretty expensive to keep up, so he had to sell it. He has a pick-up truck now," Scott noted.

Agawam Parks & Rec. Has "Group Nights" For Falcons Hockey

The Springfield Falcons, a professional hockey team, is pleased to announce **seven Group Nights** sponsored by the Agawam Parks & Recreation Department, to be held once a month beginning in October and ending in April.

The first **Group Night Game** will be held on Saturday, **October 9th** vs. Worcester at 7:30 p.m.

On all dates, your Recreation Department will offer **ONE GREAT DISCOUNTED PRICE TICKET OF \$7** for either adults or kids, with **50 cents** of each tickets sold going back to your Recreation Department for other recreation activities!

Your Recreation Dept. will have tickets for all **seven Group Night** games for fan convenience, and all ticket purchases for any of the seven games must be done **24 hours** prior to the date of the game.

For all the Group Night dates, call the Agawam Recreation Dept. (weekdays) at 821-0513.

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Landscape Design And Planting

Profile...

For Agawam High Senior Tiffany Scaife, Cross Country Is Her Sport Of Choice

by Dave Rollins
Sports Editor

Cross country is a new sport at Agawam High School — only two years-old (after being revived at the school following years of dormancy). Both boys and girls are involved.

One of the top girls is senior Tiffany Scaife. The scholar/athlete took some time out to talk about herself and her sport.

She is 17. Her birthday is February 19th. She has spent all four years of her secondary education at Agawam High. This semester, Tiffany is taking honors calculus, honors physics, accounting, English 12, cooking, and gym. Calculus and physics are her favorite courses. Arthur Gage and Brian Hollister are her top teachers.

Tiffany, a member of the Renaissance Club and a many-time member of the honor roll, would like to attend Bentley College in Waltham next year. Her major would be business. And she would also like to run cross country there.

Tiffany also played softball along with running cross country. She soured on softball last season when, during practice, she took a savage ground ball that deflected off a sprinkler head and broke her nose big-time. She had to have surgery and missed most of the softball season.

So now cross country is her sport of choice. "I like it because I get a chance to run against the boys. I can beat most of them," she smiled.

"We Will Be Better..."

Her take on this season: "We will be better. We have more runners on both the girls' and boys' sides. We have to get some of our younger kids psyched up. We need everyone to be committed to this season."

Tiff's favorite food is sourdough pretzel nuggets. "As I'm talking to you, I have a bag of them



TIFFANY SCAIFE

right by my side," she laughed.

Green is her favorite color.

Her ride is a 1996 white Chevy Cavalier. "That's my car," she noted. "But I'd like to update it to a 2000 model," she said.

Red Sox third baseman John Valentin is her top jock. The Atlanta Braves are her top team.

Tiff likes to hang out at her boyfriend's house — home of the Rosenbergs. (He is Jay Rosenberg, a senior and a member of the Agawam High golf team.)

She likes preppie clothes — to a point. "I dress to be comfortable and shop for Old Navy and Union Bay brands. I get them at Bob's Stores, though I've never met Bob," she said.

She likes all kinds of music, including country. "Faith Hill is my favorite there," Tiff noted.

Dawson's Creek and the soap General Hospital (she tapes it) are tops on the tube for her.

She lives with her aunt, Louise, and her uncle, Gary. They have twin girls, Jan and Julie. Tiff has a sister, Sabrina (11). "She is my best friend," Tiffany said.

She looks up to her uncle, George, who is 89 years-old and lives in Hampden. "He is a man who can take care of himself. He is in good shape," Tiff said. She also wanted to mention Herbie. "He is a special person," she added.

Tiffany would like to be remembered at AHS as a kid who didn't give up, who gave everything she had, and was very thankful for what she was given in life.

Coach Bill Dillon's comments on this week's featured athlete: "Tiffany Scaife is a tremendous competitor. She never quits. Tiff likes to challenge the boys and does very well against them. She is a big part of our girls' cross country team."

Agawam 9-10 All-Stars Go To Fenway

by Dave Rollins
Sports Editor

For the second year in a row, Agawam's 9-10 Little League All-Stars will be going to Fenway Park to take in a Red Sox game. They'll be there because they raised more money for the Jimmy

Fund than any other Little League All-Star team in the recent 9-10 Little League Tournament (around \$3,600).

The team which had been neck-and-neck with Southwick in the fundraising competition, will go

to Fenway Park's Diamond Club to meet some Red Sox players, and they'll get to see the old town team play the Baltimore Orioles. It will all take place on Sunday, September 26th.

All the local sports news with us — AAN!!!

* * *

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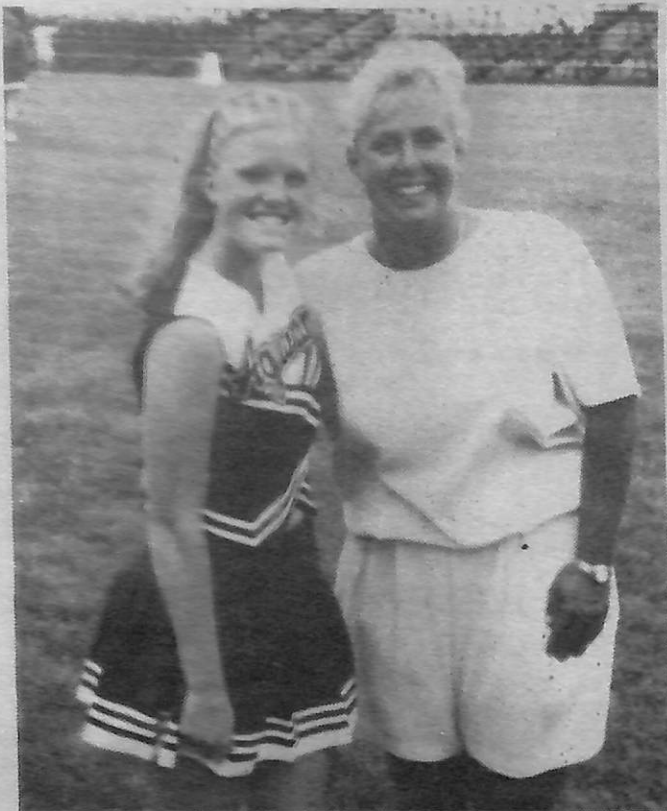
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Let's Hear It For The Cheerleaders...



CAPTAIN KATE CHMURA with varsity cheerleading Coach Kim Hebert. Advertiser News photo by Dave Rollins.

Gymnastics Preview...

1999 Will Be A Rebuilding Season For AHS

by Dave Rollins
Sports Editor

It was touch and go for a while regarding the Agawam High gymnastics team, the 1998 PVIAC defending champs.

New Coach Allison Bonnyman greeted only four kids when pre-season practice started three weeks ago. "I was a little worried, because Massachusetts Interscholastic Athletic Association rules say you have to have at least six on your team in order to compete," she said.

But there was hope. She knew some kids hadn't taken their physicals and there were other considerations. In the end, she had seven competitors and a team. "This will definitely be a rebuilding year for us," Bonnyman said of a program that over the past few years has been a Western Mass. powerhouse.

The team is made up of one senior, one junior, two sophomores, and three freshmen. The senior is Maryellen Grouzinger, an exchange student from Germany. Liz Clark, the junior, is a returnee from last season's 16-2 team.

Gone to graduation is Lindsey Hadden and last year's PVIAC All-Around champion, Leila Sekkal. She is taking her junior year off from the sport. Sophomore Dolores Cuccovia is also a returning veteran. Crystal Hersey is the other sophomore. Freshmen Allison Morris, Amy Morgan, and Jodi Paulin round out the squad.

Right now, the coach is still evaluating the group. There are four events in high school gymnastics - the uneven bars, vault, balance beam, and the floor exercise.

"Some of the kids are showing promise in certain disciplines. For now, it looks like Liz and Dolores, because they've been with the team in the past, will be our all-arounders. Since we don't have the depth to pick and choose, everyone will have to compete in every event," Bonnyman noted.

She stressed that the only way they will be successful is to work hard and not get discouraged.

Boys' Hoop Tryouts For 7th/8th Graders Scheduled By AAA

The Agawam Athletic Association has slated tryouts for the 1999-2000 Suburban and CYO basketball season for seventh and eighth grade boys on Thursday, September 30th, at the Agawam Junior High gym from 7:00 to 9:00 p.m.

The AAA is planning to field a boys' 7th/8th grade "A" team and a 7th/8th grade "B" team. For further information, please contact AAA boys' coordinator Paul Federico at 786-8948 (evenings).



AGAWAM HIGH SCHOOL'S VARSITY CHEERLEADERS: standing — Stephanie Sadowski, Amanda Lemieux, Bianca Chase, Jenna Bodurtha, Stephanie Pettazzoni, Ashlee Lorraine, Kim Chmura, and Coach Kim Hebert; kneeling — Anne Shibley, Linda Kelly, Kari Trauschke, Jessica Forni, Kate Chmura, Aimee Piccin, Lauren DeLuca, Rachel Lara, and Stacy Hopkins. Advertiser News photo by Dave Rollins.

The AHS Girls' Cross Country Team



STANDING: Coach Brown, Brittany Shields, Ashley Mutti, Jessica Hudson, Danya Decoteau, Karen Comee, Sarah Leydon, Kara Gilhooly, Katie Feato, and Coach Bill Dillon. **KNEELING:** Rachael Caruso, Kat Demetron, Arlie Meade, Valerie Siedlik, Tiffany Scaife, Alisha Pisano, Emily Morton, and Sarah Longtin. Advertiser News photo by Dave Rollins.

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Leaders Of The Fall Campaign...



PICTURED ABOVE ARE Agawam High School's varsity coaches and captains for the 1999 autumn season. Advertiser News photo by Dave Rollins.

* * *

Remember, our deadline is each Tuesday at 12:00 noon; however, we appreciate any articles, press releases, etc., that can be brought in on Mondays. Thank you for your cooperation in this matter...

* * *

Stephanie Fleming Scores Twice For Assumption College's Varsity Field Hockey

Stephanie Fleming of Feeding Hills, a 1998 graduate of Agawam High School, scored single goals for the Assumption College Lady Greyhounds varsity field hockey team in victories over AIC of Springfield and Stonehill College.

At presstime, the Lady Greyhounds are a perfect 5-0 and are ranked fourth in the NCAA's

Division II national field hockey poll.

Fleming, a sophomore, scored the team's first goal in the 4-1 win over Stonehill and also tallied in the team's easy 8-0 whitewash over AIC.

Fleming was an All-Western Mass. performer while at AHS. She is the daughter of John & Sheryl Fleming.

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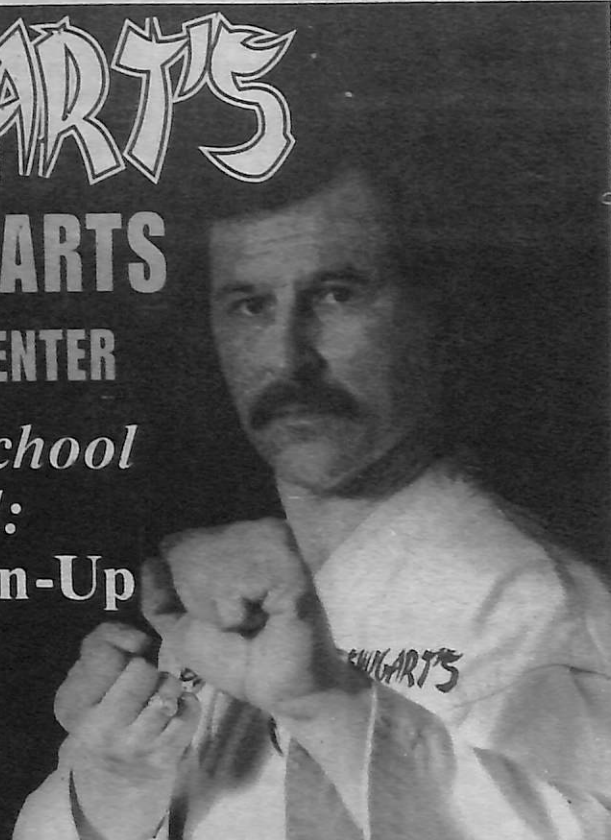
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Junior Women To Have Food Booth At Soccer Jamboree

The Agawam Junior Women's Club will be collecting non-perishable food for World Food Day. They will be collecting food at the Agawam Soccer Jamboree held at the Junior High School on October 2nd and 3rd.

The Junior Women's Club will be running the food booth at the Soccer Jamboree, and a collection box will be located there. The food will be collected for the Women's Club's Holiday Basket Program.

Please make a donation and make a local family's holidays a little bit brighter!

The Agawam Junior Women's Club is a member of the General Federation of Women's Clubs and the General Federation of Women's Clubs of Massachusetts, Junior Membership.

W. Spfld.-Agawam Elks To Present "Soccer Shoot"

The West Springfield-Agawam Lodge of Elks No. 2174 will present a Soccer Shoot on Saturday, September 25th (rain date: September 26th) at the Elks Lodge, 429 Morgan Road, West Springfield from 10:00 a.m. to 2:00 p.m.

Age divisions for boys and girls are seven and under; eight to nine years-old; 10 to 11 years-old; and 12 to 13 years-old. Age is determined by the age of the contestant as of August 1, 1999. Birth or Baptismal certificate is required as proof of age.

NO equipment is necessary other than proper attire (i.e., jersey or shirt, shorts or pants, socks and footwear). Soccer balls donated by West Side Sports Shop.

FIRST, SECOND, AND THIRD PLACE FINISHES WITH TROPHIES TO BE AWARDED TO BOTH GIRLS AND BOYS IN EACH AGE GROUP.

The first-place winners in each age group are eligible to advance to the District Shoot, which will be held at the Holyoke Lodge of Elks on October 2, 1999.

For more information, contact John Davis, Chairman, at 746-8318.

Registration For Youth/Instructional In-Town Basketball

Registration for both the Youth Basketball and Instructional Basketball (sponsored by the Town of Agawam's Parks & Recreation Department) will be held on Wednesday, October 6th, from 7:00 to 9:00 p.m. at the Junior High School Cafeteria.

After October 6th, registrations will be accepted at the Recreation Office from 9:00 a.m. to 4:00 p.m. through October 25th, or until the programs are full.

A draft will take place to select teams for participants in grades 3 - 8. No one will be cut from the league, as all players will play and participate in the In-Town Youth and Instructional Basketball Program.

Details and draft dates will be available at the registration on October 6th.

Youth Basketball: Teams will be divided by grades for both boys' and girls' leagues: grades 3 & 4; grades 5 & 6; grades 7 & 8; and grades 9 - 12. Fee: \$50 per person (includes T-shirt).

Practice for Youth Basketball begins the first week of December, and games will begin the first week in January.

Instructional: Boys and girls in grades 1 & 2 will play together in this half-court league, which is designed to teach the basic skills and rules of basketball.

Fee: \$25 per person (includes T-shirt). The Instructional Basketball Program will begin the first week in January.

* * *

For photo coverage in The AAN, please call us at 786-7747 or 786-8137; however, please give us at least 72 hours' notice prior to your event...

* * *

Agawam In-Town Soccer Standings

U-17 COED	W	L	T	P
Kamakazee's	2	0	0	6
Spear's Green	2	0	0	6
Menard's Blue	0	2	0	0
Howe's Orange	0	2	0	0

U-14 COED	W	L	T	P
Icebreakers	3	0	0	9
LaVally 05	2	1	0	6
Blue Blizzards	1	1	1	4
Skolinck 03	1	1	1	4
Heneghan 04	0	2	1	1
Red Devils	0	2	1	1

U-12 GIRLS	W	L	T	P
Freeman 01	3	0	0	9
Kick'n Kangeroos	2	1	0	6
Green Angels	2	1	0	6
Gould 04	1	2	0	3
Mutti 03	0	4	0	0

U-12 BOYS	W	L	T	P
Green Gremlins	3	0	0	9
Blue Knights	2	1	0	6
Golden Eagles	2	1	0	6
Tigers	1	3	0	3
Firebirds	0	3	0	0

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In Youth Football Action...

Agawam Pee/Wee Warriors Defeat Team From Ludlow

The Agawam Pee/Wee Warriors (White Squad) recently defeated Ludlow by the score of 28-0.

Once again, the Warriors were led to victory by veteran Hogs Nick Sleich (center) and Patrick McKeever (right tackle). Rookie Hogs Steven Teixeira, Phillip Scoville, and Scott Lunginbull also turned in fine blocking performances.

The offensive squad, led by quarterback Brendon McNeish, scored on the second play with a 62-yard double reverse turned in by James Mackin. The second score of the game was set up by a pass to Rashad Wright, who then sliced and weaved through the secondary for a 35-yard gain. James Mackin then scored with a two-yard run.

On the third offensive series, quarterback Brendon McNeish scored with a Q.B. keeper. The conversion was turned in by Rashad Wright.

On the opening play of the second half, James Mackin scored on a 60-yard run, with the conversion also going to Mackin. The success of the offense would not have been possible without fine blocking from Scott Readon and ends Frank Sacco and Anthony Stork.

The fine defensive play of safeties Mike Concedine and Scott Readon were the key to the shut-out. Outstanding defensive play was turned in by Joe Pirro, Nathan Fraga, Mason McDonough, Tim Jendryski, Jonathan O'Brien, and Mark Wingard.

Junior Warriors Bow To Springfield Raiders

The Agawam Junior Warriors lost to the Springfield Raiders on Sunday, September 19th, in Agawam by a score of 24-14.

The Warriors held fast and the lead for most of the game, until two quick scores by the Raiders ended the Warriors' chances. The Warriors played a very physical game and dominated on defense and special teams.

Captain Anthony Bailey (DT - fumble recovery, 10 solo tackles) and captain Zack Bussiere (DT - fumble recovery, nine solo tackles) anchored the defense with strong play by nose guard Justin Stevens, which forced the Raiders to run outside. The offense was geared by the fine play of the line (junior hogs) Mark Jeserski and Jim Yelinek.

The starting backfield was comprised of QB Joe Greaney, captain (FB) Joe McDyer (136 yards), TB Dominic Moccia (79 yards), and wing backs Geoff Trexler (35 yards), Curt Barker, and John Dominick. The Warriors' special teams generated two turnovers by the Raiders on the hard-hitting and coverage of John Jordan and captain Zack Bruneau.

The Warriors are on the road this weekend, playing Saturday, September 25th, in Longmeadow under the lights. Game time is 5:30 p.m.



THE GIRLS' UNDER-11 Agawam Twisters of the Pioneer Valley Soccer League at the Riverside Classic held Labor Day Weekend in Agawam. Front row: Stephanie Obue, Christina Bertrand, Lisa Carney, Natalie Honsinger, Sarah Roos, Heather Coache, and Sara Wilson. Back row: Head Coach Mike Obue, Kaitlin Outhuse, Brittany DeGray, Brittany Margiotta, Megan Lalli, Erin Theriault, Cassie Ashwell, Laura Lyons, and Assistant Coach Steve Ashwell. (Not pictured: Kayla Bryant.)

"Twisters" Win An Impressive Victory Against Northampton On September 18th

Before the girls' under-11 Agawam Twisters entered their September 18th away game against Northampton, they knew it was going to be a tough match.

Unbeaten Northampton had already defeated the Berlin (CT) Blitz to win the finals of the Riverside Classic in Agawam this past Labor Day Weekend. Many of the Twisters were on hand that day to witness a very determined Northampton team defeat Berlin, last year's state champs in their division, in a nail-biter decided on overtime penalty kicks.

Knowing they had a tough game ahead of them, the Twisters went out on the field and proved they were equal to the task, winning by a score of 3-2 and handing Northampton its first defeat of the

season.

"The girls were awesome today," said Coach Mike Obue, who watched his team play gritty, tenacious defense while holding off Northampton's scoring attack. Christina Bertrand broke a scoreless deadlock with her first-half goal, with an assist by Erin Theriault.

Stephanie Obue, assisted by Laura Lyons, added another Twisters goal in the second half. But Northampton came back with two goals of their own, and with the score tied 2-2 and just a few moments remaining, Megan Lalli drove upfield and passed off to Stephanie Obue, who put the ball in the net for the winning goal, sealing an impressive victory for the Twisters.

Daggett's Gymnastics Adds 19 New Girls To Its Roster For The 1999-2000 Season

Tim Daggett's Gold Medal Gymnastics of Agawam will start off the 1999-2000 season with 19 new girls added to the team roster. Several new girls, asked up to the team, come from Agawam.

This is a record call-up to the team from Pre-Team and Advanced Pre-Team levels. This has been encouraged by guidelines from U.S. Gymnastics for clubs to broaden competitive opportunities to the lower skills level.

In the Women's Junior Olympic Program, skill levels are classified from 1-10, with 10 being the most difficult. The Elite program is yet above that.

Previously, most competitions started at level five. Now, level fours will be encouraged to compete as well.

These girls are in addition to the 30 girls continuing from last year's team and the men's team.

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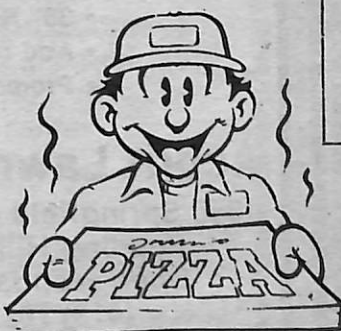
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**Outdoors
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by Kent Servis
Outdoor Writer

Mawaga Sporting Club To Hold Fall Trout Derby

The Mawaga Club will hold their annual fall trout derby and chicken barbeque on Sunday, Oct. 3, 1999. The club pond has been stocked for the event and cash prizes will be awarded to the lucky anglers with the biggest fish.

The tickets are available at the door and the fishing hours are from 9:00 a.m. until 1:00 p.m. The chicken barbeque will follow the conclusion of the derby. The \$15 fee covers the fishing derby as well as the meal.

Early anglers will find coffee and muffins, etc. available in the morning prior to the start of the derby. This event is open to the public and is always a fun time for the whole family. See you there!

REMINDER FOR HUNTERS

Hunters should remember to check their firearms I.D. cards. The new law mandates a new card with a cash grabbing fee attached to it. If you have a birthday just past or coming up soon, you had better look into the new card and prepare to part with the new confiscatory fees.

FISHING REPORTS FRESH WATER

Kurt over at Saunders Marina in Southwick reports that largemouth bass are hitting along what's left of the submerged weedlines. Try mid-lake humps during the daylight hours. Medium running crank baits are producing on the humps just after first light and just before dusk. Plastic worms and jigs are producing better during the day.

Hampton Ponds has been giving up some nice catches of bass, especially in the evening hours. Plastics and jig-n-plg combos have been producing off the deeper waters.

Connecticut River fishermen have had one of the most frustrating seasons in recent memory. A summer with almost no water is being followed by flood conditions in the aftermath of the hurricane, and more rain is on the way.

SALT WATER

Capt. Brad Glas of the Helcat out of New London reports that the night trips for blues to Alligator ledge have been a "total bail job," in his words. Anglers are catching so many gorilla-sized blues that they have been having a stop and rest before continuing (a high class problem).

Surf fishermen along the Rhode Island beaches and breachways are hitting both stripers and bluefish. As usual, first light and just before dark have resulted in some real blitzes. It is just a matter of being in the right place at the right time.

Offshore fishing up to the hurricane coming by was red hot according to several charter and party boat captains. Yellowfin, albacore, and a few bluefin tuna were keeping things humming.


Youth Football Assoc. Board To Meet Sept. 27th

The current Agawam Youth Football Association Board of Directors will be having an open Board Meeting on Monday, September 27th at 7:30 p.m. at the Agawam Library (Community Room).

At this time, any parents wishing to be part of the organization are encouraged to attend. All positions are open. We need to elect a new Board of Directors for the 2000 season, including president, vice president, treasurer, fundraiser, equipment manager, etc.

Without the cooperation of volunteers, the football program cannot succeed. We are currently in our 11th season.

Please mark this date, as it is the only one we will be having.



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**Golf Tip Of
The Week...**

Compiled by
Jim Modzelesky,
PGA
Oak Ridge Golf Club,
Feeding Hills, MA

Keeping Count...

Keeping a record of how one scores is not everyone's game. To golfers who are content to chase the ball around a golf course without caring much how they score, charting the accuracy of drives and putts and chips is time-wasting, over-fastidious, and unnecessary.

But for those who *do* want their scores to improve, there is no doubt that charting how they

play will tell them what should be practiced most.

Your best bet is to chart how many times you hit the fairway from the tee. How often you hit the green from beyond 150 yards, and how often you hit it from within 150 yards. How many wedge shots find the putting surface, and how many two-putts and three-putts you take.

Note that we are not concerned with par here. Let's say you hit two splendid shots and face a short birdie putt. If you miss it, you'll still score par; but if you chart according to par, your "chart" will indicate that you played the hole well.

No you didn't! You should be practicing your putting.

The ideal chart measures how well you play the most prevalent shots: drives, the irons, and putts. We haven't included sand shots because you don't normally run into too many during a round — fewer, in fact, than you would imagine — and when you leave a ball in a bunker, it shouldn't take a chart to tell you to work on your sand shots.

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To benefit

Agawam High School Athletics

Saturday, October 2nd Agawam Municipal Golf Course

Time:

**8:00 a.m. Shotgun Start
Limit 144 Golfers**

Prizes:

**Closest to the line
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Fee:

**\$50.00 Per Golfer
Includes: 18 holes of golf,
cart, continental breakfast,
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Deadline: September 24, 1999

3 Divisions: Mixed/Open/Women's

Please address all entries to: Agawam High School Athletics,
c/o Kathy McSweeney, 760 Cooper Street, Agawam, MA 01001. For more information,
call Kathy McSweeney at 413-821-0529 or Agawam High School at 413-821-0530.

Entry Form

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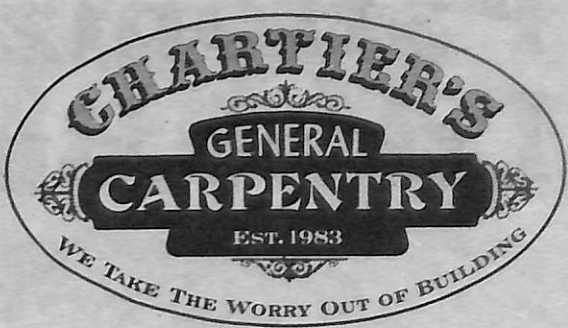
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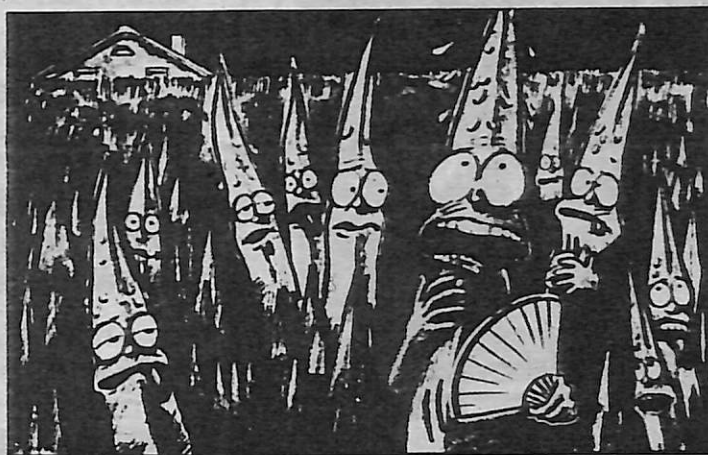
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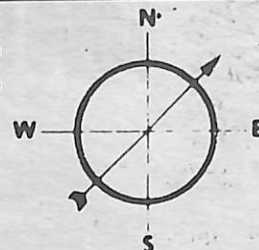
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